

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner
Phone: **(408) 782-9212**
· FAX: **(408) 782-9202**

Pat Segurson Statistician
Phone: **415 337-9172**
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W. C. A. L. SWIMMING RESULTS

May 13th, 2007

W.C.A.L. VARSITY MEET RESULTS

200 Yard Medley Relay

Sacred Heart Prep		1:38.75	1
Austin Stahley	Sr.	24.45	
Kameron Flores-Maxfield	Sr.	27.54	
Alex Navarro	Jr.	25.10	
Paul Rudolph	Soph.	21.66	
Valley Christian		1:38.98	2
Kevin Parizi	Jr.	25.12	
Mark Liu	Frosh.	28.72	
Alex Higgenbotham	Soph.	23.93	
Shayne Fleming	Frosh.	21.21	
Bellarmino		1:39.68	3
Ryan Garcia	Jr.	25.31	
James Sonu	Jr.	28.24	
Adam Yen	Jr.	24.40	
Danny Wall	Jr.	21.73	

200 Yard Freestyle

Bellarmino		1:40.95	*
Taylor Smith	Sr.		
Sacred Heart Prep		1:46.33	2
Alex Navarro	Jr.		
Bellarmino		1:48.14	3
Alex Higgenbotham	Soph.		

200 Yard Individual Medley

Sacred Heart Prep		1:53.73	1
Austin Stahley	Sr.		
Valley Christian		1:57.07	2
Kevin Parizi	Jr.		
Bellarmino		1:58.17	3
Brandon Shilling	Soph.		

50 Yard Freestyle

Valley Christian		21:77	1
Shayne Fleming	Frosh.		
Bellarmino		22.09	2
Patrick Talbott	Jr.		
Bellarmino		22:16	3
Danny Wall	Jr.		

100 Yard Butterfly

Sacred Heart Prep		52.84	1
Kameron Flores-Maxfield	Sr.		
Archbishop Riordan		52.86	2
Mark Courey	Jr.		
Saint Ignatius		52.88	3
Jack Ostler	Jr.		

100 Yard Freestyle

Valley Christian		47.57	1
Shayne Fleming	Frosh.		
Junipero Serra		48.13	2
Nick Poggetti	Sr.		
Junipero Serra		48.73	3
Aaron Chhokar	Sr.		

500 Yard Freestyle

Bellarmino		4:32.14	1
Taylor Smith	Sr.		
Sacred Heart Prep		4:44.43	2
Alex Navarro	Jr.		
Bellarmino		4:53.71	3
David Kuo	Jr.		

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200 Yard Freestyle Relay

Bellarmino	1:27.25	1
Brandon Shilling	Soph.	21.97
Patrick Talbott	Jr.	21.97
Danny Wall	Jr.	21.82
Taylor Smith	Sr.	21.49
Junipero Serra	1:29.42	1
Nick Zakula	Sr.	23.06
Aaron Chhokar	Sr.	22.00
Nick Poggetti	Sr.	22.14
Chris Yarranton	Jr.	22.22
Saint Ignatius	1:30.04	3
Kevin Apolinario	Jr.	22.51
Fred Madigan	Sr.	22.89
Dillon Moscone	Frosh.	22.87
Jack Ostler	Jr.	21.77

100 Yard Backstroke

Valley Christian	53.32	1
Kevin Parizi	Jr.	
Bellarmino	53.51	2
Ryan Garcia	Jr.	
Bellarmino	55.14	3
Brandon Shilling	Soph.	

100 Yard Breaststroke

Sacred Heart Prep	59.27	1
Austin Stahley	Sr.	
Saint Ignatius	1:00.77	2
Kevin Apolinario	Jr.	
Sacred Heart Prep	1:00.88	3
Kameron Flores-Maxfield	Sr.	

400 Yard Freestyle Relay

Sacred Heart Prep	3:12.39	1
Alex Navarro	Jr.	24.32 49.59
Paul Rudolph	Soph.	22.95 48.34
Kameron Flores-Maxfield	Sr.	23.38 48.43
Austin Stahley	Sr.	21.28 46.03
Bellarmino	3:13.02	2
Brandon Shilling	Soph.	23.43 47.83
Patrick Talbott	Jr.	23.46 48.44
Ryan Garcia	Jr.	23.83 49.64
Taylor Smith	Sr.	22.52 47.11
Junipero Serra	3:24.38	3
Masa Otto	Fr.	24.35 50.48
Nick Poggetti	Sr.	23.53 49.45
Nick Zakula	Sr.	24.21 51.54
Nico Velasquez	Fr.	25.10 52.91

1 Meter Diving

Bellarmino	484.60	1
Robert Taylor	Jr.	
Saint Ignatius	389.45	2
Christopher Scott	Sr.	
Saint Francis	389.35	3
Blake Everhart	Sr.	

