

CENTRAL COAST SECTION INDIVIDUAL PLAYOFF COMPETITION

| <u>YEAR</u> | <u>SPORT</u> | <u>C.C.S. CHAMPION</u> | <u>SECTION FINALS</u> | |
|--------------------|---------------------|--|--|--------------------|
| 2003 | Cross Country | Michelle Gallagher (Sac.Hrt.Cath.) | Champion Div. III | |
| | Cross Country | Evelyn Wing (Valley Christian) | Champion Div. IV | |
| | Tennis | Stephanie Schnitter (St. Francis) | Singles Champion | |
| | Track | Ashley Monfort (Valley Christian) | 400 Meter Champion | |
| | Swimming | Erica Liu (Archbishop Mitty) | 200 IM Champion | |
| | Swimming | Erica Liu (Archbishop Mitty) | 100 Breast Champion | |
| | Swimming | Lindsay Knott, Michelle Janitski, Shannon Simonds, Michell Liu (Mitty) | 200 Free Relay Champions | |
| | Swimming | Erica Liu, A. Sweeney, Shannon Simonds, A. Rule (Mitty) | 400 Free Relay Champions | |
| | 2004 | Cross Country | Melissa Grelli (Presentation) | Champion Div. III |
| | | Tennis | Stephanie Schnitter & Monica Martin de Bustamante (St. Francis) | Doubles Champion |
| Track | | Seante Baker (Archbishop Mitty) | 400 Meter Champion | |
| Track | | Christine Whalen (Mitty) | 800 Meter Champion | |
| Track | | Khrystal Carter (Valley Christian) | 200 Meter Champion | |
| Track | | Renisha Robinson, Seante Baker, Jeanell English, Christina Whalen (Mitty) | 4x400 Meter Relay Champions | |
| Swimming | | Erica Liu (Archbishop Mitty) | 200 IM Champion | |
| Swimming | | Erica Liu (Archbishop Mitty) | 100 Breast Champion | |
| Swimming | | Lindsay Knott, Erica Liu, Marie Ballenger, Dory Isaacs (Mitty) | 200 Medley Relay Champions | |
| Swimming | | Lindsay Knott, Michelle Liu, Michelle Janitski, Shannon Simonds (Mitty) | 200 Free Relay Champions | |
| Swimming | | Erica Liu, Michelle Liu, Dory Isaacs, Shannon Simonds (Mitty) | 400 Free Relay Champions | |
| 2005 | | Tennis | Tanvi Dudhela (Archbishop Mitty) | Singles Champion |
| | | Track | Khrystal Carter (Valley Christian) | 100 Meter Champion |
| | Track | Khrystal Carter (Valley Christian) | 200 Meter Champion | |
| | Track | Natasha Barthel (Saint Francis) | Pole Volt Champion | |
| | Track | Kristen Houpp, Khrystal Carter, Dahlys Marshall, Jordan Apgar (Valley Chr.) | 4x100 Meter Relay Champions | |
| | Swimming | Michelle Liu, Jamie Cisar, Julie Hyrne, Shannon Simonds (Mitty) | 200 Free Relay Champions | |
| | Swimming | Michelle Liu (Archbishop Mitty) | 100 Back Champion | |
| | Swimming | Michelle Liu, Shannon Simonds, Erin Garcia, Dory Isaacs (Mitty) | 400 Free Relay Champions | |

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|--------------------|---------------------|--|---|---------------------|
| 2006 | Cross Country | Katy Daly (Saint Ignatius) | Champion Div. III | |
| | Cross Country | Jennifer Bergman (Valley Chr.) | Champion Div. IV | |
| | Tennis | Sam Rosekrans (Sacred Heart Prep) | Singles Champion | |
| | Track | Kristen Houp (Valley Christian) | 400 Meter Champion | |
| | Track | Kristen Houp, Dahlys Marshall, Poppy Lawman, Khrystal Carter (Valley Christian) | 4x400 Meter Relay Champions | |
| | Swimming | Danielle Gong (Presentation) | 200 IM Champion | |
| | Swimming | Michelle Liu (Archbishop Mitty) | 100 Back Champion | |
| | Swimming | Stephanie Wei, Erin Garcia, Jamie Cisar, Dory Isaacs (Mitty) | 200 Medley Relay Champions | |
| | Swimming | Michelle Liu, Laurence Delisle, Jamie Cisar, Dory Isaacs (Mitty) | 200 Free Relay Champions | |
| | Swimming | Michelle Liu, Stephanie Wei, Erin Garcia, Laurence Delisle (Mitty) | 400 Free Relay Champions | |
| | 2007 | Cross Country | Katy Daly (Saint Ignatius) | Champion Div. III |
| | | Tennis | Sam Rosekrans & Haley Hemm (Sacred Heart Prep) | Doubles Champion |
| | | Track | Renisha Robinson (Mitty) | 800 Meter Champion |
| | | Track | Katy Daly (Saint Ignatius) | 3200 Meter Champion |
| Swimming | | Ruthie Dimagmaliw, Megan Leung, Lauren Padilla, Sasza Lohrey (St. Ignatius) | 200 Medley Relay Champions | |
| Swimming | | Danielle Gong (Presentation) | 200 IM Champion | |
| Swimming | | Danielle Gong (Presentation) | 100 Fly Champion | |
| Swimming | | Stephanie Wei (Archbishop Mitty) | 100 Back Champion | |
| Swimming | | Laurence Delisle, Jamie Cisar, Monica Garcia, Stephanie Wei (Mitty) | 400 Free Relay Champions | |