

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner
Phone: (408) 782-9212
· FAX: (408) 782-9202

Pat Segurson Statistician
Phone: 415 337-9172
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E-Mail: WCALstatman@prodigy.net

C. C. S. TRACK & FIELD CHAMPIONSHIPS

May 19th, 2008

This is who qualified for Friday's Meet

C. C. S. TRACK MEET RESULTS

4x100 Meter Relay

Los Altos	47.91	1
Mount Pleasant	48.63	2
Archbishop Mitty	48.75	3
Valley Christian	49.07	4
Saint Francis	49.56	6

1600 Meter Run

San Lorenzo Valley	5:00.26	1
Taylor Johnson	Sr.	
Saint Ignatius	5:05.46	2
Katy Daly	Jr.	

100 Meter Hurdles

Mount Pleasant	13.69	1
Vashti Thomas	Sr.	
Valley Christian	13.99	2
Dahlys Marshall	Sr.	

400 Meter Dash

Valley Christian	57.40	1
Kristen Houp	Sr.	
Valley Christian	57.99	2
Cherrelle McMillian	Jr.	

100 Meter Dash

No W. C. A. L. Qualifiers

800 Meter Run

No W. C. A. L. Qualifiers

300 Meter Hurdles

Leland	43.47	1
Katie Nelms	Soph.	
Los Gatos	45.47	2
Christine Reed	Sr.	
Archbishop Mitty	45.78	4
Nicole Sliva	Sr.	

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200 Meter Dash

Valley Christian	24.46	1
Dahlys Marshall	Sr.	
Pinewood	24.59	2
Angela Gradiska	Soph.	

Valley Christian	24.76	8
Kristen Houp	Sr.	

3200 Meter Run

Saint Ignatius	11:13.42	1
Katy Daly	Jr.	
Valley Christian	11:13.79	2
Jennifer Bergman	Jr.	

4x400 Meter Relay

Valley Christian	4:00.35	1
Saint Francis	4:02.76	2
Archbishop Mitty	4:05.23	4

High Jump

Los Altos	5-06.00	1
Kristin Rimbach	Jr.	
Aptos	J5-06.00	2
Janelle Coulter	Sr.	

Presentation	J5-06.00	4
Gianna Fernandez	Jr.	

Pole Vault

Homestead	11-06.00	1
Sarah Engle	Sr.	
Los Gatos	11-00.00	2
Christine Reed	Sr.	

Saint Francis	J10-06.00	3
Christina Roche	Soph.	

Long Jump

No W. C. A. L. Qualifiers

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Triple Jump

Mount Pleasant	42-01.25	1
Vashti Thomas	Sr.	
Santa Cruz	36-03.50	2
Gianna Tinetti	Soph.	
Saint Francis	35-09.75	7
Aisha Lott	Sr.	
Notre Dame	35-07.00	8
Julie Uccelli	Sr.	

Discus Throw

Santa Teresa	125-03	1
Meagan McKee	Soph.	
Milpitas	123-08	2
Luisa Musika	Sr.	
Notre Dame (Belmont)	117-01	6
Alyssa Osai	Jr.	

Shot Put

Milpitas	42-02.00	1
Luisa Musika	Sr.	
Santa Teresa	40-04.50	2
Meagan McKee	Soph.	
Notre Dame (Belmont)	39-07.00	3
Alyssa Osai	Sr.	
Archbishop Mitty	38-08.50	5
Elizabeth Gordon	Soph.	