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ADMINISTRATION

WEST CATHOLIC ATHLETIC OFFICE

COMMISSIONER

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ATHLETIC DIRECTORS COUNCIL

<u>CHAIRMAN</u> -	KEVIN DONAHUE	JUNIPERO SERRA HIGH SCHOOL
	MIKE PILAWSKI	SAINT FRANCIS HIGH SCHOOL
	RON ISOLA	ARCHBISHOP RIORDAN H. S.
	BOB VERGARA	SAINT IGNATIUS COLLEGE PREP.
	JO ANN MOMONO	SACRED HEART CATHEDRAL PREP.
	BILL HUTTON	ARCHBISHOP MITTY H. S.
	TERRY WARD	BELLARMINE COLLEGE PREP.
	JIM REILLY	PRESENTATION HIGH SCHOOL
	MIKE CIARDELLA	NOTRE DAME HIGH SCHOOL
	ERIC SCHARRENBERG	VALLEY CHRISTIAN HIGH SCHOOL
	ANTHONY THOMAS	SACRED HEART PREP.

MEMBER SCHOOLS

ARCHBISHOP MITTY HIGH SCHOOL

5000 Mitty Way, San Jose 95129
School 408-252-6610
FAX 408-252-0518
Athletic Dept. 408-252-6610
Colors--Black, Gold and White
Nickname--Monarchs

ARCHBISHOP RIORDAN HIGH SCHOOL

175 Phelan Ave. San Francisco 94112
School 415-586-8200
FAX 415-587-1310
Athletic Dept. 415-586-8495
Colors--Purple and Gold
Nickname--Crusaders

BELLARMINE COLLEGE PREPARATORY

960 West Heading St., San Jose 95126
School 408-294-9224
FAX 408-294-1894
Athletic Dept. 408-294-9224
Colors--Blue and White
Nickname--Bells

JUNIPERO SERRA HIGH SCHOOL

451 W. 20th Avenue, San Mateo 94403
School 650-345-8207
FAX 650-573-6638
Athletic Dept. 650-345-0991
Colors--Blue and Gold
Nickname--Padres

SACRED HEART CATHEDRAL PREPARATORY

1075 Ellis St. San Francisco 94109
School 415-775-6626
FAX 415-931-6941
Athletic Dept. 415-775-6632
Colors--Green and White
Nickname--Irish

SACRED HEART PREPARATORY

150 Valparaiso Avenue, Atherton, 94027
School 650-322-1866
FAX 650-322-7151
Athletic Dept. 650-473-4031
Colors--Maroon and White
Nickname--Gators

NOTRE DAME HIGH SCHOOL

1540 Ralston Avenue, Belmont, 94002
School 650-595-1913
FAX 650-595-2116
Athletic Dept. 650-595-1913 x255
Colors: Golf, White and Navy
Nickname: Tigers

PRESENTATION HIGH SCHOOL

2281 Plummer Avenue, San Jose, 95125
School 408-264-1664
FAX 408-266-7333
Athletic Dept. 408-264-1664 x21
Colors--Blue and Gold
Nickname--Panthers

SAINT FRANCIS HIGH SCHOOL

1885 Miramonte Avenue, Mt. View 94040
School 650-968-1213
FAX 650-968-3241
Athletic Dept. 650-968-1213 x455
Colors--Brown, Gold and White
Nickname--Lancers

SAINT IGNATIUS COLLEGE PREPARATORY

2001 37th Avenue San Francisco 94116
School 415-731-7500
FAX 415-731-9408
Athletic Dept. 415-731-7500 x276
Colors--Red and Blue
Nickname--Wildcats

VALLEY CHRISTIAN HIGH SCHOOL

100 Skyway, San Jose, 95111
School 408-513-2400
FAX 408-513-2424
Athletic Dept. 408-513-2455
Colors--Navy, White, and Columbia
Nickname--Warriors

VARSITY LEAGUE CHAMPIONSHIPS

1967-2004

<u>SCHOOL</u>	<u>FB</u>	<u>CC</u>	<u>BAS</u>	<u>SOC</u>	<u>WR</u>	<u>TR</u>	<u>SWIM</u>	<u>BASE</u>	<u>GOLF</u>	<u>TEN</u>	<u>WP</u>	<u>V/B</u>	<u>TOTAL</u>
Bellarmino	14	16	3	19	15	15	18	12	21	24	12	7	175
Saint Francis	17	9	4	5	2	8	0	11	15	8	2	0	81
Saint Ignatius	1	6	13	5	0	14	0	1	3	4	0	0	47
Serra	4	4	2	3	1	0	9	11	6	3	0	1	44
Riordan	3	3	13	4	0	3	0	2	0	0	0	0	28
Mitty	3	0	4	3	0	1	0	4	0	1	0	0	16
Sacred Hrt. Cath.	0	0	3	0	0	0	0	2	0	1	0	0	6
Valley Christian	1	0	0	1	0	0	0	0	0	0	0	2	4

FOOTBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMAN</u>
1967	Saint Ignatius	Bellarmino & Serra	No Competition
1968	Serra	Bellarmino	Three Champions
	<i>Freshman 1968</i>	Archbishop Mitty & Bellarmino & Junipero Serra	
1969	Serra	Bellarmino	Saint Francis
1970	Bellarmino	Serra	Serra
1971	Mitty & Riordan	Riordan	Mitty
1972	Riordan & Serra	Serra	Bellarmino
1973	Saint Francis	Mitty	Mitty & Saint Ignatius
1974	Mitty	Mitty	Bells & St. Francis
1975	Bellarmino	Bellarmino	Bellarmino
1976	Bellarmino	Saint Francis & Serra	Serra
1977	Saint Francis	Saint Francis	Bellarmino
1978	Saint Francis	Saint Francis	Three Champions
	<i>Freshman 1978</i>	Saint Francis & Bellarmino & Junipero Serra	
1979	Bellarmino	Serra	Bellarmino
1980	Bellarmino	Mitty	Bellarmino
1981	Bellarmino	Bellarmino	Bellarmino
1982	Saint Francis	Bellarmino	Saint Francis
1983	Saint Francis	Bellarmino & St. Francis	Saint Francis
1984	Bellarmino	Bellarmino	Saint Francis
1985	Saint Francis	Bellarmino	Bellarmino
1986	Saint Francis	Bellarmino & Mitty	Three Champions
	<i>Freshman 1986</i>	Saint Francis & Saint Ignatius & Junipero Serra	
1987	Bellarmino	Bellarmino	Saint Francis
1988	Bellarmino	Bellarmino	Bellarmino
1989	Saint Francis	Bellarmino	Saint Francis
1990	Bellarmino	Saint Francis	St. Francis & Bells
1991	Bells & S.F.	Saint Francis	St. Francis & Bells
1992	Saint Francis	Bellarmino & Riordan	Bellarmino
1993	Saint Francis	Saint Francis	Bellarmino
1994	Saint Francis	Bellarmino	Bells & St. Francis
1995	Bellarmino	Mitty & Saint Ignatius	Saint Francis
1996	Bells & S.F.	Saint Francis	Saint Francis
1997	S.F. & Bells	Saint Francis	Saint Francis
1998	Saint Francis	Archbishop Mitty	Saint Francis
1999	Saint Francis	Saint Francis	Archbishop Mitty
2000	Archbishop Riordan	Saint Francis	Bellarmino
2001	Archbishop Mitty	Serra & Bellarmino	Saint Francis
2002	Serra & Valley Chr.	Three Champions	Archbishop Mitty
	<i>Junior Varsity 2002</i>	Archbishop Mitty & Bellarmino & Valley Christian	
2003	Saint Francis	Valley Christian	Bellarmino

OUTSTANDING FOOTBALL PLAYERS

<u>YEAR</u>	<u>AWARD</u>	<u>PLAYER</u>	<u>SCHOOL</u>
1967	PLAYER OF THE YEAR	Bob Giorgetti	Saint Ignatius
1968	PLAYER OF THE YEAR	Jesse Freitas	Serra
1969	PLAYER OF THE YEAR	Lynn Swann	Serra
1970	PLAYER OF THE YEAR	Tom Duzanica	Bellarmino
1971	PLAYER OF THE YEAR	Pat Kohlman	Mitty
1972	PLAYER OF THE YEAR	Mike Carey	Riordan
1973	PLAYER OF THE YEAR	Dan McCrone	Saint Francis
1974	OFFENSIVE PLAYER OF THE YEAR	Paul Jones	Mitty
	DEFENSIVE PLAYER OF THE YEAR	Craig Watkins	Mitty
1975	OFFENSIVE PLAYER OF THE YEAR	Kevin Ryan	Saint Ignatius
	DEFENSIVE PLAYER OF THE YEAR	Mike Guidry	Saint Francis
1976	OFFENSIVE PLAYER OF THE YEAR	Alex Koontz	Mitty
	DEFENSIVE PLAYER OF THE YEAR	Mike Mattingly	Saint Francis
1977	PLAYER OF THE YEAR	Dave Morze	Saint Francis
1978	PLAYER OF THE YEAR	Ken Joseph	Riordan
1979	PLAYER OF THE YEAR	Matt Ramirez	Bellarmino
1980	PLAYER OF THE YEAR	Marty Storti	Riordan
1981	MOST VALUABLE PLAYER	George Ebertin	Bellarmino
1982	MOST VALUABLE PLAYER	Robert Uhrich	Saint Ignatius
1983	MOST VALUABLE PLAYER	Todd Locicero	Bellarmino
1984	MOST VALUABLE PLAYER	Mark Dumont	Bellarmino
1985	MOST VALUABLE PLAYER	Eric Scharrenberg	Saint Francis
1986	MOST VALUABLE PLAYER	Mark Scharrenberg	Saint Francis
1987	MOST VALUABLE PLAYER	Dan Chowlowsky	Bellarmino
1988	MOST VALUABLE PLAYER	Billy Owens	Bellarmino
1989	MOST VALUABLE PLAYER	Ross Headley	Saint Francis
1990	MOST VALUABLE PLAYERS	Markee Lockett	Saint Francis
		Tom McNeil	Bellarmino
1991	MOST VALUABLE PLAYER	Jacob Malae	Bellarmino
1992	MOST VALUABLE PLAYER	Marquis Jessie	Saint Francis
1993	MOST VALUABLE PLAYER	Eric Lewis	Saint Francis
1994	PLAYER OF THE YEAR	Nick Pavlovich	Saint Francis
1995	PLAYER OF THE YEAR	Blake Elliott	Bellarmino
1996	PLAYER OF THE YEAR	Charles Tharp	Saint Francis
1997	PLAYER OF THE YEAR	Casey LeBlanc	Bellarmino
1998	PLAYER OF THE YEAR	Jeremy Jones	Bellarmino
1999	PLAYER OF THE YEAR	Chase Lyman	Saint Francis
2000	PLAYER OF THE YEAR	Randy Sims	Riordan
2001	PLAYER OF THE YEAR	Jeremy Konaris	Riordan
2002	PLAYER OF THE YEAR	Ryan Abbott	Valley Christian
2003	PLAYER OF THE YEAR	William Taufouu	Saint Francis

TEAM RECORDS

SEASON

OFFENSIVE RECORDS

<u>CATEGORY</u>	<u>RECORD</u>	<u>SCHOOL</u>	<u>GAMES</u>	<u>YEAR</u>
Offensive plays	691	Riordan	10	1975
	646	Riordan	9	1970
Yards rushing	2919	Riordan	10	2000
Yards passing	2359	Junipero Serra	10	1974
Total yardage	3880	Junipero Serra	10	2003
	2908	Bellarmino	9	1984
Average yards per game	388.0	Junipero Serra	10	2003
	323.1	Bellarmino	9	1984
Touchdowns rushing	37	Mitty	10	1974
Touchdowns passing	31	Serra	10	1974
Extra Points	45	Bellarmino	10	1977
Total points	389	Bellarmino	10	1977
Fewest interceptions	1	Bellarmino	9	1995
Most fumbles lost	26	Junipero Serra	10	2003
Fewest fumbles lost	2	Bellarmino & Riordan	10	1974

