

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

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E-Mail: [WCALstatman@prodigy.net](mailto:WCALstatman@prodigy.net)

## W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

### VARSIITY STANDINGS

	<u>Points</u>
Saint Ignatius	8
Archbishop Mitty	7
Sacred Heart Cathedral	6
Saint Francis	5
Presentation	4
Sacred Heart Prep	3
Notre Dame	2
Valley Christian	1

### THIS WEEKS RESULTS

**Host:** Bellarmine      **Date:** October 20th  
**Distance:** 2.7 miles      **At:** Alum Rock Park      **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	45	8
Archbishop Mitty	62	7
Sacred Heart Cathedral	82	6
Saint Francis	88	5
Presentation	110	4
Sacred Heart Prep	176	3
Notre Dame	178	2
Valley Christian	219	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 McKayla Plank	Mitty	17:02
2 Ciara Viehweg	St Ignt	17:22
3 Renisha Robinson	Mitty	17:48
4 Smantha Smiley	Ntr Dame	18:03
5 Zoe Unruh	St Ignt	18:21
6 Ryan McCauley	St Ignt	18:31
7 Kari Laux	Mitty	18:44
8 Lexie Reynolds	St Fran	18:45
9 Rachel Giovannetti	S. H. C.	18:47
10 Jaclyn Flynn	S. H. C.	18:52

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

### JUNIOR VARSITY STANDINGS

	<u>Points</u>
Saint Ignatius	7
Saint Francis	6
Archbishop Mitty	5
Presentation	4
Notre Dame	3
Sacred Heart Cathedral	2
Valley Christian	1

### THIS WEEKS RESULTS

**Host:** Bellarmine

**Date:** October 20th

**Distance:** 2.7 miles

**At:** Alum Rock Park

**Level:** Junior Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	19	7
Saint Francis	51	6
Archbishop Mitty	86	5
Presentation	93	4
Notre Dame	144	3
Sacred Heart Cathedral	168	2
Valley Christian	214	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Hunter Fairman	St Ignt	19:46
2 Maichelle Roemer	St Fran	19:53
3 Lauren Griffin	St Ignt	19:54
4 J. J. Fritz	St Ignt	19:57
5 Kelly Davenport	St Ignt	20:13
6 Annie Lee	St Ignt	20:19
7 Addie Cuneo	St Ignt	20:35
8 Melissa Tran	St Fran	20:45
9 Kathleen Gray	Presntn	20:50
10 Morgan Trujillo	Mitty	20:57

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

### FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	5
Saint Francis	4
Sacred Heart Cathedral	3
Presentation	2
Archbishop Mitty	-

### THIS WEEKS RESULTS

**Host:** Bellarmine      **Date:** October 20th  
**Distance:** 2.7 miles      **At:** Alum Rock Park      **Level:** Freshman

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	25	5
Saint Francis	45	4
Sacred Heart Cathedral	73	3
Presentation	100	2
Archbishop Mitty	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Michaela Costello	St Ignt	20:24
2 Ali Bo	St Fran	20:50
3 Andi Bo	St Fran	21:00
4 Zoe Molke	St Ignt	21:11
5 Abby Shapiro	St Ignt	21:29
6 Madeline McDonnell	St Ignt	21:39
7 Lisa Doherty	S. H. C.	21:45
8 Alexandra Zellner	Presntn	21:48
9 Zoe Seher	St Ignt	22:01
10 Bianca Manalansan	St Ignt	22:08

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## W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2004

### TOP VARSITY RUNNERS FOR EACH SCHOOL

1. 45 **ST. IGNATIUS** (18:32 92:39)

=====

1	2	CIARA VIEHWEG	SR	17:22
2	5	ZOE UNRUH	JR	18:21
3	6	RYAN MCCAULEY	SR	18:31
4	12	MEGHAN MULLEN	SR	18:55
5	20	BRIANNA LOUGHRIDGE	SR	19:30
6	( 22)	JENNY POWER	SR	19:40
7	( 23)	ALICE HOBBS	JR	19:42

2. 62 **ARCHBISHOP MITTY** (18:37 93:02)

=====

1	1	MCKAYLA PLANK	SR	17:02
2	3	RENISHA ROBINSON	SO	17:48
3	7	KARI LAUX	SO	18:44
4	25	AISHA LOTT	FR	19:43
5	26	STEPHANIE WILSON	JR	19:45
6	( 32)	MARY SHAFFER	SO	20:32
7	( 34)	DANIELLE DENATALE	SR	20:45

3. 82 **SACRED HEART CATHEDRAL** (19:15 96:15)

=====

1	9	RACHEL GIOVANNETTI	SR	18:47
2	10	JACLYN FLYNN	FR	18:52
3	13	RHIANNON CADELINIA	SR	18:57
4	17	NATALIE MARTINEZ	SR	19:04
5	33	HELENA SILVA	SR	20:35
6	( 38)	KIM PACATTE	SR	21:11
7	( 39)	BERNADETTE FRIAS	SR	21:13

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### TOP VARSITY RUNNERS FOR EACH SCHOOL

( continued )

