

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart
Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

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Pat Segurson Statistician

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E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

October 28th, 2004

VARSIITY STANDINGS

	<u>Points</u>
Junipero Serra	15
Saint Francis	15
Saint Ignatius	12
Bellarmino	10
Sacred Heart Cathedral	7
Archbishop Mitty	7
Archbishop Riordan	4
Valley Christian	2

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Francis	46	8
Junipero Serra	47	7
Saint Ignatius	64	6
Bellarmino	81	5
Archbishop Mitty	122	4
Sacred Heart Cathedral	165	3
Archbishop Riordan	183	2
Valley Christian	238	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Paul Nedeau	St Ignt	16:23
2 Ben Sitler	St Fran	16:24
3 Kareem Barghouti	Serra	16:29
4 Danny Smith	Bell	16:45
5 Brian Fisher	St Fran	16:52
6 Nicholas Alvarado	St Ignt	16:53
7 Robert Alvarado	St Ignt	16:59
8 Sam Pompei	St Fran	17:05
9 Robert Broderick	Serra	17:09

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JUNIOR VARSITY STANDINGS

	<u>Points</u>
Junipero Serra	15
Saint Ignatius	15
Bellarmino	12
Saint Francis	10
Sacred Heart Cathedral	8
Archbishop Mitty	6
Archbishop Riordan	4
Valley Christian	-

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Junior Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	22	8
Junipero Serra	41	7
Bellarmino	89	6
Saint Francis	108	5
Sacred Heart Cathedral	142	4
Archbishop Mitty	169	3
Archbishop Riordan	186	2
Valley Christian	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Kevin Aguirre	St Ignt	17:53
2 Paul Zmuda	St Ignt	17:58
3 Luke Pulaski	St Ignt	18:14
4 Will Fennie	St Ignt	18:16
5 David Parker	Serra	18:17
6 Jeff Hynes	St Fran	18:22
7 James Thomas	Serra	18:23
8 J. D. Smiley	Serra	18:24
9 Andrew Willis	Bell	18:28
10 Tim Watterson	Serra	18:29

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SOPHOMORE STANDINGS

	<u>Points</u>
Saint Ignatius	14
Saint Francis	11
Junipero Serra	11
Bellarmino	8
Sacred Heart Cathedral	6
Archbishop Mitty	4
Archbishop Riordan	2

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Sophomore

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	37	7
Junipero Serra	49	6
Saint Francis	74	5
Bellarmino	90	4
Sacred Heart Cathedral	143	3
Archbishop Mitty	153	2
Archbishop Riordan	182	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Matt Snyder	St Ignt	17:44
2 David Polhemus	St Ignt	18:06
3 Eric Baum	Bell	18:12
4 Gino Leonio	Serra	18:18
5 Kevin Murphy	St Fran	18:18
6 Anthony Hu	Serra	18:22
7 Bobby McCarthy	Serra	18:24
8 Casey Roche	St Fran	18:29
9 Philip Pompei	St Fran	18:31

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October 28th, 2004

FRESHMAN STANDINGS

	<u>Points</u>
Junipero Serra	15
Saint Ignatius	12
Bellarmino	12
Saint Francis	9
Archbishop Mitty	6
Sacred Heart Cathedral	6
Archbishop Riordan	2
Valley Christian	-

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Freshman

<u>School</u>	<u>Score</u>	<u>Points</u>
Junipero Serra	25	7
Bellarmino	45	6
Saint Ignatius	67	5
Saint Francis	122	4
Sacred Heart Cathedral	138	3
Archbishop Mitty	141	2
Archbishop Riordan	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 John Hietter	St Ignt	18:20
2 Patrick Sullivan	Serra	18:26
3 Kyle Hillebrecht	Bell	18:36
4 Cole Jones	Serra	18:37
5 Myles Swanton	Serra	18:40
6 Dominic Chelini	Serra	18:47
7 David Page	Mitty	18:54
8 Christopher Yarran	Serra	19:01
9 Andrew Fabian	Bell	19:04

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TOP VARSITY RUNNERS FOR EACH SCHOOL

1.	46	ST. FRANCIS	(17:03 85:12)
=====			
1	2	BEN SITLER	JR 16:24
2	5	BRIAN FISHER	SR 16:52
3	8	SAM POMPEI	JR 17:05
4	14	ALEX BLEASE	SO 17:21
5	17	KYLE STEWART	SO 17:30
6	(29)	MIKE ROHRS	SR 18:05
7	(34)	ERIC JOHNSON	JR 18:22
2.	47	JUNIPERO SERRA	(17:07 85:31)
=====			
1	3	KAREEM BARGHOUTI	SR 16:29
2	9	ROBERT BRODERICK	SO 17:09
3	10	STEVEN BORG	JR 17:15
4	12	CARLOS RAMIREZ	SR 17:18
5	13	MICHAEL BORG	JR 17:20
6	(20)	RUSSELL MEGOWAN	JR 17:36
7	(21)	JASON CHORPENING	JR 17:41
3.	64	ST. IGNATIUS	(17:14 86:08)
=====			
1	1	PAUL NEDEAU	SR 16:23
2	6	NICHOLAS ALVARADO	JR 16:53
3	7	ROBERT ALVARADO	JR 16:59
4	24	MATT PECK	SR 17:54
5	26	DANIEL HARRINGTON	JR 17:59
6	(30)	DANIEL MORTHOLE	JR 18:09