DEFENSIVE RECORDS

<u>CATEGORY</u>	<u>RECORD</u>	<u>SCHOOL</u>	<u>GAMES</u>	<u>YEAR</u>
Yards yielded rushing	392	Bellarmino	9	1984
	434	Riordan	10	1986
Yards yielded passing	473	Valley Christian	10	2002
Total yards yielded	1162	Riordan	10	1986
Average yards yielded/game	116.2	Riordan	10	1986
Touchdowns yielded rushing	1	Saint Francis	10	1977
	1	Bellarmino	9	1984
Touchdowns yielded passing	0	Saint Francis	10	1995
	0	Bellarmino	9	1981
Points yielded	34	Saint Francis	10	1977
	27	Saint Francis	9	1983
Most fumbles recovered	23	Sacred Heart Cath.	10	1974
Most interceptions	23	Serra	9	1982

INDIVIDUAL RECORDS

<u>League - Season</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
Points scored	Paul Jones	Mitty	104	1974
Touchdowns	Paul Jones	Mitty	17	1974
PAT's	Ned McIver	Bellarmino	26	1977
Yards rushing	Paul Jones	Mitty	1204	1974
Avg. gain per play	A. Fobbs-Valentino	Junipero Serra	11.02	2003
Times carried ball	Paul Jones	Mitty	173	1974
Touchdowns rushing	Paul Jones	Mitty	17	1974
Yards gained passing	Jim Freitas	Serra	1406	1974
Passes attempted	Justin Moro	Sacred Heart Cath.	191	1987
Passes completed	Jim Freitas	Serra	93	1974
Completion percentage	Todd Locicero	Bellarmino	68.6%	1983
Touchdown passes	Jim Freitas	Serra	17	1974
Most interceptions	Dan Fogarty	Sacred Heart Cath.	15	1971
Least interceptions	Dan Fouts	Saint Ignatius	0	1967
	Tony Winkler	Mitty	0	1974
	Mike O'Donnell	Bellarmino	0	1980
	Todd Locicero	Bellarmino	0	1983
	Blake Elliott	Bellarmino	0	1995
Pass receptions	Pat McGlennon	Serra	37	1967
Yards gained receiving	Nick Stojanovic	Bellarmino	620	1988
Touchdowns receiving	John Caselli	Serra	10	1974
<u>League - Single Game</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
Points scored	Paul Jones	Mitty	30	1974
	Steve Ruffin	Saint Francis	30	1987
	Tipeti Paini	Riordan	30	1997
Touchdowns	Paul Jones	Mitty	5	1974
	Steve Ruffin	Saint Francis	5	1987
	Tipeti Paini	Riordan	5	1997
PAT's	Ned McIver	Bellarmino	8	1977
	Marlon Boddie	Riordan	8	2001
Yards gained rushing	Paul Jones	Mitty	367	1974
Times carried ball	Paul Jones	Mitty	43	1974
Yards gained passing	Jim Freitas	Serra	316	1974
Passes attempted	Rodney Glover	Riordan	43	1990
Passes completed	Dan Hayes	Riordan	33	1970
Completion percentage	Mike O'Donnell	Bellarmino	91.6%	1980
Most interceptions	Don Nava	Saint Francis	5	1970
Touchdown passes	Jesse Freitas	Serra	5	1968
	Dan Hayes	Riordan	5	1970
	Jim Freitas	Serra	5	1974
Pass receptions	Dustin Delucchi	Serra	12	1995
Yards gained receiving	Tom Scott	Serra	256	1968
Touchdowns receiving	Lynn Swann	Serra	3	1968
	Rich Allen	Serra	3	1968
	Dan Ferrigno	Riordan	3	1970
	Mike Gill	Mitty	3	1971
	John Caselli	Serra	3	1974
	Marty Storti	Riordan	3	1980
	J.P. Scandalios	Bellarmino	3	1984
	Brian Barnard	Mitty	3	1998
	Alex Biddle	Serra	3	2003

INDIVIDUAL RECORDS

<u>League - Single Game</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
Longest int.return	Brian Quinn	Saint Francis	103	1981
Longest scrimmage run	Kevin May	Mitty	99	1998
Longest pass reception	Chris Denny-Brown	Junipero Serra	95	2001
Longest punt return	Michael Jackson	Sacred Heart Cath.	97	1975
Longest kickoff return	Len Morrow	Serra	99	1979
	Dave Tanquary	Mitty	99	1981
	Terrell Henderson	Riordan	99	1990
	Brandon Harlow	Valley Christian	99	2003
Longest field goal	Eric Hipp	Riordan	56	1976

WATER POLO

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>FROSH-SOPH</u>
1991	Bellarmino	Bellarmino
1992	Bellarmino	Junipero Serra
1993	Bellarmino	Junipero Serra
1994	Bellarmino	Junipero Serra
1995	Bellarmino	Bellarmino
1996	Bellarmino	Junipero Serra
1997	Leland	Bellarmino
1998	Bellarmino	Bellarmino
1999	Bellarmino & St. Francis	Bellarmino
2000	Bellarmino & St. Francis	Bellarmino
2001	Bellarmino	Bellarmino
2002	Bellarmino	Bellarmino
2003	Bellarmino	Bellarmino

CROSS COUNTRY

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSAITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
1967	Saint Francis	Saint Ignatius	Saint Ignatius
1968	Riordan	Saint Francis	Riordan
1969	Riordan	Riordan & Saint Ignatius	Saint Ignatius
1970	Riordan	Saint Ignatius	Saint Ignatius
1971	Saint Ignatius	Saint Ignatius	Saint Francis
1972	Saint Francis	Saint Francis	Mitty
1973	Saint Francis	Saint Francis	Saint Francis
1974	Serra	Saint Ignatius	Saint Francis
1975	Serra	Saint Francis	Bellarmino
<u>YEAR</u>	<u>VARSAITY</u>	<u>JUNIOR-SOPHOMORE</u>	<u>FRESHMEN</u>
1976	Serra	Serra	Bellarmino
1977	Saint Francis	Saint Francis & St. Ignatius	Bellarmino
1978	Saint Francis	Bellarmino	Bellarmino
1979	Saint Francis	Bellarmino	Bellarmino
1980	Bellarmino	Bellarmino	Bells & St. Francis
1981	Bellarmino	Bellarmino	Bellarmino
1982	Bellarmino	Bellarmino	Bellarmino
1983	Bellarmino	Bellarmino	Bellarmino
1984	Bellarmino	Bellarmino	Bellarmino
1985	Bellarmino	Bellarmino	Bellarmino
1986	Bellarmino	Bellarmino	Bellarmino
1987	Bellarmino	Bellarmino	Bellarmino
1988	Bellarmino	Bellarmino	Saint Ignatius
1989	Bellarmino	Bellarmino	Saint Ignatius
1990	Saint Ignatius	Bellarmino	Bellarmino
1991	Saint Ignatius	Bellarmino	Bellarmino
1992	Bellarmino	Bellarmino	Bellarmino
1993	Bellarmino	Bellarmino	Saint Ignatius
1994	Bellarmino	Bellarmino	Bellarmino
1995	Saint Ignatius	Bellarmino	Saint Francis
1996	Saint Ignatius	Bellarmino	Saint Francis
1997	Bellarmino	Bellarmino	Bellarmino
1998	Saint Francis	Bellarmino	Bellarmino
1999	Bellarmino	Saint Ignatius & Bellarmino	Saint Francis
2000	Bellarmino	Bellarmino & Bellarmino	Saint Ignatius
2001	Saint Ignatius	Saint Ignatius & St. Ignatius	Bellarmino
2002	Saint Francis	Serra & Saint Ignatius	Saint Ignatius
2003	Serra & St. Francis	Saint Ignatius & Serra	Saint Francis

SOC CER

TEAM CHAMPIONS

<u>YEAR</u>	<u> VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
1969	Saint Ignatius	No competition	--
1970	Mitty	Serra	--
1971	Saint Francis	Saint Ignatius	--
1972	Mitty	Riordan	--
1973	Saint Ignatius	Mitty	--
1974	Saint Ignatius	Mitty	--
1975	Riordan	Riordan	--
1976	Riordan	Saint Ignatius	--
1977	Riordan	Riordan	--
1978	Riordan	Saint Ignatius	--
1979	Saint Ignatius	Bellarmino	--
1980	Serra	Saint Francis	--
1981	Saint Ignatius	Bellarmino	--
1982	Saint Francis	Bellarmino	Bellarmino
1983	Saint Francis	Saint Francis	Bellarmino
1984	Bellarmino	Bellarmino	Serra
1985	Bellarmino	Three Champions	Bellarmino
	<i>Junior Varsity 1985</i> Bellarmino & Saint Francis & Junipero Serra		
1986	Saint Francis	Serra	Bellarmino
1987	Bellarmino	Bellarmino	Bellarmino
1988	Bellarmino	Saint Francis	Bells & St. Francis
1989	Bellarmino	Saint Francis	Serra & Bellarmino
1990	Bellarmino	Bellarmino	Saint Francis
1991	Serra	Bellarmino	Bellarmino
1992	St. Francis & Bells	Bellarmino	Saint Francis
1993	Bellarmino	Bellarmino	Bellarmino
1994	Bellarmino	Bellarmino	Saint Ignatius
1995	Bellarmino	NO CHAMPION	NO CHAMPION
1996	Bellarmino	Bellarmino	Bellarmino
1997	Bellarmino	Bellarmino	Bellarmino
1998	Mitty & Bellarmino	Bellarmino	Bellarmino
1999	Bellarmino	Bellarmino	Bellarmino
2000	Bellarmino	Bellarmino	Bellarmino
2001	Bellarmino & Serra	Bellarmino	Bellarmino
2002	Bellarmino	Bellarmino	Bellarmino
2003	Bellarmino	Archbishop Mitty	Junipero Serra
2004	Bells & Valley Chr.	Bellarmino	Archbishop Mitty

OUTSTANDING SOCCER PLAYERS

<u>YEAR</u>	<u>Most Valuable AWARD</u>	<u>NAME</u>	<u>SCHOOL</u>
1973	Offensive player	Mike Benton	Mitty
	Defensive player	Greg Schultz	Saint Ignatius
1974	Offensive player	Bill Magee	Saint Ignatius
	Defensive player	Steve Blair	Mitty
1975	Offensive player	Dan Salvemini	Saint Ignatius
	Defensive player	Joe Barbosa	Mitty
1976	Offensive player	Miguel Avila	Bellarmino
	Defensive player	Tom Beck	Mitty
1977	Offensive player	Dan McNevin	Bellarmino
	Defensive player	Tim Dempsey	Sacred Heart Cath.
1978	Offensive players	Chris Lucero	Riordan
		John Cone frey	Sacred Heart Cath.
	Defensive player	Luano Nomellini	Serra
1979	Offensive player	John McNulty	Saint Ignatius
	Defensive player	Horace Williams	Serra
1980	Offensive player	David Lutes	Bellarmino
	Defensive player	Horace Williams	Serra
1981	Offensive players	Pat Miller	Mitty
		Thomas Silvas	Saint Francis
	Defensive players	John Parks	Saint Ignatius
		John Garretson	Mitty
1982	Offensive player	Thomas Silvas	Saint Francis
	Defensive player	John Garretson	Mitty
1983	Offensive player	Thomas Silvas	Saint Francis
	Defensive players	Rich Mulkerrins	Saint Ignatius
		Neal Stephens	Saint Francis
1984	Offensive player	Greg Troupe	Bellarmino
	Defensive player	John Brazil	Saint Francis
1985	Offensive player	Greg Troupe	Bellarmino
	Defensive player	Eddie Castillo	Archbishop Riordan
1986	Offensive player	Bill Thompson	Saint Francis
	Defensive player	Robert Gallo	Saint Francis
1987	Offensive player	Luca Adriani	Saint Francis
	Defensive player	Andy Gloskowski	Junipero Serra
1988	Offensive player	Mitch Kern	Bellarmino
	Defensive player	Ben Davies	Junipero Serra
1989	Offensive player	Alberto Cruz	Archbishop Riordan
	Defensive player	Jaime Jimenez	Saint Ignatius
1990	Offensive player	Lance Nakamitsu	Bellarmino
	Defensive player	Brent Garcia	Bellarmino
1991	Offensive player	Eric Naes	Saint Francis
	Defensive player	Ken Schneider	Bellarmino

