

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart  
Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

Phone: 415 337-9172

FAX: 415 337-4529

E-Mail: [WCALstatman@prodigy.net](mailto:WCALstatman@prodigy.net)

## W. C. A. L. CROSS COUNTRY STANDINGS

November 4th, 2004

### FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	13
Saint Francis	10
Presentation	6
Sacred Heart Cathedral	3
Archbishop Mitty	-

### THIS WEEKS RESULTS

**Host:** Junipero Serra      **Date:** November 3rd  
**Distance:** 2.95 miles      **At:** Crystal Springs      **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	20	4
Saint Francis	43	3
Presentation	81	2
Archbishop Mitty	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Michaela Costello	St Ignt	20:51
2 Ali Bo	St Fran	20:56
3 Zoe Molke	St Ignt	21:34
4 Madeline McDonnell	St Ignt	21:47
5 Morgan Campbell	St Ignt	21:49
6 Ashmi Pathela	St Fran	21:58
7 Zoe Seher	St Ignt	22:12
8 Monica Coen	St Ignt	22:14
9 Karalen Morthole	St Ignt	22:18
10 Abby Shapiro	St Ignt	22:22

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner  
Phone: (408) 782-9212  
· FAX: (408) 782-9202

Pat Segurson Statistician  
Phone: 415 337-9172  
· FAX: 415 337-4529  
E-Mail: [WCALstatman@prodigy.net](mailto:WCALstatman@prodigy.net)

## W. C. A. L. CROSS COUNTRY STANDINGS

November 7th, 2004

### TOP RUNNERS FOR EACH SCHOOL

1.	20	<b>ST. IGNATIUS</b>	(21:39 108:13)
=====			
1	1	MICHAELA COSTELLO	FR 20:51
2	3	ZOE MOLKE	FR 21:34
3	4	MADELINE MCDONNELL	FR 21:47
4	5	MORGAN CAMPBELL	FR 21:49
5	7	ZOE SEHER	FR 22:12
6	( 8)	MONICA COEN	FR 22:14
7	( 9)	KARALEN MORTHOLE	FR 22:18
2.	43	<b>ST. FRANCIS</b>	(23:01 115:05)
=====			
1	2	ALI BO	FR 20:56
2	6	ASHMI PATHELA	FR 21:58
3	10	CHRISTINA HO	FR 23:16
4	12	JAIME MOFFITT	FR 24:02
5	13	LEILA HAGHIGHAT	FR 24:53
6	( 14)	ANISHA SEKAR	FR 25:05
7	( 15)	AMANDA NGUYEN	FR 25:06
3.	81	<b>PRESENTATION</b>	(25:55 129:35)
=====			
1	11	ALEXANDRA ZELLNER	FR 23:23
2	16	KATHRYN FAIRLEY	FR 25:40
3	17	JENNIFER CHAU	FR 25:59
4	18	JACKIE YANEZ	FR 26:33
5	19	FELICIA FORNEY-RAMIREZ	FR 28:00
6	( 20)	JULIA WHEATLEY	FR 28:04
4.	INC	<b>ARCHBISHOP MITTY</b>	( I N C )
=====			
1	16	ASHLEY SEYMOUR	FR 23:26
2	20	KATHY ZHOU	FR 24:15
3	22	LEIGH MASON	FR 24:36
4	27	EMILY MERTENS	FR 25:20

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart  
Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

Phone: 415 337-9172

FAX: 415 337-4529

E-Mail: [WCALstatman@prodigy.net](mailto:WCALstatman@prodigy.net)

## W. C. A. L. CROSS COUNTRY STANDINGS

November 7th, 2004

### TOP 30 FINISHERS

Place	Name	Yr	High School	Gfros	Pace
1	Michaela Costello	FR	ST. IGNATIUS	20:51	7:05
2	Ali Bo	FR	ST. FRANCIS	20:56	7:06
3	Zoe Molke	FR	ST. IGNATIUS	21:34	7:19
4	Madeline Mcdonnell	FR	ST. IGNATIUS	21:47	7:24
5	Morgan Campbell	FR	ST. IGNATIUS	21:49	7:24
6	Ashmi Pathela	FR	ST. FRANCIS	21:58	7:27
7	Zoe Seher	FR	ST. IGNATIUS	22:12	7:32
8	Monica Coen	FR	ST. IGNATIUS	22:14	7:33
9	Karalen Morthole	FR	ST. IGNATIUS	22:18	7:34
10	Abby Shapiro	FR	ST. IGNATIUS	22:22	7:35
11	Bianca Manalansan	FR	ST. IGNATIUS	22:44	7:43
12	Britttany Salinas	FR	ST. IGNATIUS	23:08	7:51
13	Sasha Martinez	FR	ST. IGNATIUS	23:09	7:51
14	Christina Ho	FR	ST. FRANCIS	23:16	7:54
15	Alexandra Zellner	FR	PRESENTATION	23:23	7:56
16	Ashley Seymour	FR	MITTY	23:26	7:57
17	Page Fennie	FR	ST. IGNATIUS	23:30	7:58
18	Giulia Gualco-Nelso	FR	ST. IGNATIUS	23:36	8:00
19	Jaime Moffitt	FR	ST. FRANCIS	24:02	8:09
20	Kathy Zhou	FR	MITTY	24:15	8:14
21	Genine Lobo	FR	ST. IGNATIUS	24:29	8:18
22	Leigh Mason	FR	MITTY	24:36	8:21
23	Giana Lando	FR	ST. IGNATIUS	24:40	8:22
24	Leila Haghighat	FR	ST. FRANCIS	24:53	8:27
25	Anisha Sekar	FR	ST. FRANCIS	25:05	8:31
26	Amanda Nguyen	FR	ST. FRANCIS	25:06	8:31
27	Emily Mertens	FR	MITTY	25:20	8:36
28	Kathryn Fairley	FR	PRESENTATION	25:40	8:43
29	Stef Delsman	FR	ST. FRANCIS	25:44	8:44
30	Jaya Tunwal	FR	ST. FRANCIS	25:49	8:46
31	Jennifer Chau	FR	PRESENTATION	25:59	8:49