

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 28th, 2004

### JUNIOR VARSITY STANDINGS

	<u>Points</u>
Junipero Serra	15
Saint Ignatius	15
Bellarmino	12
Saint Francis	10
Sacred Heart Cathedral	8
Archbishop Mitty	6
Archbishop Riordan	4
Valley Christian	-

### THIS WEEKS RESULTS

**Host:** Saint Ignatius      **Date:** October 27th  
**Distance:** 3.1 miles      **At:** Polo Fields      **Level:** Junior Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	22	8
Junipero Serra	41	7
Bellarmino	89	6
Saint Francis	108	5
Sacred Heart Cathedral	142	4
Archbishop Mitty	169	3
Archbishop Riordan	186	2
Valley Christian	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Kevin Aguirre	St Ignt	17:53
2 Paul Zmuda	St Ignt	17:58
3 Luke Pulaski	St Ignt	18:14
4 Will Fennie	St Ignt	18:16
5 David Parker	Serra	18:17
6 Jeff Hynes	St Fran	18:22
7 James Thomas	Serra	18:23
8 J. D. Smiley	Serra	18:24
9 Andrew Willis	Bell	18:28
10 Tim Watterson	Serra	18:29

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 28th, 2004

### TOP RUNNERS FOR EACH SCHOOL

1. 22 **ST. IGNATIUS** (18:12 90:58)

=====

1	1	KEVIN AGUIRRE	JR 17:53
2	2	PAUL ZMUDA	JR 17:58
3	3	LUKE PULASKI	JR 18:14
4	4	WILL FENNIE	SR 18:16
5	12	IAN RANDOLPH	JR 18:37
6	( 17)	TOM SHANAHAN	JR 19:05
7	( 21)	OSCAR ROQUE	JR 19:26

2. 41 **JUNIPERO SERRA** (18:25 92:05)

=====

1	5	DAVID PARKER	JR 18:17
2	7	JAMES THOMAS	SR 18:23
3	8	JD SMILEY	JR 18:24
4	10	TIM WATTERSON	JR 18:29
5	11	ALEX LONDON	JR 18:32
6	( 13)	STEVEN POWELL	JR 18:46
7	( 16)	JP RASTRULLO	JR 19:04

3. 89 **BELLARMINE** (19:13 96:02)

=====

1	9	ANDREW WILLIS	JR 18:28
2	14	BOBBY CARROLL	JR 18:52
3	20	CHRIS DAVIS	JR 19:24
4	22	ANDREW LIM	JR 19:34
5	24	JOE CORPUZ	JR 19:44
6	( 25)	ALEXANDER SPORCK	JR 19:51
7	( 26)	JOE DICKERSON	JR 20:05

4. 108 **ST. FRANCIS** (19:46 98:46)

=====

1	6	JEFF HYNES	SR 18:22
2	15	KEN MCCANDLESS	SR 18:55
3	19	TOMMY MCCANDLESS	SR 19:17
4	33	DOUG ROCHE	SR 20:59
5	35	MATT DELSMAN	JR 21:13
6	( 36)	LUKE FULLER	SR 21:27
7	( 38)	BRIAN SHERILL	SR 21:56

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### TOP RUNNERS FOR EACH SCHOOL

( continued )

5. 142 SACRED HEART CATHEDRAL (20:25 102:05)

=====

1	18	JACK SHEPHERD	JR	19:16
2	27	HIDEKI SUSAKI	JR	20:08
3	28	NATHAN VILLANUEVA	JR	20:15
4	29	KEVIN DECEOURSTY	SR	20:20
5	40	JACOB WERTZ	SR	22:06
6	( 43 )	NICK SLEPNIKOFF	JR	22:22
7	( 45 )	JASON LEE	JR	23:44

6. 169 ARCHBISHOP MITTY (21:29 107:25)

=====

1	23	ANDREW WERLING	JR	19:38
2	31	CHRISTOPHER TOWER	SR	20:31
3	32	ROBERT THOMPSON	JR	20:40
4	37	MATTHEW DUDLEY	JR	21:40
5	46	EVAN WU	JR	24:56
6	( 48 )	MATTHEW MOFFAT	JR	27:50

7. 186 ARCHBISHOP RIORDAN (21:37 108:01)

=====

1	30	ALEX PHAN	SR	20:26
2	34	PHILLIP PHAM	SR	21:08
3	39	BRIAN ALCANTARA	SR	22:01
4	41	STEPHEN HERRMANN	JR	22:07
5	42	FRANKIE WONG	JR	22:19
6	( 44 )	BUSH LAI	SR	23:31
7	( 47 )	ALAN LEE	JR	27:06

8. INC VALLEY CHRISTIAN (INC)

=====

1	49	MATT MEYER	FR	20:43
2	52	RICARDO SARABIA	SR	21:07
3	76	AARON WALLS	SR	23:35
4	82	DANNIEL HANNAH	FR	26:44

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 28th, 2004

### TOP 30 FINSHERS

Place	Name	Yr	High School	Bjv	Pace
1	KEVIN AGUIRRE	JR	ST. IGNATIUS	17:53	5:46
2	PAUL ZMUDA	JR	ST. IGNATIUS	17:58	5:48
3	LUKE PULASKI	JR	ST. IGNATIUS	18:14	5:53
4	WILL FENNIE	SR	ST. IGNATIUS	18:16	5:54
5	DAVID PARKER	JR	SERRA	18:17	5:54
6	JEFF HYNES	SR	ST. FRANCIS	18:22	5:56
7	JAMES THOMAS	SR	SERRA	18:23	5:56
8	JD SMILEY	JR	SERRA	18:24	5:57
9	ANDREW WILLIS	JR	BELLARMINE	18:28	5:58
10	TIM WATTERSON	JR	SERRA	18:29	5:58
11	ALEX LONDON	JR	SERRA	18:32	5:59
12	IAN RANDOLPH	JR	ST. IGNATIUS	18:37	6:01
13	STEVEN POWELL	JR	SERRA	18:46	6:04
14	BOBBY CARROLL	JR	BELLARMINE	18:52	6:06
15	KEN MCCANDLESS	SR	ST. FRANCIS	18:55	6:06
16	JP RASTRULLO	JR	SERRA	19:04	6:09
17	TOM SHANAHAN	JR	ST. IGNATIUS	19:05	6:10
18	JACK SHEPHERD	JR	SHC	19:16	6:13
19	TOMMY MCCANDLESS	SR	ST. FRANCIS	19:17	6:14
20	ERIK VANESS	JR	SERRA	19:18	6:14
21	DANIEL HARKIN	JR	SERRA	19:18	6:14
22	CHRIS DAVIS	JR	BELLARMINE	19:24	6:16
23	OSCAR ROQUE	JR	ST. IGNATIUS	19:26	6:16
24	VINOD KAMATH	SR	SERRA	19:30	6:18
25	ANDREW LIM	JR	BELLARMINE	19:34	6:19
26	ANDREW WERLING	JR	MITTY	19:38	6:20
27	JOE CORPUZ	JR	BELLARMINE	19:44	6:22
28	HISHAM DAHUD	JR	SERRA	19:46	6:23
29	ADAM LEE	JR	SERRA	19:47	6:23
30	ALEXANDER SPORCK	JR	BELLARMINE	19:51	6:24
31	BRETT LANDO	JR	ST. IGNATIUS	19:56	6:26
32	CHRIS HOFFMAN	JR	ST. IGNATIUS	19:59	6:27