SOCCER CONTINUED

<u>YEAR</u>	<u>Most Valuable AWARD</u>	<u>NAME</u>	<u>SCHOOL</u>
1992	Offensive players	Taras Zubrycky	Archbishop Mitty
		Todd Fernandez	Saint Francis
	Defensive player	Mike Squellati	Saint Francis
1993	Offensive player	Bobby Hernandez	Bellarmino
	Defensive player	Joe Cannon	Saint Francis
1994	Offensive player	Mike Joyce	Saint Francis
	Defensive players	Dan Wytock	Bellarmino
		John Marchant	Saint Francis
		Brian Proses	Saint Ignatius
1995	Offensive player	Rico Bustos	Saint Francis
	Defensive player	Todd Duncan	Bellarmino
1996	Offensive players	J.V. Ganal	Bellarmino
		Adam Black	Archbishop Mitty
	Defensive players	Carlos Escobar	Saint Ignatius
		Adam Zapala	Bellarmino
1997	Offensive player	Brendan Dewing	Saint Ignatius
	Defensive player	Matt Domingo	Bellarmino
1998	Offensive player	Mike Murray	Archbishop Mitty
	Defensive player	Matt Domingo	Bellarmino
1999	Offensive player	Michael Ching	Bellarmino
	Defensive players	Danny Zuccaro	Archbishop Mitty
		Brandan Uniacke	Sacred Heart Cath.
2000	Offensive player	Adam Palsgrove	Bellarmino
	Defensive players	John Domingo	Bellarmino
		Eddie Dominguez	Archbishop Mitty
2001	Offensive players	Kelechi Igwe	Junipero Serra
		Arturo Tafolla	Saint Ignatius
	Defensive players	Paul Moran	Bellarmino
		Matt Kelly	Saint Ignatius
2002	Offensive players	Nick Hatzko	Bellarmino
		Kalechi Igwe	Junipero Serra
	Defensive players	Colm Cunnihy	Bellarmino
		Patrick Joseph	Saint Ignatius
2003	Offensive Player	Matt Hatzke	Bellarmino
	Defensive Player	Brandon Stolp	Bellarmino
2004	Offensive Player	Jimmy Coggan	Valley Christian
	Defensive Player	Scott Sweeney	Bellarmino

SOCCER CONTINUED

LEAGUE RECORDS

<u>TEAM RECORDS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
Most goals--season	Bellarmino	55	1994
Least goals allowed	Bellarmino (one season)	2	1996
Longest game	Saint Ignatius vs. Bellarmino	4:56	1982

<u>INDIVIDUAL RECORDS</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
Most goals--game	Tom Fleischli	Mitty	5	1971
Most goals--season	Thomas Silvas	Saint Francis	19 (12g)	1983
	Len Salvemini	Saint Ignatius	18 (8g)	1970
Most shutouts--season	Aram Kardziar	Riordan	10	1978
	Greg Schulze	Saint Ignatius	10	1973
Most goals--career	Thomas Silvas	Saint Francis	41 (36g)	1980-83
	Len Salvemini	Saint Ignatius	36 (28g)	1969-71

WRESTLING

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
1987	Serra	Bellarmino	Bellarmino & Riordan
1988	Bellarmino	Bellarmino	Bellarmino
1989	Bellarmino	Bellarmino	Bellarmino
1990	Bellarmino	Bellarmino	Riordan
1991	Bellarmino	Bellarmino	Bellarmino
1992	Bellarmino	Bellarmino	Saint Francis
1993	Saint Francis	Bellarmino	Bellarmino
1994	Saint Francis	Bellarmino	Bellarmino
1995	Bellarmino	Bellarmino	Bellarmino
1996	Bellarmino	Bellarmino	Saint Francis
1997	Bellarmino	Bellarmino	Saint Francis
1998	Bellarmino	Bellarmino	Bellarmino
1999	Bellarmino	Bellarmino	Bellarmino
2000	Bellarmino	Bellarmino	Bellarmino
2001	Bellarmino	Bellarmino	Bellarmino
2002	Bellarmino	Bellarmino	Saint Francis
2003	Bellarmino	Bellarmino	Bellarmino
2004	Bellarmino	Bellarmino	Bellarmino

BASKETBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMAN</u>	
1968	Saint Ignatius	Serra	St. Ignatius	
1969	Riordan	Bellarmino & Serra	No competition	
1970	Riordan	St. Ignatius	Riordan & St. Ignatius	
1971	Mitty	Riordan	Riordan	
1972	Sacred Heart Cath.	Serra	Serra	
1973	Riordan	St. Ignatius	Riordan	
1974	Riordan	Sacred Heart Cath.	St. Ignatius & Riordan	
			<u>FROSH A's</u>	<u>FROSH B's</u>
1975	Saint Ignatius	Riordan	Riordan	S. H. C. & S. I.
1976	Saint Ignatius	Riordan	St. Francis	Bellarmino
1977	Mitty	Sacred Heart Cath.	Riordan	Riordan
1978	Saint Ignatius	Riordan	Mitty & S. I.	Sacred Heart Cath.
1979	Saint Francis	Bellarmino	Riordan	Riordan & Serra
1980	Riordan	Riordan	St. Ignatius	Sacred Heart Cath.
1981	Saint Ignatius	St. Ignatius	Bells & S. H. C.	Riordan & S. H. C.
1982	Saint Ignatius	St. Ignatius	S. F. & S. I.	S. F. & S. I.
1983	Saint Ignatius	St. Francis	St. Ignatius	Riordan
1984	Saint Ignatius	Riordan	Riordan	St. Ignatius
1985	Riordan	Riordan	Riordan	Bellarmino
1986	Riordan	Riordan	St. Francis	St. Francis
1987	Riordan	St. Ignatius	Riordan	Riordan
1988	Riordan	Riordan	St. Francis	Sacred Hrt Cath.
1989	Riordan	Bellarmino	St. Francis	Bells & Serra
1990	Riordan	S. I. & Riordan	Bellarmino	Sacred Hrt Cath.
1991	Mitty	Sacred Heart Cath.	Mitty	Serra
1992	Saint Ignatius	Riordan	Riordan	St. Francis
1993	Saint Ignatius	Mitty & Riordan	Bells & Riordan	Bellarmino
1994	Saint Francis	Bellarmino & Serra	Bellarmino	Bellarmino
1995	Bellarmino	Bellarmino	Riordan	Sacred Hrt Cath.
1996	Sacred Heart Cath.	Sacred Heart Cath.	Bellarmino	Bellarmino
1997	Saint Francis	Bellarmino & S. I.	S. F. & Bells	St. Francis
1998	Bellarmino	Bellarmino	S.H.C. & Riordan	St. Ignatius
1999	Saint Ignatius	St. Ignatius	St. Ignatius	St. Ignatius
2000	S. F. & S. I.	Junipero Serra	Three Champions	Junipero Serra
		<i>Frosh A's 2000</i>	Bellarmino & Serra & Sacred Heart Cath.	
2001	Bells & Riordan	St. Ignatius	Bellarmino	St. Francis
2002	Riordan & S.H.C.	Archbishop Mitty	Archbishop Mitty	Archbishop Mitty
2003	Serra & Mitty	St. Ignatius	Junipero Serra	St. Francis
2004	Serra & St. Ignatius	Archbishop Riordan	S. I. & Bells	Junipero Serra

PLAYER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
1968	Steve Gera	Mitty	1988	Wayman Strickland	Riordan
1969	Tom Percell	Saint Ignatius	1989	Ray Kelly	Riordan
1970	Kevin Restani	Riordan	1990	Dwayne Fontana	Riordan
1971	Tom Ganley	Saint Francis	1991	John Defoe	Serra
1972	Glenn Hubbard	Sacred Heart	1992	John Duggan	Saint Ignatius
1973	Ray Townsend	Mitty	1993	Jaha Wilson	Riordan
1974	Elmer Love	Riordan	1994	Tim Kennedy	Serra
1975	John Caselli	Serra	1995	Tim Kennedy	Serra
1976	Brian Duffy	Serra	1996	Cas Schneller	Bellarmino
1977	Dave Parrott	Mitty		Justin Love	Sacred Heart Cath.
1978	Francisco Pepin	Riordan	1997	Senque Carey	Saint Francis
	Tony Zanze	Saint Ignatius	1998	Senque Carey	Saint Francis
1979	Brett Crawford	Riordan	1999	Jeb Ivey	Bellarmino
1980	Mike Norman	Saint Francis	2000	Jason Hardee	Serra
1981	Alex Lopez	Riordan	2001	Jason Norman	Bellarmino
	Jeff Thilgen	Saint Ignatius	2002	Marquis Kately	Riordan
1982	Paul Fortier	Saint Ignatius	2003	Andrew Kochevar	Serra
1983	Eric White	Sacred Heart	2004	Paul Phangureh	Archbishop Mitty
1984	Levy Middlebrooks	Saint Ignatius			
1985	Eric Newman	Riordan			
1986	Terrance Mullen	Riordan			
1987	Denfield Wade	Riordan			

LEAGUE RECORDS

<u>INDIVIDUAL RECORDS</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--season	John Duggan	St. Ignatius	348	1992	12
Highest Scoring Average	John Duggan	St. Ignatius	29.0	1992	12
Most field goals--season	John Duggan	St. Ignatius	125	1992	12
Most 3-Pt. FGs--season	Andrew Kochevar	Serra	37	2003	14
	Greg Paulson	St. Francis	31	1989	12
Most free throws--season	Rick Hile	Mitty	83	1970	12
Best field goal percentage	Cas Banaszek	Serra	68.9%	1989	12
3-Pt. Field goal percentage	Anthony Smith	Mitty	53.8%	1988	12
Best free throw percentage	Terry Vane		93.9%	1974	11
Most rebounds--season	Jaha Wilson	Riordan	234	1992	12
Highest rebounding average	Jaha Wilson	Riordan	19.5	1992	12
Most rebounds--game	Jaha Wilson	Riordan	30	1991	--
Most field goals attempted	Ray Townsend	Mitty	203	1973	12
3-Pt field goals attempted	Chaz Thomas	Serra	97	2004	14
Most free throws attempted	Rick Hile	Mitty	107	1970	12
	Tony Zanze	St. Ignatius	107	1978	12
	John Duggan	St. Ignatius	107	1992	12

