

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner
 Phone: **(408) 782-9212**
 · FAX: **(408) 782-9202**

Pat Segurson Statistician
 Phone: **415 337-9172**
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C. C. S. SWIMMING & DIVING CHAMPIONSHIPS

May 15th, 2005

C. C. S. SWIM MEET RESULTS

Team Scores

1st	Palo Alto	226.0
2nd	Archbishop Mitty	206.0
3rd	Valley Christian	158.5
4th	Saint Ignatius	157.0
5th	Menlo-Atherton	152.0
6th	Menlo School	139.0
7th	Presentation	124.0
8rd	Saint Francis	118.0
14th	Sacred Heart Prep	57.0
22nd	Sacred Heart Cath.	23.0

200 Yard Freestyle

Leland	1:49.91	1
Courtney Monsees	Soph.	
Palo Alto	1:52.37	2
Becky Wenzlau	Frosh.	
No W. C. A. L. Finishers in Top 6		

200 Yard Medley Relay

Menlo-Atherton	1:48.27	1
Kelly Eaton	Jr.	27.03
Heidi Kucera	Jr.	29.98
Danielle Hildebrandt	Jr.	27.10
Kaitlyn Sitts	Soph.	24.16
Menlo School	1:48.56	2
Angie McPhaul	Jr.	28.52
Mary Ann Hiller	Sr.	28.75
Whitney Allen	Soph.	27.45
Kristen Hiller	Soph.	23.84
Saint Ignatius	1:51.68	3
Ruthie Dimagmaliw	Frosh.	28.35
Misao Tachibana	Sr.	33.39
J C Sheppard	Jr.	26.14
Francesca Lollini	Sr.	23.80
Archbishop Mitty	1:51.81	4
Jessica Garcia	Jr.	29.93
Dory Isaacs	Soph.	30.05
Erin Garcia	Jr.	27.29
Jamie Cisar	Soph.	24.54
Saint Francis	1:52.05	5
Audrey Yau	Sr.	28.36
Maura McGraw	Jr.	31.62
Melanie Tansuwan	Jr.	26.83
Danielle Garcia	Sr.	25.24
Valley Christian	1:52.47	6
Kaylee Yoshida	Soph.	28.92
Kelsi Okuda	Jr.	33.00
Kyla Power	Jr.	26.86
Christina Shilling	Jr.	23.69

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200 Yard Individual Medley

Lynbrook	2:01.86	1
Nilasha Ghosh	Jr.	
Presentation	2:04.84	2
Jennifer Gong	Jr.	
Presentation	2:07.31	3
Danielle Gong	Frosh.	

50 Yard Freestyle

Harbor	23.45	1
Anna Poteete	Sr.	
Palo Alto	23.71	2
Liv Jensen	Frosh.	
Saint Ignatius	24.11	4
Francesca Lollini	Sr.	
Valley Christian	24:14	5
Christina Shilling	Jr.	

1 Meter Diving

Branham	464.95	1
Ashley Potoc	Sr.	
Saint Francis	437.20	2
Michelle Morikawa	Jr.	
Saint Francis	338.60	9
Amy Bogart	Soph.	

100 Yard Butterfly

Lynbrook	54.35	*
Nilasha Ghosh	Jr.	
Archbishop Mitty	56:04	2
Michelle Liu	Jr.	
Saint Ignatius	58.32	5
J. C. Sheppard	Jr.	

100 Yard Freestyle

Harbor	50.31	1
Anna Poteete	Sr.	
Mountain View	51.83	2
Whitney Campbell	Sr.	
Valley Christian	52.50	4
Christina Shilling	Jr.	
Presentation	52.77	6
Emily Clarke	Soph.	

500 Yard Freestyle

Leland	4:55.14	1
Courtney Monsees	Soph.	
Palo Alto	4:57.82	2
Monika Friedman	Sr.	
Presentation	5:02.92	3
Danielle Gong	Frosh.	
Valley Christian	5:10.53	6
Alex Wells	Frosh.	

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200 Yard Freestyle Relay

Archbishop Mitty		1:37.58	1
Michelle Liu	Jr.	23.76	
Jamie Cisar	Soph.	24.69	
Julie Hyrne	Sr.	25.30	
Shannon Simonds	Jr.	23.83	
Palo Alto		1:37.99	2
Becky Wenzlau	Frosh.	25.06	
Remy Champion	Sr.	24.74	
Phoebe Champion	Frosh.	24.65	
Liv Jensen	Frosh.	23.54	
Saint Ignatius		1:38.66	3
Natalie Schwab	Sr.	25.09	
MacKenzie Campbell	Soph.	24.63	
Mallory Ryan	Frosh.	24.90	
Francesca Lollini	Sr.	24.04	
Saint Francis		1:41.20	6
Audrey Yau	Sr.	25.47	
Maura McGraw	Jr.	25.28	
Melanie Tansuwan	Jr.	25.23	
Danielle Garcia	Sr.	25.22	

100 Yard Backstroke

Archbishop Mitty		56.55	1
Michelle Liu	Jr.		
Evergreen Valley		56.80	2
Jamis Martinez	Jr.		
Sacred Heart Cathedral		59.41	5
Lauren Mar	Sr.		

100 Yard Breaststroke

Menlo-Atherton		1:04.48	1
Heidi Kucera	Jr.		
San Benito		1:05.55	2
Denise Simens	Sr.		
Archbishop Mitty		1:06.77	3
Dory Isaacs	Soph.		
Archbishop Mitty		1:07.00	4
Shannon Simonds	Sr.		
Presentation		1:07.67	6
Jennifer Gong	Jr.		

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* means a New Swim Meet Record

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400 Yard Freestyle Relay

Archbishop Mitty		3:31.38	1
Michelle Liu	Jr.	25.14	51.72
Shannon Simonds	Sr.	25.00	52.35
Erin Garcia	Jr.	26.05	54.64
Dory Isaacs	Soph.	25.33	52.67
Palo Alto		3:33.16	2
Becky Wenzlau	Frosh.	25.85	53.46
Monika Friedman	Sr.	25.76	53.86
Remy Champion	Sr.	25.67	53.73
Liv Jensen	Frosh.	24.71	52.11
Presentation		3:33.39	3
Danielle Gong	Frosh.	26.04	53.50
Julia Still	Frosh.	26.87	55.28
Emily Clarke	Soph.	25.16	52.35
Jennifer Gong	Jr.	25.15	52.26
Saint Ignatius		3:36.74	4
Mallory Ryan	Frosh.	26.49	55.00
MacKenzie Campbell	Soph.	25.30	53.39
Lynsie Dellaria	Frosh.	25.51	54.84
Francesca Lollini	Sr.	24.73	53.51
Valley Christian		3:38.26	5
Christina Shilling	Jr.	25.41	52.98
Ciki Coetsee	Frosh.	25.69	53.78
Laurean Cutler	Frosh.	26.52	54.99
Alex Wells	Frosh.	26.69	56.51