

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

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Pat Segurson Statistician

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W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	5
Saint Francis	4
Sacred Heart Cathedral	3
Presentation	2
Archbishop Mitty	-

THIS WEEKS RESULTS

Host: Bellarmine **Date:** October 20th
Distance: 2.7 miles **At:** Alum Rock Park **Level:** Freshman

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	25	5
Saint Francis	45	4
Sacred Heart Cathedral	73	3
Presentation	100	2
Archbishop Mitty	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Michaela Costello	St Ignt	20:24
2 Ali Bo	St Fran	20:50
3 Andi Bo	St Fran	21:00
4 Zoe Molke	St Ignt	21:11
5 Abby Shapiro	St Ignt	21:29
6 Madeline McDonnell	St Ignt	21:39
7 Lisa Doherty	S. H. C.	21:45
8 Alexandra Zellner	Presntn	21:48
9 Zoe Seher	St Ignt	22:01
10 Bianca Manalansan	St Ignt	22:08

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TOP RUNNERS FOR EACH SCHOOL

1.	25	ST. IGNATIUS	(21:21 106:44)
=====			
1	1	MICHAELA COSTELLO	FR 20:24
2	4	ZOE MOLKE	FR 21:11
3	5	ABBY SHAPIRO	FR 21:29
4	6	MADELINE MCDONNELL	FR 21:39
5	9	ZOE SEHER	FR 22:01
6	(10)	BIANCA MANALANSAN	FR 22:08
7	(11)	MONICA COEN	FR 22:17
2.	45	ST. FRANCIS	(22:13 111:04)
=====			
1	2	ALI BO	FR 20:50
2	3	ANDI BO	FR 21:00
3	12	ASHMI PATHELA	FR 22:41
4	13	CHRISTINA HO	FR 23:12
5	15	TIFFANY YEE	FR 23:21
6	(18)	AMANDA NGUYEN	FR 24:38
7	(20)	STEF DELSMAN	FR 24:59
3.	73	SACRED HEART CATHEDRAL	(23:34 117:50)
=====			
1	7	LISA DOHERTY	FR 21:45
2	14	MEGHAN HOLLAND	FR 23:17
3	16	ALEX SUBRAHMANYAM	FR 23:24
4	17	STEPHANIE COSTA	FR 24:26
5	19	SHAWN SZURLEY	FR 24:58
6	(23)	MAIREAD JOHNSON	FR 27:29

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TOP RUNNERS FOR EACH SCHOOL

(continued)

4. 100 **PRESENTATION** (26:30 132:29)

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1	8	ALEXANDRA ZELLNER	FR 21:48
2	21	KATHRYN FAIRLEY	FR 26:21
3	22	ALYSSA ANDRADE	FR 27:27
4	24	FELICIA FORNEY-RAMIREZ	FR 27:47
5	25	JACKIE YANEZ	FR 29:06
6	(26)	JULIA WHEATLEY	FR 29:07
7	(27)	JENNIFER CHAU	FR 29:10

5. INC **ARCHBISHOP MITTY** (INC)

=====

1	22	ASHLEY SEYMOUR	FR 23:36
2	25	EMILY MERTENS	FR 24:18
3	28	KATHY ZHOU-	SR 24:45
4	29	LEIGH MASON	FR 24:50

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TOP 30 FINSHERS

Place	Name	Yr	High School	Gfros	Pace
1	MICHAELA COSTELLO	FR	ST. IGNATIUS	20:24	7:34
2	ALI BO	FR	ST. FRANCIS	20:50	7:43
3	ANDI BO	FR	ST. FRANCIS	21:00	7:47
4	ZOE MOLKE	FR	ST. IGNATIUS	21:11	7:51
5	ABBY SHAPIRO	FR	ST. IGNATIUS	21:29	7:58
6	MADELINE MCDONNELL	FR	ST. IGNATIUS	21:39	8:01
7	LISA DOHERTY	FR	SHC	21:45	8:04
8	ALEXANDRA ZELLNER	FR	PRESENTATION	21:48	8:05
9	ZOE SEHER	FR	ST. IGNATIUS	22:01	8:10
10	BIANCA MANALANSAN	FR	ST. IGNATIUS	22:08	8:12
11	MONICA COEN	FR	ST. IGNATIUS	22:17	8:15
12	MORGAN CAMPBELL	FR	ST. IGNATIUS	22:36	8:23
13	ASHMI PATHELA	FR	ST. FRANCIS	22:41	8:24
14	BRITTTANY SALINAS	FR	ST. IGNATIUS	22:51	8:28
15	KARALEN MORTHOLE	FR	ST. IGNATIUS	22:51	8:28
16	PAGE FENNIE	FR	ST. IGNATIUS	23:11	8:36
17	CHRISTINA HO	FR	ST. FRANCIS	23:12	8:36
18	MEGHAN HOLLAND	FR	SHC	23:17	8:38
19	SASHA MARTINEZ	FR	ST. IGNATIUS	23:20	8:39
20	TIFFANY YEE	FR	ST. FRANCIS	23:21	8:39
21	ALEX SUBRAHMANYAM	FR	SHC	23:24	8:40
22	ASHLEY SEYMOUR	FR	MITTY	23:36	8:45
23	GIULIA GUALCO-NELS	FR	ST. IGNATIUS	23:50	8:50
24	GENINE LOBO	FR	ST. IGNATIUS	24:15	8:59
25	EMILY MERTENS	FR	MITTY	24:18	9:00
26	STEPHANIE COSTA	FR	SHC	24:26	9:03
27	AMANDA NGUYEN	FR	ST. FRANCIS	24:38	9:08
28	KATHY ZHOU-	SR	MITTY	24:45	9:10
29	LEIGH MASON	FR	MITTY	24:50	9:12
30	SHAWN SZURLEY	FR	SHC	24:58	9:15
31	STEF DELSMAN	FR	ST. FRANCIS	24:59	9:15