LEAGUE RECORDS

<u>TEAM RECORDS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--game	Riordan (vs. Serra)	103	1980	--
Most points--season	Riordan	955	1987	12
Least points allowed--game	Saint Ignatius (vs. Serra)	12	1974	--
Least points allowed--season	Saint Ignatius	462	1978	12
Least points scored--season	Saint Ignatius	479	1973	12
Most total points (1 game)	Riordan (103) & Serra (69)	172	1980	--
Least total points (1 game)	S.I. (17) ~ Serra (12)	29	1974	--

BASKETBALL PLAYOFF RECORDS

TEAM RECORDS

<u>CATEGORY</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--one game	Riordan (vs. St. Francis)	85	1988	--
Most field goals--one game	Riordan (vs. St. Francis)	37	1988	--
Free throws attempted--game	Saint Francis (vs. Riordan)	44	1971	--
Free throws made--one game	Saint Francis (vs. Riordan)	34	1971	--
Most total points--playoffs	Riordan	197	1984	3
Most total points--tourney	Saint Francis	199	1988	3
Most field goals--playoffs	Riordan	72	1992	3
Free throws att.--playoffs	Saint Francis	102	1971	3
Free throws made--playoffs	Mitty	70	1991	3

INDIVIDUAL RECORDS

<u>CATEGORY</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--one game	John Duggan	St. Ignatius	41	1992	--
Most field goals--one game	Jaha Wilson	Riordan	15	1992	--
Most rebounds--one game	Jaha Wilson	Riordan	18	1992	--
Free throws attempted--game	Paul Boskovitch	St. Francis	15	1971	--
Free throws made--game	Shawn Kernan	Mitty	12	1991	--
Most total points--playoffs	Jaha Wilson	Riordan	77	1992	3
Most field goals--playoffs	Jaha Wilson	Riordan	34	1992	3
Free throws att.--playoffs	Paul Boskovich	St. Francis	29	1971	3
Free throws made--playoffs	John Schmitz	Serra	26	1968	3

BASEBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMAN</u>
1968	Bellarmino	Bellarmino	No competition
1969	Saint Francis	Bellarmino	Bells & Riordan
1970	Sacred Heart	Bellarmino	Saint Francis
1971	Bellarmino	Bellarmino	Bellarmino
1972	Riordan	Riordan	Serra
1973	Mitty	Bellarmino	Serra
1974	Bellarmino	Serra	Saint Ignatius
1975	Riordan	Serra	Serra
1976	Mitty	Serra	Serra
1977	Serra	Bellarmino & Serra	Serra
1978	Sacred Heart	Serra	Saint Francis
1979	Saint Francis	Saint Ignatius	Saint Francis
1980	Serra	Serra	Saint Francis
1981	Saint Francis	Saint Francis	St. Francis & Serra
1982	Saint Francis	Saint Francis & Serra	Saint Francis
1983	Saint Francis	Junipero Serra	Saint Francis
1984	Junipero Serra	Saint Francis & Serra	Junipero Serra
1985	Junipero Serra	Junipero Serra	Bellarmino
1986	Bellarmino	Saint Francis	Bells & St. Francis
1987	Bellarmino	Junipero Serra	Junipero Serra
1988	Bellarmino	Junipero Serra	Junipero Serra
1989	Saint Francis	Junipero Serra	Junipero Serra
1990	Junipero Serra	Junipero Serra	Bellarmino
1991	Junipero Serra	Serra & Bellarmino	Serra & Mitty
1992	Junipero Serra	Bells & St. Francis	Junipero Serra
1993	Saint Francis	Bellarmino	St. Francis & Serra
1994	Bellarmino	Saint Francis	Junipero Serra
1995	Bellarmino	Junipero Serra	Junipero Serra
1996	Saint Francis	Serra & Saint Ignatius	Junipero Serra
1997	Junipero Serra	Sacred Heart Cathedral	Bellarmino
1998	Bellarmino & Serra	Serra & Saint Ignatius	Bellarmino
1999	Bellarmino	Bellarmino	Junipero Serra
2000	Saint Ignatius & Bellarmino	Serra & Bellarmino	Mitty
2001	Serra & Mitty	Saint Francis	Junipero Serra
2002	Three Champions	Saint Francis	Saint Francis
<i>Varsity 2002</i> Archbishop Mitty & Bellarmino & Saint Francis			
2003	Junipero Serra & St. Francis	Saint Francis	Junipero Serra
2004	St. Francis & Junipero Serra	Junipero Serra	Bellarmino

PLAYER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
1976	Jeff Walsh	Mitty	1991	Matt Bazzani	Serra
1977	George Torassa	St. Ignatius	1992	Dan Serafini	Serra
1978	Bill Scudder	Sacred Heart		Mark Senegal	St. Francis
1979	Pete Rodriguez	St. Francis	1993	Bob Tarantino	St. Francis
1980	Rich Martig	Bellarmino		Jeff Perry	Serra
	Marty Pletkin	Serra	1994	Eric Byrnes	St. Francis
1981	Mike Dotzler	St. Francis		Brent Hoard	Bellarmino
1982	Mark Locatelli	St. Francis	1995	Brent Hoard	Bellarmino
1983	Matt McCormick	St. Francis		Greg Millichap	Serra
	Greg Vella	Junipero Serra	1996	John Gall	St. Francis
1984	Jeff DiBono	St. Francis	1997	Chris Scrogings	Serra
1985	Gregg Jefferies	Junipero Serra	1998	Geoff Comfort	Serra
	Scott Delucchi	Junipero Serra	1999	Garrett Cook	St. Francis
1986	Frank Ortiz	Sacred Heart Cath	2000	James Holder	Bellarmino
1987	Jun Dasalla	St. Ignatius	2001	Shawn Epedendio	Mitty
1988	Scott Mollahan	Bellarmino	2002	Luke Kirby	Serra
	Dirk Skillicorn	St. Francis		Al Orozco	Serra
1989	Joe Hensley	St. Francis	2003	Chuck Lofgren	Serra
1990	Matt Bazzani	Junipero Serra	2004	Dan Descalso	St. Francis

INDIVIDUAL RECORDS

PITCHING

<u>CATEGORY</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>GAMES</u>	<u>YEAR</u>	
Games won	John Cosmos	Sacred Heart	7	12	1970	
	Bill Harris	Saint Francis	7	12	1972	
	Matt McCormick	Saint Francis	8	18	1983	
Innings Pitched	Bill Harris	Saint Francis	53	12	1973	
	Mike Roza	Junipero Serra	61	18	1984	
Strike Outs	Jeff Walsh	Archbishop Mitty	81	12	1976	
Earned Run Average	Vic Lavoie	Junipero Serra	0.63	10	1969	
	Kevin Gillette	Saint Francis	0.24	18	1982	
Bases on Balls	Greg Dentino	Archbishop Mitty	41	12	1978	
	Mike Briare	Bellarmino	49	18	1982	
Complete Games	Vic Lavoie	Junipero Serra	6	12	1970	
Shutouts	Phil Weidinger	Archbishop Riordan	5	12	1970	
Win/Loss Percent			<u>W-L</u>			
	John Cosmos	Sacred Heart	7-0	1.000	12	1970
	Bill Harris	St. Francis	7-0	1.000	12	1972
	Matt McCormick	St. Francis	8-0	1.000	18	1983
	Joe Hensley	St. Francis	5-0	1.000	12	1989
	Al Orozco	Serra	5-0	1.000	14	2003
Rex Petrill	St. Francis	5-0	1.000	14	2004	

INDIVIDUAL RECORDS

<u>CATEGORY</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>GAMES</u>	<u>YEAR</u>
Batting Average	Jun Dasalla	Saint Ignatius	.554	18	1987
Hits	Ron Adams	Sacred Heart	21	12	1972
	Marc Coca	Archbishop Mitty	21	12	1990
	Mike Aicardi	Sacred Heart Cath.	25	14	2004
	Jun Dasalla	Saint Ignatius	31	18	1978
	Jeff DiBono	Saint Francis	31	18	1984
	Scott Delucchi	Junipero Serra	31	18	1985
Doubles	Matt Gallegos	Sacred Heart	8	12	1978
	Tyler Duran	Archbishop Mitty	8	14	2003
	Jun Dasalla	Saint Ignatius	11	18	1987
Triples	Jim Winter	Saint Francis	4	10	1969
	Chris Karp	Archbishop Riordan	4	12	1974
	Matt Gallegos	Sacred Heart	4	12	1978
	Steve Reyes	Sacred Heart	5	18	1982
	Joe Peterson	Sacred Heart	5	18	1983
Home Runs	Scott Delucchi	Junipero Serra	9	18	1985
Runs Scored	Mark Senegal	Saint Francis	20	12	1992
	Gregg Jefferies	Junipero Serra	29	18	1985
Runs Batted In	Scott Delucchi	Junipero Serra	35	18	1985
Bases on Balls	Dave Rosaia	Junipero Serra	18	12	1977
	Gregg Jefferies	Junipero Serra	22	18	1985
Stolen Bases	Mike Gill	Archbishop Mitty	14	12	1973
	Jeff Birkeland	Saint Ignatius	14	12	1989
	Tom Ledda	Archbishop Riordan	16	14	2004
	Gregg Jefferies	Junipero Serra	18	18	1985

VOLLEYBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>
1996	Los Gatos	NO J.V. LEAGUE
1997	Bellarmino	Bellarmino
1998	Bellarmino	Bellarmino
1999	Bellarmino	Bellarmino
2000	Bellarmino	Bellarmino
2001	Bellarmino	Bellarmino
2002	Serra	Bellarmino
2003	Bellarmino & Valley Christian	Bellarmino
2004	Bellarmino & Valley Christian	Bellarmino

TRACK AND FIELD TEAM CHAMPIONS

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>FROSH/SOPH</u>
1968	Riordan	Bellarmino (Class B)
1969	Saint Francis	Saint Ignatius (Class B)
1970	Riordan	Saint Ignatius
1971	Saint Ignatius	Saint Ignatius
1972	Saint Ignatius	Saint Ignatius
1973	Saint Ignatius	Saint Ignatius
1974	Saint Francis	Saint Francis
1975	Saint Ignatius	Saint Francis
1976	Saint Ignatius	Saint Francis
1977	Saint Ignatius	Saint Francis
1978	Saint Ignatius	Riordan
1979	Saint Francis	Saint Francis
1980	Saint Francis	Saint Francis
1981	Saint Francis	Bellarmino & Saint Francis
1982	Bellarmino	Bellarmino
1983	Saint Francis	Saint Ignatius
1984	Saint Ignatius	Bellarmino
1985	Bellarmino & St. Ignatius	Saint Ignatius
1986	Bellarmino	Saint Ignatius
1987	Bellarmino	Bellarmino
1988	Bellarmino	Bellarmino
1989	Bellarmino	Saint Ignatius & Junipero Serra
1990	Bellarmino	Saint Ignatius
1991	Saint Ignatius	Junipero Serra
1992	Saint Ignatius	Bellarmino
1993	Bellarmino	Saint Ignatius
1994	Bellarmino	Saint Ignatius & Saint Francis
1995	Bellarmino	Saint Ignatius
1996	Saint Ignatius	Saint Ignatius
1997	Saint Ignatius	Saint Ignatius
1998	Mitty	Saint Ignatius
1999	Saint Ignatius & Bellarmino	Bellarmino
2000	Bellarmino & Saint Francis	Bellarmino
2001	Bellarmino	Bellarmino & Saint Ignatius
2002	Bellarmino	Bellarmino & Junipero Serra
2003	Bellarmino	Saint Ignatius & Bellarmino
2004	Archbishop Riordan & St. Francis	Bellarmino

