

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart
Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

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Pat Segurson Statistician

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W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

JUNIOR VARSITY STANDINGS

	<u>Points</u>
Junipero Serra	8
Saint Ignatius	7
Bellarmino	6
Saint Francis	5
Sacred Heart Cathedral	4
Archbishop Mitty	3
Archbishop Riordan	2
Valley Christian	-

THIS WEEKS RESULTS

Host: Bellarmine

Date: October 20th

Distance: 2.7 miles

At: Alum Rock Park

Level: Junior Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Junipero Serra	30	8
Saint Ignatius	35	7
Bellarmino	77	6
Saint Francis	110	5
Sacred Heart Cathedral	139	4
Archbishop Mitty	160	3
Archbishop Riordan	201	2
Valley Christian	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Kevin Aguirre	St Ignt	16:11
2 Paul Zmuda	St Ignt	16:16
3 David Parker	Serra	16:29
4 Will Fennie	St Ignt	16:30
5 J. D. Smiley	Serra	16:36
6 Steven Powell	Serra	16:37
7 Alex London	Serra	16:38
8 Bret Donnelly	Bell	16:53
9 J. P. Rastrullo	Serra	16:54
10 Ian Randolph	St Ignt	16:58

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TOP RUNNERS FOR EACH SCHOOL

1. 30 JUNIPERO SERRA (16:39 83:14)

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1	3	DAVID PARKER	JR 16:29
2	5	JD SMILEY	JR 16:36
3	6	STEVEN POWELL	JR 16:37
4	7	ALEX LONDON	JR 16:38
5	9	JP RASTRULLO	JR 16:54
6	(11)	JAMES THOMAS	SR 17:00
7	(15)	ERIK VANESS	JR 17:26

2. 35 ST. IGNATIUS (16:43 83:32)

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1	1	KEVIN AGUIRRE	JR 16:11
2	2	PAUL ZMUDA	JR 16:16
3	4	WILL FENNIE	SR 16:30
4	10	IAN RANDOLPH	JR 16:58
5	18	OSCAR ROQUE	JR 17:37
6	(20)	BRETT LANDO	JR 17:41
7	(26)	MICHAEL DIGRANDE	SR 18:09

3. 77 BELLARMINE (17:24 87:00)

=====

1	8	BRET DONNELLY	SR 16:53
2	12	ANDREW WILLIS	JR 17:03
3	16	BOBBY CARROLL	JR 17:33
4	19	ANDREW LIM	JR 17:41
5	22	JOE DICKERSON	JR 17:50
6	(23)	CHRIS DAVIS	JR 17:54
7	(25)	ALEXANDER SPORCK	JR 18:09

4. 110 ST. FRANCIS (18:08 90:36)

=====

1	13	KEN MCCANDLESS	SR 17:14
2	14	JEFF HYNES	SR 17:21
3	21	TOMMY MCCANDLESS	SR 17:45
4	29	MATT DELSMAN	JR 18:50
5	33	LUKE FULLER	SR 19:26
6	(38)	DAVID LUKRICH	SR 20:15
7	(41)	MIKE ALLEN	JR 20:21

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TOP RUNNERS FOR EACH SCHOOL

(continued)

5. 139 SACRED HEART CATHEDRAL (18:44 93:40)

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1	17	JACK SHEPHERD	JR	17:36
2	27	HIDEKI SUSAKI	JR	18:13
3	28	KEVIN DECEOURSTY	SR	18:40
4	30	JACOB WERTZ	SR	19:06
5	37	NATHAN VILLANUEVA	JR	20:05
6	(40)	BRANDON CHAN	JR	20:16
7	(44)	NICK SLEPNIKOFF	JR	21:13

6. 160 ARCHBISHOP MITTY (19:15 96:14)

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1	24	ANDREW WERLING	JR	18:02
2	31	ROBERT THOMPSON	JR	19:16
3	34	CHRISTOPHER TOWER	SR	19:28
4	35	MATTHEW DUDLEY	JR	19:36
5	36	EVAN WU	JR	19:52
6	(47)	SCOTT SHERWOOD	JR	22:23
7	(49)	MATTHEW MOFFAT	JR	26:21

7. 201 ARCHBISHOP RIORDAN (20:30 102:26)

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1	32	PHILLIP PHAM	SR	19:23
2	39	ALEX PHAN	SR	20:15
3	42	STEPHEN HERRMANN	JR	20:44
4	43	FRANKIE WONG	JR	20:45
5	45	BUSH LAI	SR	21:19
6	(46)	BRIAN ALCANTARA	SR	21:32
7	(48)	PATRICK VU	JR	24:37

8. INC VALLEY CHRISTIAN (INC)

=====

1	56	RICARDO SARABIA	SR	19:43
2	58	EDISON PARK	SR	19:59
3	76	AARON WALLS	SR	21:23

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October 21st, 2004

TOP 30 FINSHERS

Place	Name	Yr	High School	Bjv	Pace
1	KEVIN AGUIRRE	JR	ST. IGNATIUS	16:11	6:00
2	PAUL ZMUDA	JR	ST. IGNATIUS	16:16	6:02
3	DAVID PARKER	JR	SERRA	16:29	6:07
4	WILL FENNIE	SR	ST. IGNATIUS	16:30	6:07
5	JD SMILEY	JR	SERRA	16:36	6:09
6	STEVEN POWELL	JR	SERRA	16:37	6:09
7	ALEX LONDON	JR	SERRA	16:38	6:10
8	BRET DONNELLY	SR	BELLARMINE	16:53	6:15
9	JP RASTRULLO	JR	SERRA	16:54	6:16
10	IAN RANDOLPH	JR	ST. IGNATIUS	16:58	6:17
11	JAMES THOMAS	SR	SERRA	17:00	6:18
12	ANDREW WILLIS	JR	BELLARMINE	17:03	6:19
13	KEN MCCANDLESS	SR	ST. FRANCIS	17:14	6:23
14	JEFF HYNES	SR	ST. FRANCIS	17:21	6:26
15	ERIK VANESS	JR	SERRA	17:26	6:28
16	VINOD KAMATH	SR	SERRA	17:28	6:28
17	BOBBY CARROLL	JR	BELLARMINE	17:33	6:30
18	DANIEL HARKIN	JR	SERRA	17:33	6:30
19	JACK SHEPHERD	JR	SHC	17:36	6:31
20	OSCAR ROQUE	JR	ST. IGNATIUS	17:37	6:32
21	ANDREW LIM	JR	BELLARMINE	17:41	6:33
22	BRETT LANDO	JR	ST. IGNATIUS	17:41	6:33
23	TOMMY MCCANDLESS	SR	ST. FRANCIS	17:45	6:35
24	TIM WATTERSON	JR	SERRA	17:47	6:35
25	JOE DICKERSON	JR	BELLARMINE	17:50	6:37
26	CHRIS DAVIS	JR	BELLARMINE	17:54	6:38
27	ADAM LEE	JR	SERRA	18:00	6:40
28	ANDREW WERLING	JR	MITTY	18:02	6:41
29	HISHAM DAHUD	JR	SERRA	18:06	6:43
30	ALEXANDER SPORCK	JR	BELLARMINE	18:09	6:43
31	MICHAEL DIGRANDE	SR	ST. IGNATIUS	18:09	6:44
32	JASON WEN	SO	ST. IGNATIUS	18:12	6:45
33	HIDEKI SUSAKI	JR	SHC	18:13	6:45
34	CHRIS LAWRENCE	SR	BELLARMINE	18:14	6:46