4. 88 **ST. FRANCIS** (19:17 96:21)

=====

1	8	LEXIE REYNOLDS	JR	18:45
2	11	SHELBY GOLAN	FR	18:54
3	16	CASSIE CAMILLERI	JR	19:01
4	24	ALYSSA ARVIN	FR	19:42
5	29	ALISON HART	SO	19:59
6	( 30 )	ALEXIS PEREZ	FR	20:13
7	( 31 )	COURTNEY BIBB	SO	20:24

5. 110 **PRESENTATION** (19:32 97:36)

=====

1	15	KATHLEEN DAZZI	JR	18:59
2	19	LAUREN ALBIN	SR	19:21
3	21	JORDAN FILLMORE	FR	19:34
4	27	REBECCA KOFMAN	FR	19:51
5	28	MEGAN DUNNE	SO	19:51
6	( 35 )	LAUREN RUIZ	SO	20:54
7	( 36 )	KATIE WALLACE	JR	21:03

6. 176 **SACRED HEART PREP** (21:39 108:14)

=====

1	14	BIANCA MOISEFF	SO	18:58
2	18	CATHERINE CHUTER	SR	19:05
3	41	CHARLOTTE CHUTER	JR	21:28
4	50	CHRISTINA RAMSAY	SO	23:17
5	53	ANNA PAUSTENBACH	SO	25:26
6	( 54 )	ASHLEY URBAN	FR	25:31

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### TOP VARSITY RUNNERS FOR EACH SCHOOL

( continued )

7. 178 **NOTRE DAME** (21:08 105:37)

=====

1	4	SAMANTHA SMILEY	FR	18:03
2	40	CRISSY DEOCAMPO	JR	21:19
3	42	KELSEY JOHNSON	FR	21:32
4	45	EMMA ARMSTRONG	JR	22:12
5	47	SAMANTHA PRASAD	SO	22:31
6	( 48 )	CATIE HAGMAN	JR	23:04

8. 219 **VALLEY CHRISTIAN** (21:58 109:47)

=====

1	37	DAWN TISDELL	FR	21:10
2	43	PRISCILLA FLORES	FR	21:35
3	44	MARISOL SARABIA	SR	21:40
4	46	ALLISON CHAMBLISS	FR	22:15
5	49	ALEX FARROKHIAN	SR	23:07
6	( 51 )	RACHEL O'HARRA	SR	23:21
7	( 52 )	KYLIE GIFFORD	SO	23:41

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## W. C. A. L. CROSS COUNTRY STANDINGS

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### TOP 30 VARSITY FINSHERS

Place	Name	Yr	High School	Gvar	Pace
1	MCKAYLA PLANK	SR	MITTY	17:02	6:19
2	CIARA VIEHWEG	SR	ST. IGNATIUS	17:22	6:26
3	RENISHA ROBINSON	SO	MITTY	17:48	6:36
4	SAMANTHA SMILEY	FR	NOTRE DAME-BEL	18:03	6:41
5	ZOE UNRUH	JR	ST. IGNATIUS	18:21	6:48
6	RYAN MCCAULEY	SR	ST. IGNATIUS	18:31	6:52
7	KARI LAUX	SO	MITTY	18:44	6:56
8	LEXIE REYNOLDS	JR	ST. FRANCIS	18:45	6:57
9	RACHEL GIOVANNETTI	SR	SHC	18:47	6:58
10	JACLYN FLYNN	FR	SHC	18:52	7:00
11	SHELBY GOLAN	FR	ST. FRANCIS	18:54	7:00
12	MEGHAN MULLEN	SR	ST. IGNATIUS	18:55	7:01
13	RHIANNON CADELINIA	SR	SHC	18:57	7:01
14	BIANCA MOISEFF	SO	SH PREP	18:58	7:02
15	KATHLEEN DAZZI	JR	PRESENTATION	18:59	7:02
16	CASSIE CAMILLERI	JR	ST. FRANCIS	19:01	7:03
17	NATALIE MARTINEZ	SR	SHC	19:04	7:04
18	CATHERINE CHUTER	SR	SH PREP	19:05	7:04
19	LAUREN ALBIN	SR	PRESENTATION	19:21	7:10
20	BRIANNA LOUGHRIDGE	SR	ST. IGNATIUS	19:30	7:14
21	JORDAN FILLMORE	FR	PRESENTATION	19:34	7:15
22	JENNY POWER	SR	ST. IGNATIUS	19:40	7:17
23	ALICE HOBBS	JR	ST. IGNATIUS	19:42	7:18
24	ALYSSA ARVIN	FR	ST. FRANCIS	19:42	7:18
25	AISHA LOTT	FR	MITTY	19:43	7:18
26	STEPHANIE WILSON	JR	MITTY	19:45	7:19
27	REBECCA KOFMAN	FR	PRESENTATION	19:51	7:21
28	MEGAN DUNNE	SO	PRESENTATION	19:51	7:21
29	ALISON HART	SO	ST. FRANCIS	19:59	7:24
30	ALEXIS PEREZ	FR	ST. FRANCIS	20:13	7:29