TRACK AND FIELD LEAGUE MEET RECORDS

VARSIITY

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>RECORD</u>	<u>METERS</u>
100M	Steve Firenze	Serra	1961	9.8	10.7
200M	Tony Miller	Riordan	1987	21.6	
400M	Angelo Fobbs-Valentino	Serra	2003	48.35	
800M	Stan Ross	Serra	1977	1:53.	1:53.2
MILE	Scott Robinson	Bellarmino	1987	4:15.38	
2 MILE	Chris Paredes	Bellarmino	1981	9:18.0	9:14.6
110M HH	Tom Shellworth	Bellarmino	1974	14.5	
300M IH	Mike Lodoen	Bellarmino	1987	38.6	
400 M R		Riordan	1987	42.3	
	Reggie Jackson, David Benton, Brian Flewellen,			Tony Miller	
MILE R		Bellarmino	2003	3:21.88	
	S. Sevor, N. Johnson, A. Guney, M. Bordoni				
HJ	Matt Rice	Bellarmino	1990	6' 10"	
PV	Tom Ryan	Bellarmino	1993	15' 6"	
LJ	Jim Fregosi	Serra	1959	23' 8"	
TJ	Mike Haynes	Riordan	1975	47' 11.5"	
SHOT	Gian Rossini	Saint Francis	1975	59' 11.5"	
DISCUS	Nick Sheuerman	Saint Francis	2004	174' 3.0"	

FROSH/SOPH

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>RECORD</u>	<u>METERS</u>
100M	Gilbert Pacaldo	Saint Ignatius	1977	10.1	11.2
200M	Gilbert Pacaldo	Saint Ignatius	1977	22.6	22.5
400M	Lester Branson	Serra	1981		51.80
800M	Rod Sellard	Bellarmino	1980	1:59.7	1:59.0
MILE	Stan Ross	Serra	1975	4:32.5	4:30.9
2 MILE	Shawn Ayers	Bellarmino	1981	9:49.2	9:45.8
65M HH	Joe Mirabeau	Bellarmino	2004		9.21
70HH	Clyde Lamont	Serra	1971	9.0	
300M LH	Carl Broussard	Saint Francis	1977	40.3	40.1
400 M R		Saint Francis	2004		44.93
	David Glassanos, Thomas Evans, Ryan Perry, L.J. Moody				
MILE R		Saint Francis	1981	3:33.1	3:32.0
	Mike Regimbal, Robert Durkin, Joe Awender, Mark Guntley				
HJ	Dave Kniffin	Serra	1975	6' 4"	
PV	David Glassanos	Saint Francis	2004	13' 2"	
LJ	Matt O'Conner	Serra	2003	21' 7"	
TJ	Jeff Rossman	Saint Francis	1980	44' 3.5"	
SHOT	Craig Watkins	Mitty	1973	60' 6.5"	
DISCUS	Craig Watkins	Mitty	1973	155' 5.0"	

TENNIS

VARSIITY TENNIS CHAMPIONS

<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>
1968	Bellarmino	1981	Bellarmino	1995	Saint Francis
1969	Saint Francis	1982	Bellarmino	1996	Saint Ignatius
1970	Serra	1983	Bellarmino	1997	Saint Francis
1971	Serra	1984	Bellarmino	1998	Bellarmino
1972	Saint Francis	1985	Bellarmino		Saint Francis
1973	Bellarmino	1986	Bellarmino		Saint Ignatius
1974	Bellarmino	1987	Bellarmino	1999	Saint Francis
1975	Saint Francis	1988	Bellarmino	2000	Bellarmino
1976	Bellarmino	1989	Bellarmino	2001	Bellarmino
	Sacred Heart	1990	Junipero Serra	2002	Bellarmino
1977	Bellarmino	1991	Bellarmino		Saint Francis
1978	Bellarmino	1992	Saint Ignatius	2003	Bellarmino
1979	Bellarmino	1993	Bellarmino	2004	Archbishop Mitty
1980	Bellarmino	1994	Saint Ignatius		

JUNIOR VARSITY CHAMPIONS

<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>
1987	Bellarmino	1994	Saint Francis	1999	Bellarmino
1988	Saint Francis	1995	Bellarmino	2000	Bellarmino
1989	Bellarmino		Saint Francis	2001	Bellarmino
1990	Bellarmino		Saint Ignatius	2002	Bellarmino
1991	Bellarmino	1996	Saint Ignatius	2003	Bellarmino
1992	Bellarmino	1997	Saint Francis	2004	Bellarmino & St. Ignatius
1993	Saint Francis	1998	Bellarmino		

LEAGUE TOURNAMENT CHAMPIONS

<u>YEAR</u>	<u>SINGLES CHAMPION</u>	<u>SCHOOL</u>	<u>DOUBLES CHAMPIONS</u>	<u>SCHOOL</u>
1968	Steve Stefanski	Saint Francis	Clyde LeBaron Ward LaCava	Bellarmino
1969	Dan Chadbourne	Bellarmino	Clyde LeBaron Ward LaCava	Bellarmino
1970	Steve Ward	Sacred Heart	Gordon Collins Peter Meuel	Serra
1971	Tim Finger	Saint Francis	Bill Randal Nick Sikeotis	Serra
1972	Steve Ward	Sacred Heart	Henry Chan Jeff Pedemonte	Bellarmino
1973	Andy Luchessi	Riordan	Jim Dwyer Nick Sikeotis	Serra

INDIVIDUAL TENNIS CHAMPIONS (con't)

<u>YEAR</u>	<u>SINGLES CHAMPION</u>	<u>SCHOOL</u>	<u>DOUBLES CHAMPIONS</u>	<u>SCHOOL</u>
1974	Tim Finger	Saint Francis	Jeff Bedolla Greg Rowell	Bellarmino
1975	Dave Portwood	Bellarmino *	Kevin Kelly Greg Lucey	Bellarmino
1976	John Sevely	Saint Francis	Rick Snyder Mike Wasserman	Bellarmino
1977	John Sevely	Saint Francis	Ed Baretto Peter Torres	St. Ignatius
1978	John Sevely	Saint Francis	Mark Daschbach Eric Doyle	Bellarmino
1979	Ed Baretto	Saint Ignatius	Mark Daschbach Eric Doyle	Bellarmino
1980	Scott Vipond	Serra	Mark Daschbach Eric Doyle	Bellarmino
1981	Brian Heimbecker	Bellarmino	Paul Schmidt Mark Guevara	Bellarmino
1982	Fred Thome	Bellarmino	Chris Abate Brian Heimbecker	Bellarmino
1983	Brian Heimbecker	Bellarmino	Adam Sanchez Chris Sanchez	Saint Francis
1984	Dave Stewart	Bellarmino	Adam Sanchez Chris Sanchez	Saint Francis
1985	Dave Stewart	Bellarmino	Adam Sanchez Chris Sanchez	Saint Francis
1986	Brian Garrow	Saint Francis	Gary Lane Robbie Wendell	Bellarmino
1987	Jeff Meyer	Saint Francis	Rick Carrie Peter Roloff	Saint Francis
1988	Jeff Meyer	Saint Francis	Matt Quinlan Zack Reid	Bellarmino
1989	Matt Quinlan	Bellarmino	Justin Crow Matt MacKensie	Saint Francis
1990	Chris Zonnas	Saint Ignatius	Jon Mungai Mike Kim	Bellarmino
1991	John Cappelletti	Saint Francis	Jimmy Tombor David Matsumoto	Bellarmino
1992	Cory Guy	Saint Francis	Tony King Charlie Esteban	Mitty
1993	Eugene Balshem	Bellarmino	Karl Meyer Michael Smith	Saint Francis
1994	Cory Guy	Saint Francis	Ben Ellingsworth Derek Fitzpatrick	Mitty
1995	Cory Guy	Saint Francis	Ben Ellingsworth Derek Fitzpatrick	Mitty
1996	Derek Fitzpatrick	Mitty	Victor Chun Wesley Chu	Saint Ignatius
1997	Derek Fitzpatrick	Mitty	Brad White Tomo Tom	Saint Ignatius

INDIVIDUAL TENNIS CHAMPIONS (con't)

<u>YEAR</u>	<u>SINGLES CHAMPION</u>	<u>SCHOOL</u>	<u>DOUBLES CHAMPIONS</u>	<u>SCHOOL</u>
1998	Ryan Ariko	Bellarmino		
1999	Nicolas Previte	Mitty	R.J. Bates Ngon Huynh	Saint Francis
2000	Eric Chen	Bellarmino	Eric Chow Ngon Huynh	Saint Francis
2001	Ngon Huynh	Saint Francis	Jayson Chung Ethan Davis	Bellarmino
2002	Philip Kao	Mitty	Joseph Lok Jaysen Chung	Bellarmino
2003	Joseph Lok	Bellarmino	K. Credelle C. Moreton	Bellarmino
2004	Jay Wong	Archbishop Mitty	Nic Amaroli Conor Feeney	Saint Ignatius

PLAYER OF THE YEAR

<u>SINGLE PLAYER</u>			<u>DOUBLES TEAM</u>		
<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
2004	Philip Kao	Archbishop Mitty	2004	Max Bunag Nick Nguyen	Archbishop Mitty

SWIMMING

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>FROSH-SOPH</u>
1991	Bellarmino	Bellarmino
1992	Bellarmino	Bellarmino
1993	Bellarmino	Bellarmino
1994	Bellarmino	Bellarmino
1995	Serra & Bellarmino	Bellarmino
1996	Bellarmino	Bellarmino
1997	Bellarmino	Bellarmino
1998	Bellarmino	Bellarmino
1999	Bellarmino	Bellarmino
2000	Bellarmino	Bellarmino
2001	Bellarmino	Junipero Serra & Bellarmino
2002	Bellarmino	Bellarmino
2003	Bellarmino	Bellarmino
2004	Bellarmino	Bellarmino

INDIVIDUAL AND TEAM RECORDS

VARSIITY

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
200 MEDLEY RELAY		Bellarmino	1:37.42	2000
	Chris Coble, Cam Bendetson, Matt Schubert, Eric Lee			
200 FREESTYLE	Chris Talbott	Bellarmino	1:40.97	2004
200 IND. MEDLEY	Rob Canales	Bellarmino	1:52.30	1997
50 FREESTYLE	Leffie Crawford	Junipero Serra	20.70	1998
100 BUTTERFLY	Leffie Crawford	Junipero Serra	51.25	1997
100 FREESTYLE	Leffie Crawford	Junipero Serra	46.54	1998
500 FREESTYLE	Chris Talbott	Bellarmino	4:33.11	2004
200 FREE RELAY		Bellarmino	1:27.21	2004
	Chad Cashin, Tim Watts, Justin Pollard, Robert Reinhardt			
100 BACKSTROKE	Tim Watts	Bellarmino	51.72	2004
100 BREASTSTROKE	Rob Canales	Bellarmino	58.78	1997
400 FREE RELAY		Junipero Serra	3:12.1	1974
	Don Thornhill, Jon Powell, John Elwood, Chris Butler			
DIVING	Adam Peterson	Saint Francis	585.90	2001

FROSH-SOPH

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
200 MEDLEY RELAY		Bellarmino	1:43.72	2003
	Scott Jackson, Mike Gartner, Mike Ricco, Andrew MacDonell			
200 FREESTYLE	Taylor Smith	Bellarmino	1:46..73	2004
100 IND. MEDLEY	Nick Buonfiglio	Bellarmino	54.23	2003
50 FREESTYLE	Erik Lee	Bellarmino	21.86	1998
50 BUTTERFLY	Steve Bullier	Mitty	24.83	1975
100 FREESTYLE	Nick Buonfiglio	Bellarmino	47.79	2004
500 FREESTYLE	Taylor Smith	Bellarmino	4:42.04	2004
200 FREE RELAY		Bellarmino	1:30.41	2004
	John Paul MacDonell, Kevin Schmidt, Bryan McCoid, Nick Buonfiglio			
100 BACKSTROKE	Scott Jackson	Bellarmino	53.55	2004
100 BREASTSTROKE	Rob Small	Bellarmino	1:03.05	1998
400 FREE RELAY		Bellarmino	3:19.84	2004
	John Paul MacDonell, Taylor Smith, Kevin Schmidt, Nick Buonfiglio			
DIVING	Lisa Mariani	Saint Francis	403.5	1975

