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ADMINISTRATION

WEST CATHOLIC ATHLETIC OFFICE

COMMISSIONER

ED RAVENSCROFT
1535 Kelly Park Circle
Morgan Hill, Ca.95037
(408) 782-9212
(408) 782-9202- FAX

STATISTICIAN

PAT SEGURSON
(415) 337-9172
(415) 337-4529 - FAX
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ATHLETIC DIRECTORS COUNCIL

<u>CHAIRMAN</u> -	KEVIN DONAHUE	JUNIPERO SERRA HIGH SCHOOL
	MIKE PILAWSKI	SAINT FRANCIS HIGH SCHOOL
	RON ISOLA	ARCHBISHOP RIORDAN H. S.
	BOB VERGARA	SAINT IGNATIUS COLLEGE PREP.
	JO ANN MOMONO	SACRED HEART CATHEDRAL PREP.
	BILL HUTTON	ARCHBISHOP MITTY H. S.
	TERRY WARD	BELLARMINE COLLEGE PREP.
	JIM REILLY	PRESENTATION HIGH SCHOOL
	MIKE CIARDELLA	NOTRE DAME HIGH SCHOOL
	ERIC SCHARRENBURG	VALLEY CHRISTIAN HIGH SCHOOL
	ANTHONY THOMAS	SACRED HEART PREP.

MEMBER SCHOOLS

ARCHBISHOP MITTY HIGH SCHOOL

5000 Mitty Way, San Jose 95129
School 408-252-6610
FAX 408-252-0518
Athletic Dept.408-252-6610
Colors--Black, Gold and White
Nickname--Monarchs

ARCHBISHOP RIORDAN HIGH SCHOOL

175 Phelan Ave. San Francisco 94112
School 415-586-8200
FAX 415-587-1310
Athletic Dept.415-586-8495
Colors--Purple and Gold
Nickname--Crusaders

BELLARMINE COLLEGE PREPARATORY

960 West Heading St., San Jose 95126
School 408-294-9224
FAX 408-294-1894
Athletic Dept.408-294-9224
Colors--Blue and White
Nickname--Bells

JUNIPERO SERRA HIGH SCHOOL

451 W.20th Avenue, San Mateo 94403
School 650-345-8207
FAX 650-573-6638
Athletic Dept.650-345-0991
Colors--Blue and Gold
Nickname--Padres

SACRED HEART CATHEDRAL PREPARATORY

1075 Ellis St. San Francisco 94109
School 415-775-6626
FAX 415-931-6941
Athletic Dept.415-775-6632
Colors--Green and White
Nickname--Irish

SACRED HEART PREPARATORY

150 Valparaiso Avenue, Atherton, 94027
School 650-322-1866
FAX 650-322-7151
Athletic Dept.650-473-4031
Colors--Maroon and White
Nickname--Gators

NOTRE DAME HIGH SCHOOL

1540 Ralston Avenue, Belmont, 94002
School 650-595-1913
FAX 650-595-2116
Athletic Dept. 650-595-1913 x255
Colors: Golf, White and Navy
Nickname: Tigers

PRESENTATION HIGH SCHOOL

2281 Plummer Avenue, San Jose, 95125
School 408-264-1664
FAX 408-266-7333
Athletic Dept.408-264-1664 x21
Colors--Blue and Gold
Nickname--Panthers

SAINT FRANCIS HIGH SCHOOL

1885 Miramonte Avenue, Mt. View 94040
School 650-968-1213
FAX 650-968-3241
Athletic Dept.650-968-1213 x455
Colors--Brown, Gold and White
Nickname--Lancers

SAINT IGNATIUS COLLEGE PREPARATORY

2001 37th Avenue San Francisco 94116
School 415-731-7500
FAX 415-731-9408
Athletic Dept.415-731-7500 x276
Colors--Red and Blue
Nickname--Wildcats

VALLEY CHRISTIAN HIGH SCHOOL

100 Skyway, San Jose, 95111
School 408-513-2400
FAX 408-513-2424
Athletic Dept.408-513-2455
Colors--Navy, White, and Columbia
Nickname--Warriors

TRACK AND FIELD TEAM CHAMPIONS

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>	<u>FROSH/SOPH</u>
2003	Saint Francis	Saint Francis
2004	Archbishop Mitty	Saint Ignatius

TRACK AND FIELD LEAGUE MEET RECORDS

VARSIITY

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100M	Khrystal Carter	Valley Christian	12.22	2004
200M	Khrstal Carter	Valley Christian	24.96	2004
400M	Ashely Monfort	Valley Christian	56.75	2003
800M	Christine Whalen	Archbishop Mitty	2:11.46	2004
1600M	Amanda Thornberry	Valley Christian	4:53.65	2003
3200M	Michelle Gallagher	Sacred Heart Cath.	10:49.11	2003
100M HH	Stella Hall	Saint Ignatius	15.74	2003
300M IH	Stella Hall	Saint Ignatius	45.88	2003
400 M R		Archbishop Mitty	49.32	2004
	Kim Bedolla, Danielle Robinson, Lanesha Owens, Lauren Curtis			
1600 M R		Archbishop Mitty	3:57.68	2004
	Jeanell English, Christine Whalen, Lanesha Owens, Renisha Robinson			
HJ	Devon Tracy	Saint Francis	5' 4"	2003
PV	Taylor Franklin	Saint Francis	11' 6"	2004
LJ	Danielle Robinson	Archbishop Mitty	17' 7.25"	2004
TJ	Devon Tracy	Saint Francis	35' 8.75"	2003
SHOT	Sela Paini	Saint Francis	39' 1"	2004
DISCUS	Amanda Burns	Archbishop Mitty	122' 7.5"	2003

FROSH/SOPH

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100M	Krystal Yee	Sacred Heart Cath.	12.89	2003
200M	Raffie Cobb	Saint Ignatius	27.42	2004
400M	Danielle Smith	Saint Ignatius	1:02.35	2004
800M	Lacey Banks	Valley Christian	2:28.91	2004
1600M	Danielle Denatale	Archbishop Mitty	5:43.40	2004
3200M	Kristina Scolari	Saint Ignatius	12:36.39	2003
100M HH	Courtney Hori	Archbishop Mitty	18.06	2003
300M IH	Jacklyn Kurtela	Saint Ignatius	50.37	2004
400 M R		Saint Ignatius	52.08	2004
	Danielle Smith, Caroline Lopuck, Cayley Johnson, Raphael Cobb			
1600 M R		Saint Ignatius	4:14.61	2004
	Raphael Cobb, Caroline Lopuck, Cayley Johnson, Brianna Loughridge			
HJ	Christine Szelong	Saint Francis	5' 0"	2003
PV	Anna Lund	Saint Ignatius	8' 0"	2003
	Kathleen Bennett	Archbishop Mitty	8' 0"	2004
	Jackie Hu	Saint Francis	8' 0"	2004
	Jessica Springer	Presentation	8' 0"	2004
LJ	Jill Hansen	Saint Ignatius	15' 6.25"	2003
TJ	Caroline Lopuck	Saint Ignatius	32' 0.00"	2004
SHOT	Christina Kidd	Valley Christian	32' 2.00"	2004
DISCUS	Christina Kidd	Saint Francis	117' 5"	2003