

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
 Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: **(408) 782-9212**

FAX: **(408) 782-9202**

Pat Segurson Statistician

Phone: **415 337-9172**

FAX: **415 337-4529**

E-Mail: WCALstatman@prodigy.net

W. C. A. L. TRACK & FIELD CHAMPIONSHIPS

May 10th, 2008

W. C. A. L. VARSITY MEET RESULTS

Team Scores

1st	Saint Ignatius	131.0
2nd	Saint Francis	104.0
3rd	Archbishop Mitty	74.0
4th	Bellarmino	67.0
5th	Junipero Serra	65.0
6th	Archbishop Riordan	33.0
7th	Valley Christian	20.0
8th	Sacred Heart Cathedral	2.0

4x100 Meter Relay

Junipero Serra	42.42	1
Don Andre Clark	Soph.	
Nate Harvey	Soph.	
Marquise Jones	Sr.	
De'Leon Eskridge	Sr.	
Saint Francis	42.69	2
Anthony Andrighetto	Jr.	
Glyn Borel	Soph.	
Marty Manoukian	Jr.	
Lasjohn Johnson	Jr.	
Saint Ignatius	42.94	3
Chadid Conley	Sr.	
Mike Kennedy	Soph.	
Tom Mezzera	Sr.	
Jim Mezzera	Sr.	

1600 Meter Run

Saint Ignatius	4:21.51	1
Greg Innes	Jr.	
Saint Francis	4:23.53	2
Phillip Pompei	Sr.	
Junipero Serra	4:24.40	3
Oran Arms	Sr.	

110 Meter Hurdles

Saint Ignatius	15.31	1
Joe Strizich	Sr.	
Bellarmino	15.46	2
Dominique Crowther	Sr.	
Archbishop Mitty	15.65	3
Jeffrey Campbell	Jr.	

400 Meter Dash

Saint Ignatius	49.38	1
Tom Mezzera	Sr.	
Bellarmino	50.61	2
Sean Kato	Sr.	
Archbishop Riordan	51.02	3
Giani Jackson	Jr.	

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100 Meter Dash

Saint Francis	11.08	1
Glyn Borel	Soph.	
Junipero Serra	11.22	2
Don Andre Clark	Soph.	
Saint Ignatius	11.26	3
Jim Mezzera	Sr.	

800 Meter Run

Saint Ignatius	1:58.93	1
Michael Reher	Soph.	
Junipero Serra	2:01.14	2
Oran Arms	Sr.	
Bellarmino	2:01.29	3
Bryan Finney	Sr.	

300 Meter Hurdles

Archbishop Mitty	39.99	1
Jeffrey Campbell	Jr.	
Saint Ignatius	41.02	2
Joe Strizich	Sr.	
Bellarmino	41.80	3
Ryan Mendoza	Jr.	

200 Meter Dash

Valley Christian	22.78	1
Daniel Johnson	Jr.	
Saint Ignatius	22.92	2
Jim Mezzera	Sr.	
Junipero Serra	23.00	3
Don Andre Clark	Soph.	

3200 Meter Run

Saint Ignatius	9:38.49	1
Greg Innes	Jr.	
Saint Francis	9:39.71	2
Phillip Pompei	Sr.	
Saint Ignatius	9:41.23	3
Peter Birsinger	Jr.	

4x400 Meter Relay

Archbishop Riordan	3:24.46	1
Aaron Thompson	Jr.	
Giani Jackson	Jr.	
Dijon Morrisette	Sr.	
Aaron Criswell	Soph.	
Bellarmino	3:26.42	2
Justin Johnson	Frosh.	
Lee Thomason	Jr.	
Bryan Finney	Sr.	
Sean Kato	Sr.	
Archbishop Mitty	3:27.22	3
Rocky Meszaros	Frosh.	
Jaiye Falusi	Sr.	
Ray Go	Jr.	
Laurence Duterte	Jr.	

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Shot Put

Archbishop Mitty	52-03.50	1
Drew Gordon	Sr.	
Archbishop Mitty	50-09.00	2
Nathan Wright	Jr.	
Saint Francis	50-00.25	3
Je'Marcus Williams	Sr.	

Discus Throw

Archbishop Mitty	158-07.00	1
Drew Gordon	Sr.	
Archbishop Mitty	150-09.00	2
Nathan Wright	Jr.	
Archbishop Mitty	145-10.00	3
Laurence Duterte	Jr.	

Long Jump

Saint Francis	22-03.50	1
Lasjohn Johnson	Jr.	
Valley Christian	22-00.00	2
Daniel Carrillo	Sr.	
Junipero Serra	21-11.00	3
Jonathan Worthge	Sr.	

Triple Jump

Junipero Serra	43-06.25	1
Patrick Bowler	Jr.	
Saint Francis	42-10.50	2
Lasjohn Johnson	Jr.	
Saint Ignatius	42-02.25	3
Nic Cashman	Sr.	

High Jump

Saint Ignatius	6-01.25	1
Joe Strizich	Sr.	
Saint Francis	J6-01.25	2
Omar Bourgoub	Sr.	
Archbishop Riordan	6-00.00	3
Aaron Thompson	Jr.	
Saint Francis	J6-00.00	4
Kiley Libuit	Sr.	

Pole Vault

Saint Francis	14-06.00	1
Brett Benham	Sr.	
Saint Francis	14-00.00	2
Shawn Toney	Soph.	
Saint Ignatius	13-10.50	3
Eric Dill	Jr.	
Junipero Serra	J13-10.50	4
Chris Bet	Jr.	