GOLF

<u>YEAR</u>	<u>TEAM CHAMPION</u>	<u>INDIVIDUAL CHAMPION</u>	<u>SCHOOL</u>	<u>SCORE</u>
1968	Bellarmino	NO INDIVIDUAL		
1969	Saint Francis	CHAMPIONS		
1970	Saint Francis	DURING THESE		
1971	Bellarmino	FOUR YEARS		
1972	Saint Francis	Scott McMillen	Saint Francis	76
1973	Bellarmino	Mike Dwyer	Saint Ignatius	73
1974	Bellarmino	Mike Wiechers	Bellarmino	76
1975	Bellarmino & Serra	Jim Kane	Serra	75
1976	Bellarmino	Jim Kane	Serra	74
1977	Saint Ignatius	Tim Parun	Serra	75
1978	Saint Ignatius	Joe Vetrano	Saint Ignatius	72
1979	Saint Ignatius	Matt Healy	Saint Ignatius	75
1980	Saint Francis	Jeff Cracolici	Saint Francis	78
1981	Serra	Pete Susnow	Serra	75
1982	Bellarmino	Riley Cranston	Saint Francis	72
1983	Bellarmino	Ben Furth	Saint Ignatius	76
1984	Saint Francis	Doug Haun	Saint Francis	78
1985	Saint Francis	Steve Shea	Saint Francis	74
1986	Bellarmino	Jeff Curran	Bellarmino	79
1987	Bellarmino	Dennis Ventry	Bellarmino	74
1988	Bellarmino	Tim O'Riordan	Saint Ignatius	76
		Dennis Ventry	Bellarmino	76
1989	Bellarmino	Mark Wong	Saint Ignatius	77
1990	Serra	Bobby Poole	Serra	77
		Damon Lewis	Serra	77
1991	Bellarmino	Matt Toton	Saint Ignatius	76
1992	Bellarmino	Charlie Woerner	Saint Francis	72
1993	Bellarmino	Josh Levine	Saint Ignatius	76
1994	Bellarmino	Ray Otis	Bellarmino	67
1995	Saint Francis	Ray Otis	Bellarmino	38
		Danny Giraud	Saint Ignatius	38
1996	Bellarmino	John Micek	Bellarmino	70
1997	Saint Francis			
1998	Serra & Saint Francis	Adam Sollers	Saint Francis	75
1999	Bellarmino & St. Francis	Adam Sollers	Saint Francis	72
2000	Saint Francis & Serra	Garrett Chaussard	Serra	72
2001	Saint Francis & Serra	Casey Boome	Serra	75
2002	Saint Francis	Patrick Nagle	Serra	68
2003	St. Francis & Bellarmino	Joseph Bramlett	Saint Francis	73
2004	Bellarmino & St. Francis	Brett Giurlani	Saint Francis	68

JUNIOR VARSITY TEAM CHAMPIONS

<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>	<u>YEAR</u>	<u>CHAMPION</u>
1989	Saint Ignatius	1995	Saint Francis	2002	Bellarmino
	Saint Francis	1996	Bellarmino	2003	Bells & S. I. & Serra
1990	Saint Ignatius	1997	Bellarmino	2004	Bellarmino & Serra
1991	Bellarmino	1998	Saint Francis		
1992	Bellarmino	1999	Junipero Serra		
1993	Bellarmino	2000	Bellarmino		
1994	Bellarmino	2001	Saint Francis		

GOLF RECORDS

LEAGUE TOURNAMENT RECORDS

Individual Low Gross	Ray Otis	Bellarmino	(par 66)	67	1994
	Patrick Nagle	Serra	(par 69)	68	2002
	Brett Giurlani	St. Francis	(par 72)	68	2004
Team Low Gross	Saint Ignatius			386	1979
	Saint Francis			284	2002

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>
1971-72	Basketball	Sacred Heart	Champions
	Soccer	Mitty	Champions
1972-73	Basketball	Riordan	Champions
1973-74	Basketball	Riordan	Champions
1975-76	Cross Country	Serra	Champions
	Soccer	Riordan	Champions
1977-78	Football	Saint Francis	Champions
1978-79	Basketball	Saint Francis	Champions
	Golf	Saint Ignatius	Champions
1979-80	Football	Saint Francis	Champions
	Basketball	Riordan	Champions
1980-81	Football	Bellarmino	Champions Div. I
	Basketball	Saint Ignatius	Champions
	Baseball	Saint Francis	Champions
1981-82	Football	Bellarmino	Champions Div. I
	Tennis	Bellarmino	Champions
1982-83	Football	Saint Francis	Champions Div. I
	Soccer	Saint Francis	Co-Champions
	Baseball	Saint Francis	Champions
	Tennis	Bellarmino	Champions
1983-84	Football	Saint Francis	Champions Div. I
	Basketball	Saint Ignatius	Champions Div. I
	Baseball	Serra	Champions
1984-85	Cross Country	Bellarmino	Champions
	Football	Saint Francis	Champions Div. I
	Basketball	Riordan	Champions Div. I
	Baseball	Bellarmino	Champions
1985-86	Cross Country	Bellarmino	Champions
	Basketball	Riordan	Champions Div. I
	Baseball	Bellarmino	Champions
	Golf	Bellarmino	Champions
	Tennis	Bellarmino	Champions
1986-87	Cross Country	Bellarmino	Champions
	Football	Bellarmino	Champions Div. I
	Baseball	Bellarmino	Champions Div. I
	Track & Field	Riordan	Champions
1987-88	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Francis	Champions Div. II
	Basketball	Saint Francis	Champions Div. I
	Baseball	Bellarmino	Champions Div. I
	Tennis	Bellarmino	Champions
1988-89	Cross Country	Bellarmino	Champions Div. I
	Basketball	Riordan	Champions Div. I
	Basketball	Mitty	Champions Div. IV
	Track & Field	Riordan	Champions
	Tennis	Bellarmino	Champions

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>
1989-90	Football	Saint Francis	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Riordan	Champions Div. I
	Basketball	Sacred Heart Cathedral	Champions Div. IV
	Track & Field	Bellarmino	Champions Div. I
1990-91	Football	Bellarmino	Champions Div. I
	Football	Serra	Champions Div. I 3A
	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Ignatius	Champions Div. III
	Soccer	Bellarmino	Co-Champions Div. I
	Basketball	Serra	Champions Div. I
	Basketball	Sacred Heart Cathedral	Champions Div. IV
	Baseball	Serra	Champions Div. I
1991-92	Football	Saint Francis	Champions Div. I
	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Francis	Champions Div. III
	Water Polo	Bellarmino	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Soccer	Bellarmino	Champions Div. I
	Wrestling	Saint Francis	Champions Div. II
	Swimming	Bellarmino	Champions
1992-93	Football	Saint Francis	Champions Div. I
	Water Polo	Bellarmino	Champions Div. I
	Cross Country	Saint Francis	Champions Div. III
	Soccer	Bellarmino	Champions Div. I
	Soccer	Saint Francis	Champions Div. II
	Basketball	Bellarmino	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Wrestling	Saint Francis	Champions Div. II
	Swimming	Bellarmino	Champions
	Baseball	Serra	Champions Div. I
1993-94	Football	Saint Francis	Champions Div. III
	Cross Country	Bellarmino	Champions Div. I
	Water Polo	Bellarmino	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Riordan	Champions Div. I
	Swimming	Bellarmino	Champions
	Track & Field	Bellarmino	Champions Div. I
	Baseball	Serra	Champions Div. I

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>
1994-95	Football	Saint Francis	Champions Div. I
	Football	Archbishop Mitty	Champions Div. IV
	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Francis	Champions Div. III
	Water Polo	Bellarmino	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Bellarmino	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Basketball	Saint Francis	State Champions Div. II
	Swimming	Bellarmino	Champions
	Baseball	Saint Francis	Champions Div. I
	Golf	Bellarmino	Champions
	1995-96	Football	Saint Francis
Cross Country		Bellarmino	Champions Div. I
Cross Country		Saint Ignatius	Champions Div. III
Water Polo		Bellarmino	Champions Div. I
Basketball		Bellarmino	Champions Div. I
Golf		Bellarmino	Champions
Swimming		Bellarmino	Champions
1996-97	Football	Saint Francis	Champions Div. I
	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Junipero Serra	Champions Div. II
	Cross Country	Saint Ignatius	Champions Div. III
	Water Polo	Bellarmino	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Golf	Bellarmino	Champions Div. I
	Swimming	Bellarmino	Champions
	Baseball	Mitty	Champions Div. I
	1997-98	Cross Country	Bellarmino
Cross Country		Serra	Champions Div. II
Cross Country		Saint Francis	Champions Div. III
Basketball		Saint Ignatius	Champions Div. I
Basketball		Saint Francis	Champions Div. II
Basketball		Archbishop Riordan	Champions Div. III
Swimming		Bellarmino	Champions
Volleyball		Bellarmino	Champions
Baseball		Serra	Champions Div. I
Baseball		Sacred Heart Cathedral	Champions Div. II

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>
1998-99	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Francis	Champions Div. III
	Water Polo	Bellarmino	Champions Div. I
	Water Polo	Saint Francis	Champions Div. II
	Football	Saint Francis	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Bellarmino	Champions Div. I
	Basketball	Riordan	Champions Div. III
	Baseball	Bellarmino	Champions Div. I
	Swimming	Bellarmino	Champions
1999-2000	Volleyball	Bellarmino	Champions
	Football	Mitty	Champions Div. III
	Cross Country	Bellarmino	Champions Div. I
	Cross Country	Saint Ignatius	Champions Div. II
	Water Polo	Bellarmino	Champions Div. I
	Water Polo	Saint Francis	Champions Div. II
	Soccer	Bellarmino	Champions Div. I
	Basketball	Serra	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Basketball	Mitty	Champions Div. III
2000-01	Swimming	Bellarmino	Champions
	Volleyball	Bellarmino	Champions
	Golf	Junipero Serra	Champions
	Cross Country	Bellarmino	Champions Div. I
	Water Polo	Bellarmino	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Basketball	Archbishop Riordan	Champions Div. III
	Wrestling	Bellarmino	Champions
	Baseball	Saint Francis	Champions Div. I
2001-02	Volleyball	Bellarmino	Champions
	Swimming	Bellarmino	Champions
	Golf	Junipero Serra	Champions
	Cross Country	Junipero Serra	Champions Div. I
	Cross Country	Saint Ignatius	Champions Div. III
	Water Polo	Bellarmino	Champions Div. I
	Soccer	Bellarmino	Champions Div. I
	Basketball	Saint Francis	Champions Div. II
	Basketball	Sacred Heart Cathedral	Champions Div. III
	Basketball	Archbishop Riordan	State Champions Div. III
	Golf	Saint Francis	Champions
	Swimming	Bellarmino	Champions
	Track & Field	Bellarmino	Champions