* means a New Swim Meet Record

means broke the old Swim Meet Record

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W.C.A.L. FROSH / SOPH RESULTS

200 Yard Medley Relay

Bellarmino	1:45.90	1
Alex Semplinski	Frosh.	27.37
Greg Givens	Soph.	30.44
Andrew Dugoni	Soph.	25.11
Will Roller	Frosh.	22.98

Saint Francis	1:52.28	2
Jack Foster	Frosh.	28.03
Ryan Cole	Soph.	31.30
Madison Bohrer	Soph.	30.29
Tony Dito	Soph.	23.87

Saint Ignatius	1:54.62	3
Maurici Ponce	Frosh.	29.62
Ryan Brown	Frosh.	33.52
Nicholas Nguyen	Soph.	26.32
T. J. O'Sullivan	Soph.	25.16

200 Yard Freestyle

Bellarmino	1:52.46	1
Daniel Singer	Soph.	

Bellarmino	1:53.04	2
Matt Kirwan	Soph.	

Bellarmino	1:53.68	3
Jake Mix	Frosh.	

100 Yard Individual Medley

Bellarmino	59.32	1
Alex Semplinski	Frosh.	

Archbishop Mitty	59.48	2
Justin Coglitore	Frosh.	

Bellarmino	1:00.34	3
Greg Givens	Soph.	

50 Yard Freestyle

Bellarmino	22.99	1
Will Roller	Frosh.	

Bellarmino	23:43	2
Teddy Hanson	Soph.	

Bellarmino	23.47	3
Andrew Dugoni	Soph.	

50 Yard Butterfly

Bellarmino	25:30	1
Andrew Dugoni	Soph.	

Saint Francis	26:27	2
Jack Foster	Frosh.	

Bellarmino	26.94	3
Teddy Hanson	Soph.	

100 Yard Freestyle

Bellarmino	51.44	1
Will Roller	Frosh.	

Junipero Serra	52.63	2
Zach Chierici	Soph.	

Saint Francis	52.89	3
Tony Dito	Soph.	

500 Yard Freestyle

Bellarmino	5:01.97	1
Matt Kirwan	Soph.	

Bellarmino	5:02.05	2
Jake Mix	Frosh.	

Bellarmino	5:04.15	3
Daniel Singer	Soph.	

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May 13th, 2007

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200 Yard Freestyle Relay

Bellarmine		1:35.48	1
Andrew Dugoni	Soph.	23.98	
Teddy Hanson	Soph.	24.40	
Daniel Singer	Soph.	23.80	
Will Roller	Frosh.	23.30	
Sacred Heart Prep		1:38.14	2
Robert MacGregor	Soph.	24.47	
Grant Villeneuve	Soph.	24.17	
Alex Whittam	Soph.	24.81	
Zack Straube	Frosh.	24.69	
Archbishop Mitty		1:39.41	3
Michael Back	Soph.	24.34	
Michael Baldwin	Soph.	23.69	
Justin Coglitore	Frosh.	24.89	
Zachary Rye	Frosh.	26.49	

100 Yard Backstroke

Bellarmine		59.91	1
Alex Semplinski	Frosh.		
Bellarmino		1:00.35	2
Christian Vu	Soph..		
Bellarmino		1:00.57	3
Toby Coffin	Frosh.		

100 Yard Breaststroke

Bellarmine		1:05.70	1
Greg Givens	Soph.		
Bellarmino		1:06.23	2
Jack Piunti	Frosh.		
Archbishop Mitty		1:06.72	3
Justin Coglitore	Frosh.		

400 Yard Freestyle Relay

Bellarmine		3:31.35	1
Ian Teraoka	Frosh.	25.80	53.63
Teddy Hanson	Soph.	24.51	51.79
Daniel Singer	Soph.	25.43	52.16
Alex Semplinski	Frosh.	24.98	53.77
Sacred Heart Prep		3:39.16	2
Alex Whittam	Soph.	26.20	54.37
Robert MacGregor	Soph.	25.90	54.58
Zack Straube	Frosh.	27.05	56.47
Grant Villeneuve	Soph.	25.27	53.74
Saint Francis		3:48.20	3
Peter Olson	Frosh.	27.20	57.91
Lucas Bunzel	Soph.	26.83	56.29
Matthew Goodenough	Soph.	28.29	1:00.57
Jack Foster	Frosh.	25.67	53.43

1 Meter Diving

Saint Ignatius		128.90	1
Stuart Christoph	Frosh.		

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