

**BASKETBALL**

**TEAM CHAMPIONS**

<b><u>YEAR</u></b>	<b><u>VARSIITY</u></b>	<b><u>JUNIOR VARSITY</u></b>	<b><u>FRESHMAN</u></b>
2003	Archbishop Mitty <i>Freshman 2003</i>	Archbishop Mitty Saint Ignatius & Sacred Heart Cath. & Archbishop Mitty	<b>Three Champions</b>

**PLAYER OF THE YEAR**

<b><u>YEAR</u></b>	<b><u>NAME</u></b>	<b><u>SCHOOL</u></b>
2003	Khaliah Daniels	Archbishop Mitty

**LEAGUE RECORDS**

<b><u>TEAM RECORDS</u></b>	<b><u>SCHOOL</u></b>	<b><u>RECORD</u></b>	<b><u>YEAR</u></b>	<b><u>GAMES</u></b>
Most points--game	Mitty (vs. S. H. C.)	75	2003	--
Most points--season	Archbishop Mitty	912	2003	14
Least points allowed--game	Notre Dame (vs. S. H. P.)	31	2003	--
Least points allowed--season	Valley Christian	591	2003	14
Least points scored--season	Sacred Heart Prep	566	2003	14
Most total points (1 game)	Mitty (73) & S. I. (64)	137	2003	--
Least total points (1 game)	Notre Dame (44) & S.H.P.(31)	75	2003	--

<b><u>INDIVIDUAL RECORDS</u></b>	<b><u>NAME</u></b>	<b><u>SCHOOL</u></b>	<b><u>RECORD</u></b>	<b><u>YEAR</u></b>	<b><u>GAMES</u></b>
Most points--season	Nicole Yarwasky	Presentation	283	2003	14
Most field goals--season	Nicole Yarwasky	Presentation	108	2003	14
Highest Scoring Average	Nicole Yarwasky	Presentation	20.2	2003	14
Most 3-Pt. FGs--season	Sarah Laird	Scrd Hrt Prep	27	2003	13
Most free throws--season	Hillary Hansen	Notre Dame	61	2003	14
Best field goal percentage	Nicole Yarwasky	Presentation	64.0%	2003	14
3-Pt. Field goal percentage	Trisha Alaba	Scrd Hrt Cath.	43.0%	2003	14
Best free throw percentage	Hillary Hansen	Notre Dame	81.3%	2003	14
Most rebounds--season	Jenna Green	Mitty	117	2003	14
	Maureen O'Brien	Saint Ignatius	117	2003	14
Highest rebounding average	Maureen O'Brien	Saint Ignatius	8.36	2003	14
	Jenna Green	Mitty	8.36	2003	14
Most field goals attempted	Nicole Yarwasky	Presentation	170	2003	14
3-Pt field goals attempted	Jennifer Bow	St. Francis	58	2003	14
Most free throws attempted	Ellen Porshneva	St. Francis	77	2003	14
	Lindsay Harris	Valley Chr.	77	2003	12