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>	
2002-03	Cross Country	Junipero Serra	Champions Div. I	
	Cross Country	Saint Francis	Champions Div. III	
	Football	Valley Christian	Champions Div. I	
	Football	Saint Francis	Co-Champions Div. III	
	Water Polo	Bellarmino	Champions Div. I	
	Basketball	Archbishop Mitty	Champions Div. III	
	Baseball	Archbishop Mitty	Champions Div. I	
	Golf	Saint Francis	Champions	
	Swimming	Bellarmino	Champions	
	Track & Field	Junipero Serra	Champions	
	Volleyball	Bellarmino	Champions	
	2003-04	Football	Valley Christian	Champions Div. IV
		Water Polo	Bellarmino	Champions Div. I
Water Polo		Sacred Heart Prep.	Champions Div. II	
Basketball		Bellarmino	Champions Div. I	
Basketball		Junipero Serra	Champions Div. II	
Basketball		Saint Ignatius	Champions Div. III	
Basketball		Valley Christian	Champions Div. IV	
Golf		Bellarmino	Champions	
Swimming	Bellarmino	Champions		

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL CHAMPION</u>	<u>SECTION FINALS</u>
1968	Tennis	Dan Chadbourne & Clyde LeBaron (Bellarmine)	Doubles Champions
1969	Tennis	Dan Chadbourne & Clyde LeBaron (Bellarmine)	Doubles Champions
1978	Tennis	John Sevely (Saint Francis)	Singles Champion
	Golf	Gerald Gutknecht (Serra)	Champion
1979	Wrestling	Adam Cohen (Riordan)	98 Lb. Champion
1981	Wrestling	Adam Cohen (Riordan)	129 Lb. Champion
1982	Tennis	Chris Abate & Brian Heimbecher (Bellarmine)	Doubles Champions
	Wrestling	Todd Geertz (Saint Francis)	141 Lb. Champion
1983	Tennis	Ted Feingold & Dave Stewart (Bellarmine)	Doubles Champions
	Wrestling	Rich Dunne (Saint Francis)	245 Lb. Champion
	Track	Mike Davidson (Saint Francis)	400 Meter Champion
1984	Tennis	Adam Sanchez & Chris Sanchez (Saint Francis)	Doubles Champions
	Track	Mike Davidson (Saint Francis)	400 Meter Champion
	Track	Alex Cabello, Joe Awender, Roosevelt Noble, Mike Davidson (Saint Francis)	Mile Relay Champs
1985	Wrestling	Steve Toves (Saint Francis)	132 Lb. Champion
	Tennis	Dave Stewart (Bellarmine)	Singles Champion
	Tennis	Adam Sanchez & Chris Sanchez (Saint Francis)	Doubles Champions
1986	Tennis	Brian Garrow (Saint Francis)	Singles Champion
	Tennis	Gary Lane & Robbie Wendell (Bellarmine)	Doubles Champions
1987	Wrestling	David Burgett (Junipero Serra)	175 Lb. Champion
1988	Tennis	Matt Quinlan & Zach Reid (Bellarmine)	Doubles Champions
	Track	Erik Axtell (Saint Francis)	1600 Meter Champion
1989	Wrestling	David Popejoy (Bellarmine)	191 Lb. Champion
	Tennis	Robbie Wendell (Bellarmine)	Singles Champion
1990	Wrestling	David Popejoy (Bellarmine)	191 Lb. Champion
1991	Wrestling	Josh Kuersten (Saint Francis)	171 Lb. Champion
	Wrestling	Andre Mitchell (Bellarmine)	140 Lb. Champion
1992	Golf	James Perkins (Saint Francis)	Champion
	Wrestling	Erick Vera (Junipero Serra)	152 Lb. Champion
	Wrestling	Ivan Chacon (Archbishop Riordan)	171 Lb. Champion
1993	Golf	Charlie Woerner (Saint Francis)	Champion
1994	Tennis	Cory Guy (Saint Francis)	Singles Champion
1996	Wrestling	Jason Olmos (Saint Francis)	145 Lb. Champion
1997	Wrestling	Jason Olmos (Saint Francis)	145 Lb. Champion
1998	Golf	Nick Arata (Saint Francis)	Champion
	Wrestling	Brian Cobb (Bellarmine)	142 Lb. Champion

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL CHAMPION</u>	<u>SECTION FINALS</u>
1999	Cross Country	Neil Davis (Bellarmine)	Champion Div. I
	Cross Country	Eric Chavez (Saint Francis)	Champion Div. III
	Wrestling	Brian Cobb (Bellarmine)	142 Lb. Champion
	Diving	Adam Petersen (Saint Francis)	Champion
2000	Wrestling	Matt Sanchez (Bellarmine)	121 Lb. Champion
	Diving	Adam Petersen (Saint Francis)	Champion
	Swimming	Steve Lipinski (Saint Francis)	50 Free Champion
	Swimming	Steve Rehrman (Saint Francis)	200 Free Champion
2001		Steve Rehrman	100 Fly Champion
	Cross Country	Eric Chaves (Saint Francis)	Champion Div. III
	Diving	Adam Peterson (Saint Francis)	Champion
	Tennis	Phillip Kao (Mitty)	Singles Champion
	Track	Lars Kenworthy (Saint Francis)	100 M Hurdles Champ
	Track	Junipero Serra High School	4x100 Meter Relay Champions
	Track	Kyle Williams (Saint Francis)	Pole Vault Champion
	Swimming	Eric Lee (Bellarmine)	50 Free Champion
	Swimming	Steve Lipinski (Saint Francis)	100 Free Champion
	Swimming	Brett Simon (Saint Ignatius)	100 Breast Champion
2002	Wrestling	Chris Jaworski (Saint Francis)	105 Lb. Champion
	Track	Jihad Beauchamp (Bellarmine)	High Jump Champion
2003		Jihad Beauchamp	Triple Jump Champ
	Track	Eric Wright (Riordan)	Long Jump Champion
	Cross Country	Dominic Vogl (Serra)	Champion Div. I
	Wrestling	Tony Barrow (Mitty)	215 Lb. Champion
	Golf	Kevin Lozares (Saint Francis)	Champion
	Diving	Matt Bisordi (Saint Francis)	Champion Div. I
	Tennis	Phillip Kao (Mitty)	Singles Champion
	Track	Angelo Fobbs-Valentino (Serra)	400 Meter Champion
	Swimming	Justin Pollard (Bellarmine)	100 Fly Champion
	Swimming	Chris Talbott (Bellarmine)	200 Free Champion
2003	Swimming	Tim Watts, Adam Shilling, Justin Pollard, Rob Reinhardt (Bell)	200 Medley Relay Champions
	Swimming	Justin Pollard, Nick Buonfiglio, Joey Ferguson, Rob Reinhardt (Bell)	200 Free Relay Champions
	Swimming	Nick Buonfiglio, Matt Reynolds, Chad Chasin, Chris Talbot (Bellarmine)	400 Free Relay Champions

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL CHAMPION</u>	<u>SECTION FINALS</u>
2004	Wrestling	Moses Guillard (Bellarmine)	119 Lb. Champion
	Golf	Joseph Bramlett (Saint Francis)	Champion
	Tennis	Jay Wong (Archbishop Mitty)	Singles Champion
	Track	Francis Gadayan (Riordan)	800 Meter Champion
	Track	Archbishop Riordan	4x400 Meter Relay Champions
	Track	Brian Wilhelm (saint Ignatius)	Shot Put Champion
	Swimming	Justin Pollard (Bellarmine)	50 Free Champion
	Swimming	Chris Talbott (Bellarmine)	200 Free Champion
	Swimming	Scott Weltz (Bellarmine)	100 Free Champion
	Swimming	Tim Watts (Bellarmine)	100 Back Champion
	Swimming	Tim Watts, Nick Buonfiglio, Justin Pollard, Rob Reinhardt	200 Medley Relay Champions
	Swimming	Chad Cashin, Rob Reinhardt, Tim Watts, Justin Pollard	200 Free Relay Champions
	Swimming	Nick Buonfiglio, Scott Weltz, Matt MacDonell, Chris Talbot	400 Free Relay Champions

VARSDTY LEAGUE CHAMPIONSHIPS

2002-2003

<u>SCHOOL</u>	<u>VB</u>	<u>CC</u>	<u>BAS</u>	<u>SOC</u>	<u>TEN</u>	<u>GOLF</u>	<u>SWIM</u>	<u>TRACK</u>	<u>SOF</u>	<u>WP</u>	<u>TOTAL</u>
Mitty	1	0	2	0	1	0	2	1	2	0	9
Saint Francis	1	0	0	1	0	0	0	1	0	1	4
Saint Ignatius	0	1	0	0	1	2	0	0	0	0	4
Notre Dame	0	0	0	1	0	1	0	0	0	0	2
Sacred Hrt. Prep	0	0	0	0	0	0	0	0	0	1	1
Presentation	0	1	0	0	0	0	0	0	0	0	1
Sacred Hrt. Cath.	0	0	1	0	0	0	0	0	0	0	1
Valley Christian	0	0	0	0	0	0	0	0	0	0	0

VOLLEYBALL

TEAM CHAMPIONSHIPS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
2002	Saint Francis	St. Francis & Sacred Hrt Cath.	Presentation & Notre Dame
2003	Archbishop Mitty	Arch. Mitty & Sacred Hrt Cath.	Scrd Hrt Cath. & Mitty

PLAYER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
2002	Jessica Gysin	Saint Francis
2003	Diane Copenhagen	Saint Francis

CROSS COUNTRY

TEAM CHAMPIONSHIPS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
2002	Saint Ignatius	Saint Ignatius	No Award
2003	Presentation	Saint Ignatius	Saint Francis

WATER POLO

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>
2002	Sacred Heart Prep	Sacred Heart Prep
2003	Saint Francis	Sacred Heart Prep

GOLF

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>
2002	Saint Ignatius & Notre Dame
2003	Saint Ignatius

TENNIS

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>
2002	Archbishop Mitty	Saint Francis & Saint Ignatius
2003	Saint Ignatius	Saint Francis & Saint Ignatius

LEAGUE TOURNAMENT CHAMPIONS

<u>YEAR</u>	<u>SINGLES CHAMPION</u>	<u>SCHOOL</u>	<u>DOUBLES CHAMPIONS</u>	<u>SCHOOL</u>
2002	Elizabeth Plotkin	Saint Ignatius	Jillian Bauer Erica Boutacoff	Saint Francis
2003	Denise Dy	Saint Francis	Stephanie Schnitter Monica Martin de Bustamante	Saint Francis

SOFTBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSIITY</u>	<u>JUNIOR VARSITY</u>
2003	Archbishop Mitty	Presentation
2004	Archbishop Mitty	Archbishop Mitty

PLAYER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
2003	Alex Sutton	Archbishop Mitty
2004	Justine Kunkel Emily Radonich	Archbishop Mitty Valley Christian

PITCHER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
2003	Christy Murray	Archbishop Mitty
2004	Jamie Lettire	Presentation

SOCCER

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMEN</u>
2003	Saint Francis	Notre Dame	Archbishop Mitty
2004	Notre Dame	Archbishop Mitty	Archbishop Mitty

<u>YEAR</u>	<u>Most Valuable AWARD</u>	<u>NAME</u>	<u>SCHOOL</u>
2003	Offensive Player	Lauren Tippets	Saint Francis
	Defensive Player	Andrea Lee	Presentation
2004	Offensive Player	Alexander Riccomini	Archbishop Mitty
	Defensive Player	Melissa Crespo	Valley Christian
	Player of the Year	Chioma Igwe	Notre Dame

LEAGUE RECORDS

<u>TEAM RECORDS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
Most goals--season	Archbishop Mitty	45	2004
Least goals allowed	Saint Francis (one season)	4	2003
	Archbishop Mitty (one season)	4	2004
Longest game		:	2003

