

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

<u>YEAR</u>	<u>SPORT</u>	<u>C.C.S. CHAMPION</u>	<u>SECTION FINALS</u>	
2003	Cross Country	Michelle Gallagher (Sac.Hrt.Cath.)	Champion Div. III	
	Cross Country	Evelyn Wing (Valley Christian)	Champion Div. IV	
	Tennis	Stephanie Schnitter (St. Francis)	Singles Champion	
	Track	Ashley Monfort (Valley Christian)	400 Meter Champion	
	Swimming	Erica Liu (Archbishop Mitty)	200 IM Champion	
	Swimming	Erica Liu (Archbishop Mitty)	100 Breast Champion	
	Swimming	Lindsay Knott, Michelle Janitski, Shannon Simonds, Michell Liu (Mitty)	200 Free Relay Champions	
	Swimming	Erica Liu, A. Sweeney, Shannon Simonds, A. Rule (Mitty)	400 Free Relay Champions	
	2004	Cross Country	Melissa Grelli (Presentation)	Champion Div. III
		Tennis	Stephanie Schnitter & Monica Martin de Bustamante (St. Francis)	Doubles Champion
Track		Seante Baker (Archbishop Mitty)	400 Meter Champion	
Track		Christine Whalen (Mitty)	800 Meter Champion	
Track		Khrystal Carter (Valley Christian)	200 Meter Champion	
Track		Renisha Robinson, Seante Baker, Jeanell English, Christina Whalen (Mitty)	4x400 Meter Relay Champions	
Swimming		Erica Liu (Archbishop Mitty)	200 IM Champion	
Swimming		Erica Liu (Archbishop Mitty)	100 Breast Champion	
Swimming		Lindsay Knott, Erica Liu, Marie Ballenger, Dory Isaacs (Mitty)	200 Medley Relay Champions	
Swimming		Lindsay Knott, Michelle Liu, Michelle Janitski, Shannon Simonds (Mitty)	200 Free Relay Champions	
Swimming		Erica Liu, Michelle Liu, Dory Isaacs, Shannon Simonds (Mitty)	400 Free Relay Champions	
2005		Tennis	Tanvi Dudhela (Archbishop Mitty)	Singles Champion
		Track	Khrystal Carter (Valley Christian)	100 Meter Champion
	Track	Khrystal Carter (Valley Christian)	200 Meter Champion	
	Track	Natasha Barthel (Saint Francis)	Pole Volt Champion	
	Track	Kristen Houp, Khrystal Carter, Dahlys Marshall, Jordan Apgar (Valley Chr.)	4x100 Meter Relay Champions	
	Swimming	Michelle Liu, Jamie Cisar, Julie Hyrne, Shannon Simonds (Mitty)	200 Free Relay Champions	
	Swimming	Michelle Liu (Archbishop Mitty)	100 Back Champion	
	Swimming	Michelle Liu, Shannon Simonds, Erin Garcia, Dory Isaacs (Mitty)	400 Free Relay Champions	

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2006	Cross Country	Katy Daly (Saint Ignatius)	Champion Div. III
	Cross Country	Jennifer Bergman (Valley Chr.)	Champion Div. IV
	Tennis	Sam Rosekrans (Sacred Heart Prep)	Singles Champion
	Track	Kristen Houp (Valley Christian)	400 Meter Champion
	Track	(Valley Christian)	4x400 Meter Relay Champions
	Swimming	Danielle Gong (Presentation)	200 IM Champion
	Swimming	Michelle Liu (Archbishop Mitty)	100 Back Champion
	Swimming	Stephanie Wei, Erin Garcia, Jamie Cisar, Dory Isaacs (Mitty)	200 Medley Relay Champions
	Swimming	Michelle Liu, Laurence Delisle, Jamie Cisar, Dory Isaacs (Mitty)	200 Free Relay Champions
	Swimming	Michelle Liu, Stephanie Wei, Erin Garcia, Laurence Delisle (Mitty)	400 Free Relay Champions