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TOP VARSITY RUNNERS FOR EACH SCHOOL

(continued)

4.	81	BELLARMINE	(17:28 87:17)
=====			
1	4	DANNY SMITH	SR 16:45
2	11	MATT BEJAR	JR 17:16
3	19	BRIAN BENSCH	SR 17:36
4	22	COLBY MOORE	JR 17:43
5	25	ANDREW HARADA	JR 17:57
6	(28)	KYLE WULFF	JR 18:04
7	(36)	BRET DONNELLY	SR 18:29
5.	122	ARCHBISHOP MITTY	(17:54 89:27)
=====			
1	15	MICHAEL HERNANDEZ	JR 17:27
2	16	MENSO DEJONG	SO 17:29
3	23	KYLE CRONIN	SO 17:45
4	33	JOSEPH HORIUCHI	JR 18:18
5	35	KYLE UEUNTEN	JR 18:28
6	(41)	BRIAN DUNLAY	SO 19:03
7	(50)	BEN GRINGERI	JR 20:45
6.	165	SACRED HEART CATHEDRAL	(18:29 92:21)
=====			
1	18	NICHOLAS CANNATA-BOWMAN	SO 17:32
2	27	BRIAN CONWAY	SR 18:01
3	38	ETHAN WICKLUND	SO 18:46
4	40	JOSHUA LING	JR 18:58
5	42	BRYAN TOLENTINO	JR 19:04
6	(46)	EDDIE HYNSON	JR 19:43

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TOP VARSITY RUNNERS FOR EACH SCHOOL

(continued)

7.	183	ARCHBISHOP RIORDAN	(18:42 93:26)
=====			
1	31	NATHANIEL CALHOUN	FR 18:11
2	32	ALEJANDRO MURILLO	SO 18:14
3	37	JESUS RAMIREZ	SO 18:37
4	39	ABEL ESQUIVEL	SO 18:49
5	44	ADAM MUNGIA	SR 19:35
6	(45)	CHRIS CORGAS	JR 19:42
8.	238	VALLEY CHRISTIAN	(20:15 101:11)
=====			
1	43	JUSTIN CATES	SR 19:09
2	47	KENNY GUERTIN	SR 20:00
3	48	KOLE TANOUYE	JR 20:32
4	49	ANDREW JOY	FR 20:40
5	51	JUSTIN KLEIN	SR 20:50
6	(52)	SCOTT CONNOLLY	SO 21:06
7	(53)	EDISON PARK	SR 22:18

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TOP 30 VARSITY FINSHERS

Place	Name	Yr	High School	Bvar	Pace
1	PAUL NEDEAU	SR	ST. IGNATIUS	16:23	5:18
2	BEN SITLER	JR	ST. FRANCIS	16:24	5:18
3	KAREEM BARGHOUTI	SR	SERRA	16:29	5:19
4	DANNY SMITH	SR	BELLARMINE	16:45	5:24
5	BRIAN FISHER	SR	ST. FRANCIS	16:52	5:27
6	NICHOLAS ALVARADO	JR	ST. IGNATIUS	16:53	5:27
7	ROBERT ALVARADO	JR	ST. IGNATIUS	16:59	5:29
8	SAM POMPEI	JR	ST. FRANCIS	17:05	5:31
9	ROBERT BRODERICK	SO	SERRA	17:09	5:32
10	STEVEN BORG	JR	SERRA	17:15	5:34
11	MATT BEJAR	JR	BELLARMINE	17:16	5:35
12	CARLOS RAMIREZ	SR	SERRA	17:18	5:35
13	MICHAEL BORG	JR	SERRA	17:20	5:36
14	ALEX BLEASE	SO	ST. FRANCIS	17:21	5:36
15	MICHAEL HERNANDEZ	JR	MITTY	17:27	5:38
16	MENSO DEJONG	SO	MITTY	17:29	5:39
17	KYLE STEWART	SO	ST. FRANCIS	17:30	5:39
18	NICHOLAS CANNATA-B	SO	SHC	17:32	5:40
19	BRIAN BENSCH	SR	BELLARMINE	17:36	5:41
20	RUSSELL MEGOWAN	JR	SERRA	17:36	5:41
21	JASON CHORPENING	JR	SERRA	17:41	5:43
22	COLBY MOORE	JR	BELLARMINE	17:43	5:43
23	KYLE CRONIN	SO	MITTY	17:45	5:44
24	MATT PECK	SR	ST. IGNATIUS	17:54	5:47
25	ANDREW HARADA	JR	BELLARMINE	17:57	5:48
26	DANIEL HARRINGTON	JR	ST. IGNATIUS	17:59	5:48
27	BRIAN CONWAY	SR	SHC	18:01	5:49
28	KYLE WULFF	JR	BELLARMINE	18:04	5:50
29	MIKE ROHRS	SR	ST. FRANCIS	18:05	5:50
30	DANIEL MORTHOLE	JR	ST. IGNATIUS	18:09	5:52
31	NATHANIEL CALHOUN	FR	RIORDAN	18:11	5:52
32	ALEJANDRO MURILLO	SO	RIORDAN	18:14	5:53
33	JOSEPH HORIUCHI	JR	MITTY	18:18	5:54