<u>INDIVIDUAL RECORDS</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
Most goals--game			—	2003
Most goals--season	Bunny Dickson	Notre Dame	11	2003
Most shutouts--season			—	2003
Most goals--career	Chioma Igwe	Notre Dame	19 (27g)	2003-04

BASKETBALL

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>JUNIOR VARSITY</u>	<u>FRESHMAN</u>
2003	Archbishop Mitty <i>Freshman 2003</i>	Archbishop Mitty Saint Ignatius & Sacred Heart Cath. & Archbishop Mitty	Three Champions
2004	Mitty & S. H. C.	Mitty & S. H. C.	Mitty & St. Ignatius

PLAYER OF THE YEAR

<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>
2003	Khaliah Daniels	Archbishop Mitty
2004	Ashley Guerra	Archbishop Mitty

LEAGUE RECORDS

<u>TEAM RECORDS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--game	Mitty (vs. S. H. C.)	75	2003	--
Most points--season	Archbishop Mitty	912	2003	14
Least points allowed--game	Notre Dame (vs. S. H. P.)	31	2003	--
Least points allowed--season	Sacred Heart Cathedral	484	2004	14
Least points scored--season	Notre Dame	500	2003	14
Most total points (1 game)	Mitty (73) & S. I. (64)	137	2003	--
Least total points (1 game)	Notre Dame (44) & S.H.P.(31)	75	2003	--

<u>INDIVIDUAL RECORDS</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>	<u>GAMES</u>
Most points--season	Nicole Yarwasky	Presentation	283	2003	14
Most field goals--season	Nicole Yarwasky	Presentation	108	2003	14
Highest Scoring Average	Nicole Yarwasky	Presentation	20.2	2003	14
Most 3-Pt. FGs--season	Sarah Laird	Scrd Hrt Prep	27	2003	13
Most free throws--season	Hillary Hansen	Notre Dame	61	2003	14
Best field goal percentage	Nicole Yarwasky	Presentation	64.0%	2003	14
3-Pt. Field goal percentage	Ashley Guerra	Mitty	51.5%	2004	14
Best free throw percentage	Hillary Hansen	Notre Dame	81.3%	2003	14
Most rebounds--season	Jessica Pecota	Scrd Hrt Prep	120	2004	14
Highest rebounding average	Jessica Pecota	Scrd Hrt Prep	8.57	2004	14
Most field goals attempted	Tracy Walker	Valley Chr.	177	2004	11
	Nicole Yarwasky	Presentation	170	2003	14
3-Pt field goals attempted	Marissa Maffei	Scrd Hrt Prep	69	2004	14
	Tessa Crompton	Notre Dame	68	2004	14
Most free throws attempted	Ellen Porshneva	St. Francis	77	2003	14
	Lindsay Harris	Valley Chr.	77	2003	12

TRACK AND FIELD TEAM CHAMPIONS

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>FROSH/SOPH</u>
2003	Saint Francis	Saint Francis
2004	Archbishop Mitty	Saint Ignatius

TRACK AND FIELD LEAGUE MEET RECORDS

VARSIITY

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100M	Khrystal Carter	Valley Christian	12.22	2004
200M	Khrstal Carter	Valley Christian	24.96	2004
400M	Ashely Monfort	Valley Christian	56.75	2003
800M	Christine Whalen	Archbishop Mitty	2:11.46	2004
1600M	Amanda Thornberry	Valley Christian	4:53.65	2003
3200M	Michelle Gallagher	Sacred Heart Cath.	10:49.11	2003
100M HH	Stella Hall	Saint Ignatius	15.74	2003
300M IH	Stella Hall	Saint Ignatius	45.88	2003
400 M R		Archbishop Mitty	49.32	2004
	Kim Bedolla, Danielle Robinson, Lanesha Owens, Lauren Curtis			
1600 M R		Archbishop Mitty	3:57.68	2004
	Jeanell English, Christine Whalen, Lanesha Owens, Renisha Robinson			
HJ	Devon Tracy	Saint Francis	5' 4"	2003
PV	Taylor Franklin	Saint Francis	11' 6"	2004
LJ	Danielle Robinson	Archbishop Mitty	17' 7.25"	2004
TJ	Devon Tracy	Saint Francis	35' 8.75"	2003
SHOT	Sela Paini	Saint Francis	39' 1"	2004
DISCUS	Amanda Burns	Archbishop Mitty	122' 7.5"	2003

FROSH/SOPH

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100M	Krystal Yee	Sacred Heart Cath.	12.89	2003
200M	Raffie Cobb	Saint Ignatius	27.42	2004
400M	Danielle Smith	Saint Ignatius	1:02.35	2004
800M	Lacey Banks	Valley Christian	2:28.91	2004
1600M	Danielle Denatale	Archbishop Mitty	5:43.40	2004
3200M	Kristina Scolari	Saint Ignatius	12:36.39	2003
100M HH	Courtney Hori	Archbishop Mitty	18.06	2003
300M IH	Jacklyn Kurtela	Saint Ignatius	50.37	2004
400 M R		Saint Ignatius	52.08	2004
	Danielle Smith, Caroline Lopuck, Cayley Johnson, Raphael Cobb			
1600 M R		Saint Ignatius	4:14.61	2004
	Raphael Cobb, Caroline Lopuck, Cayley Johnson, Brianna Loughridge			
HJ	Christine Szelong	Saint Francis	5' 0"	2003
PV	Anna Lund	Saint Ignatius	8' 0"	2003
	Kathleen Bennett	Archbishop Mitty	8' 0"	2004
	Jackie Hu	Saint Francis	8' 0"	2004
	Jessica Springer	Presentation	8' 0"	2004
LJ	Jill Hansen	Saint Ignatius	15' 6.25"	2003
TJ	Caroline Lopuck	Saint Ignatius	32' 0.00"	2004
SHOT	Christina Kidd	Valley Christian	32' 2.00"	2004
DISCUS	Christina Kidd	Saint Francis	117' 5"	2003

SWIMMING

TEAM CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	<u>FROSH-SOPH</u>
2003	Archbishop Mitty	Archbishop Mitty
2004	Archbishop Mitty	Archbishop Mitty

INDIVIDUAL AND TEAM RECORDS

VARSITY

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
200 MEDLEY RELAY		Archbishop Mitty	1:51.23	2003
	Michelle Liu, Lindsey Knott, A. Sweeney, Erica Liu			
200 FREESTYLE	Nicole Taheri	Presentation	1:56.32	2003
200 IND. MEDLEY	Erica Liu	Archbishop Mitty	2:05.02	2004
50 FREESTYLE	Francesca Lollini	Saint Ignatius	24.45	2004
100 BUTTERFLY	Carlene Takaki	Presentation	57.97	2003
100 FREESTYLE	Michelle Liu	Archbishop Mitty	52.45	2004
500 FREESTYLE	Jennifer Gong	Presentation	5:08.29	2004
200 FREE RELAY		Archbishop Mitty	1:39.54	2004
	Lindsey Knott, Michelle Liu, Michelle Janitski, Shannon Simonds			
100 BACKSTROKE	Michelle Liu	Archbishop Mitty	57.66	2004
100 BREASTSTROKE	Erica Liu	Archbishop Mitty	1:03.21	2004
400 FREE RELAY		Archbishop Mitty	3:32.29	2004
	Erica Liu, Michelle Liu, Dory Isaacs, Julie Hyrne			
DIVING	Michelle Morikawa	Saint Francis	479.35	2004

JUNIOR VARSITY

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
200 MEDLEY RELAY		Archbishop Mitty	2:00.61	2004
	Jessica Garcia, Vicky Whitehill, Sara Collins, Tori Riess			
200 FREESTYLE	Sarah Walsh	Saint Ignatius	2:08.83	2003
100 IND. MEDLEY	Melissa Mordell	Sac. Hrt. Prep	1:07.76	2003
50 FREESTYLE	Julie Hyrne	Archbishop Mitty	26.51	2003
50 BUTTERFLY	Sara Collins	Archbishop Mitty	29.42	2004
100 FREESTYLE	Julie Hyrne	Archbishop Mitty	58.41	2003
500 FREESTYLE	Torri Riess	Archbsihop Mitty	5:44.91	2003
200 FREE RELAY		Archbishop Mitty	1:48.11	2003
	Katie Slugocki, Julie Hyrne, Kelly DeBarr, A. Malabranche			
100 BACKSTROKE	Jessica Garcia	Archbishop Mitty	1:03.92	2004
100 BREASTSTROKE	Vicki Whitehill	Archbishop Mitty	1:14.53	2003
400 FREE RELAY		Archbishop Mitty	3:57.95	2004
	Jessica Garcia, Kristina Ericksen, Jacque Gowin, Julie Hyrne			
DIVING	Amanda McDonnell	Archbishop Mitty	180.10	2003

CENTRAL COAST SECTION TEAM PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL TEAM</u>	<u>SECTION FINALS</u>
2002-03	Cross Country	Saint Francis	Champions Div. I
	Water Polo	Saint Francis	Champions
	Volleyball	Saint Francis	Champions Div. I
	Volleyball	Presentation	Champions Div. III
	Basketball	Archbishop Mitty	Champions Div. I
	Basketball	Sacred Heart Cathedral	Champions Div. III
	Soccer	Notre Dame	Co-Champions Div. III
	Soccer	Presentation	Co-Champions Div. III
	Swimming	Archbishop Mitty	Champions
	2003-04	Cross Country	Saint Ignatius
Water Polo		Saint Francis	Champions
Volleyball		Archbishop Mitty	Champions Div. II
Volleyball		Saint Francis	Champions Div. III
Basketball		Archbishop Mitty	Champions Div. II
Basketball		Sacred Heart Cathedral	Champions Div. III
Soccer		Notre Dame	Champions Div. II
Soccer		Valley Christian	Champions Div. III
Swimming		Archbishop Mitty	Champions
Golf		Saint Ignatius	Champions
Track & Field		Archbishop Mitty	Champions

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>WCAL CHAMPION</u>	<u>SECTION FINALS</u>	
2003	Cross Country	Michelle Gallagher (Sac.Hrt.Cath.)	Champion Div. III	
	Tennis	Stephanie Schnitter (St. Francis)	Singles Champion	
	Track	Ashley Monfort (Valley Christian)	400 Meter Champion	
	Swimming	Erica Liu (Archbishop Mitty)	200 IM Champion	
	Swimming	Erica Liu (Archbishop Mitty)	100 Breast Champion	
	Swimming	Lindsay Knott, Michelle Janitski, Shannon Simonds, Michell Liu (Mitty)	200 Free Relay Champions	
	Swimming	Erica Liu, A. Sweeney, Shannon Simonds, A. Rule (Mitty)	400 Free Relay Champions	
	2004	Cross Country	Melissa Grelli (Presentation)	Champion Div. III
		Tennis	Stephanie Schnitter (St. Francis) Monica Martin de Bustamante	Doubles Champion
Track		Seante Baker (Archbishop Mitty)	400 Meter Champion	
Track		Christine Whalen (Mitty)	800 Meter Champion	
Track		Khrystal Carter (Valley Christian)	200 Meter Champion	
Track		Renisha Robinson, Seante Baker, Jeanell English, Christina Whalen	4x400 Meter Relay Champions	
Swimming		Erica Liu (Archbishop Mitty)	200 IM Champion	
Swimming		Erica Liu (Archbishop Mitty)	100 Breast Champion	
Swimming		Lindsay Knott, Erica Liu, Marie Ballenger, Dory Isaacs (Mitty)	200 Medley Relay Champions	
Swimming		Lindsay Knott, Michelle Liu, Michelle Janitski, Shannon Simonds	200 Free Relay Champions	
Swimming		Erica Liu, Michelle Liu, Dory Isaacs, Shannon Simonds	400 Free Relay Champions	