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W.C.A.L. FROSH / SOPH RESULTS

Team Scores

1st	Bellarmino	123.0
2nd	Saint Ignatius	107.0
3rd	Saint Francis	101.0
4th	Junipero Serra	74.0
5th	Sacred Heart Cathedral	33.0
6th	Archbishop Mitty	25.0
7th	Valley Christian	21.0
8th	Archbishop Riordan	12.0

4x100 Meter Relay

Saint Ignatius	45.30	1
Tim Abellera	Soph.	
Ryan Spiers	Frosh.	
Zac Schuller	Frosh.	
William Bello	Soph.	
Bellarmino	45.44	2
Dominic Cole	Frosh.	
Taylor Heinen	Soph.	
Kevin Garish	Soph.	
Stefan Rimola	Soph.	
Saint Francis	45.90	3
Lawrence Livers	Soph.	
Kahlil Dumas	Frosh.	
Thomas Gore-Schreck	Frosh.	
Nathan Morace	Soph.	

1600 Meter Run

Bellarmino	4:45.07	1
Kyle Rae	Frosh.	
Archbishop Riordan	4:45.08	2
Ben Beeler	frosh.	
Junipero Serra	4:47.37	3
Daniel Colom	Frosh.	

65 Meter Hurdles

Saint Ignatius	9.89	1
William Bello	Soph.	
Saint Francis	9.91	2
Christopher Hendrickson	Frosh.	
Bellarmino	9.98	3
Taylor Heinen	Soph.	
Sacred Heart Cathedral	9.99	4
Ryan Santiago	Soph.	

400 Meter Dash

Junipero Serra	53.21	1
Matt Vinal	Soph.	
Saint Francis	53.63	2
Thomas Gore-Schreck	Frosh.	
Bellarmino	53.79	3
Stefan Rimola	Soph.	
Saint Ignatius	53.88	4
Mike Totah	Soph.	

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100 Meter Dash

Saint Ignatius 11.39 **1**
Ryan Spiers Frosh.

Bellarmino 11.71 **2**
Kevin Garish Soph.

Saint Ignatius 11.72 **3**
William Bello Soph.

Saint Francis 11.73 **4**
Nathan Morace Soph.

800 Meter Run

Sacred Heart Cathedral 2:04.77 **1**
Jarrett Moore Frosh.

Saint Francis 2:06.20 **2**
Andres Schier Soph.

Saint Ignatius 2:06.61 **3**
Athan Haigh Soph.

300 Meter Hurdles

Sacred Heart Cathedral 43.12 **1**
Ryan Santiago Soph.

Saint Ignatius 44.61 **2**
K. P. Bugtong Soph.

Bellarmino 45.20 **3**
Taylor Heinen Soph.

200 Meter Dash

Bellarmino 23.78 **1**
Kevin Garish Soph.

Saint Ignatius 24.18 **2**
William Bello Soph.

Saint Ignatius 24.95 **3**
Ryan Spiers Frosh.

3200 Meter Run

Saint Francis 10:30.06 **1**
Kyle Anderberg Soph.

Bellarmino 10:31.92 **2**
Alex Jeongco Frosh.

Bellarmino 10:36.87 **3**
Kyle Rae Frosh.

4x400 Meter Relay

Bellarmino 3:38.13 **1**
Kevin Garish Soph.

Taylor Heinen Soph.

Stefan Rimola Soph.

Matt Rosendin Frosh.

Valley Christian 3:38.27 **2**

Cal McNabb Frosh.

Marcus Parker Soph.

Andrei Savastru Frosh.

Joe Garcia Soph.

Archbishop Mitty 3:40.50 **3**

Harry Jordan Soph.

Kyle Toth Frosh.

Kyle Des Champ Soph.

Joey Walker Soph.

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<u>Shot Put</u>			
Saint Ignatius	43-11.75	1	
Chris Wollitz	Frosh.		
Junipero Serra	43-07.50	2	
Daniel Rosario	Soph.		
Bellarmino	42-11.75	3	
Max Dapper	Soph.		

<u>Discus Throw</u>			
Bellarmino	119-03.00	1	
Joe Pompili	Soph.		
Bellarmino	112-07.00	2	
Max Dapper	Soph.		
Saint Francis	112-01.00	3	
Christopher Hendrickson	Frosh.		

<u>Long Jump</u>			
Junipero Serra	20-07.25	1	
Matt Vinal	Soph.		
Bellarmino	19-08.00	2	
Michael Brigham	Soph.		
Saint Francis	19-06.00	3	
Lawrence Livers	Soph.		

<u>Triple Jump</u>			
Junipero Serra	41-11.50	1	
Matt Vinal	Soph.		
Saint Francis	41-00.75	2	
Lawrence Livers	Soph.		
Archbishop Mitty	39-07.00	3	
Chris Burk	Soph.		

<u>High Jump</u>			
Saint Francis	5-10.00	1	
Joseph Descalso	Frosh.		
Valley Christian	5-08.00	2	
TeeJay Ornduff	Frosh.		
Bellarmino	J5-08.00	3	
Sean Sprinkel	Soph.		
Junipero Serra	J5-08.00	3	
Dean Ferrari	Frosh.		

<u>Pole Vault</u>			
Saint Ignatius	12-06.00	1	
Paolo DiGiovanni	Soph.		
Saint Ignatius	12-00.00	2	
Tim Abellera	Soph.		
Archbishop Mitty	11-06.00	3	
Garrett Camarota	Soph.		
Saint Francis	J11-06.00	4	
Enbom Timothy	Soph.		
Bellarmino	J11-06.00	5	
Jordan Cusick	Frosh.		

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