

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

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E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

October 28th, 2004

VARSIITY STANDINGS

	<u>Points</u>
Saint Ignatius	16
Archbishop Mitty	14
Sacred Heart Cathedral	12
Saint Francis	10
Presentation	8
Sacred Heart Prep	5
Notre Dame	5
Valley Christian	2

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	42	8
Archbishop Mitty	52	7
Sacred Heart Cathedral	87	6
Saint Francis	95	5
Presentation	100	4
Notre Dame	166	3
Sacred Heart Prep	200	2
Valley Christian	216	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 McKayla Plank	Mitty	18:40
2 Ciara Viehweg	St Ignt	18:57
3 Renisha Robinson	Mitty	19:43
4 Shelby Golan	St Fran	19:57
5 Samantha Smiley	Ntr Dame	20:08
6 Zoe Unruh	St Ignt	20:27
7 Meghan Mullen	St Ignt	20:34
8 Brianna Loughridge	St Ignt	20:38
9 Catherine Chuter	S. H. P.	20:40
10 Kathleen Dazzi	Presntn	20:40

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JUNIOR VARSITY STANDINGS

	<u>Points</u>
Saint Ignatius	14
Saint Francis	12
Archbishop Mitty	10
Presentation	8
Notre Dame	5
Sacred Heart Cathedral	5
Valley Christian	2

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Junior Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	18	7
Saint Francis	52	6
Archbishop Mitty	80	5
Presentation	95	4
Sacred Heart Cathedral	140	3
Notre Dame	163	2
Valley Christian	223	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Hunter Fairman	St Ignt	22:13
2 Lauren Griffin	St Ignt	22:13
3 J. J. Fritz	St Ignt	22:15
4 Jessica Yrani	St Ignt	22:30
5 Alexandra Meyer	Mitty	22:35
6 Melissa Tran	St Fran	22:36
7 Christina Condon	St Fran	22:41
8 Kelly Davenport	St Ignt	22:46
9 Morgan Trujillo	Mitty	22:57
10 Sarah Sherwood	Mitty	22:59
11 Romina Riener	Presntn	23:03

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FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	9
Saint Francis	7
Presentation	4
Sacred Heart Cathedral	3
Archbishop Mitty	-

THIS WEEKS RESULTS

Host: Saint Ignatius **Date:** October 27th
Distance: 3.1 miles **At:** Polo Fields **Level:** Freshman

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	22	4
Saint Francis	41	3
Presentation	76	2
Archbishop Mitty	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Michaela Costello	St Ignt	22:31
2 Ali Bo	St Fran	22:55
3 Zoe Molke	St Ignt	22:58
4 Andi Bo	St Fran	23:05
5 Morgan Campbell	St Ignt	23:12
6 Bianca Manalansan	St Ignt	23:20
7 Zoe Seher	St Ignt	23:21
8 Alexandra Zellner	Presntn	23:21
9 Madeline McDonnell	St Ignt	23:22
10 Ashmi Pathela	St Fran	23:22

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TOP VARSITY RUNNERS FOR EACH SCHOOL

1. 42 **ST. IGNATIUS** (20:22 101:48)
=====
- 1 2 CIARA VIEHWEG SR 18:57
- 2 6 ZOE UNRUH JR 20:27
- 3 7 MEGHAN MULLEN SR 20:34
- 4 8 BRIANNA LOUGHRIDGE SR 20:38
- 5 19 RYAN MCCAULEY SR 21:12
- 6 (22) ALICE HOBBS JR 21:33
- 7 (23) JENNY POWER SR 21:38

2. 52 **ARCHBISHOP MITTY** (20:19 101:31)
=====
- 1 1 MCKAYLA PLANK SR 18:40
- 2 3 RENISHA ROBINSON SO 19:43
- 3 11 KARI LAUX SO 20:44
- 4 17 STEPHANIE WILSON JR 21:06
- 5 20 AISHA LOTT FR 21:18
- 6 (31) DANIELLE DENATALE SR 22:38
- 7 (34) MARY SHAFFER SO 23:18

3. 87 **SACRED HEART CATHEDRAL** (21:17 106:24)
=====
- 1 13 RACHEL GIOVANNETTI SR 20:54
- 2 14 NATALIE MARTINEZ SR 20:59
- 3 15 JACLYN FLYNN FR 21:02
- 4 16 RHIANNON CADELINIA SR 21:02
- 5 29 HELENA SILVA SR 22:27
- 6 (33) KIM PACATTE SR 23:09
- 7 (37) LISA DOHERTY FR 23:38

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TOP VARSITY RUNNERS FOR EACH SCHOOL

(continued)

4. 95 **ST. FRANCIS** (21:16 106:20)

=====

1	4	SHELBY GOLAN	FR	19:57
2	18	MAICHELE ROEMER	SO	21:09
3	21	CASSIE CAMILLERI	JR	21:25
4	25	ALISON HART	SO	21:44
5	27	ALYSSA ARVIN	FR	22:05
6	(30)	ALEXIS PEREZ	FR	22:35

5. 100 **PRESENTATION** (21:29 107:24)

=====

1	10	KATHLEEN DAZZI	JR	20:40
2	12	LAUREN ALBIN	SR	20:47
3	24	JORDAN FILLMORE	FR	21:43
4	26	REBECCA KOFMAN	FR	21:55
5	28	KATIE WALLACE	JR	22:19
6	(32)	MEGAN DUNNE	SO	22:48
7	(35)	LAUREN RUIZ	SO	23:25

6. 166 **NOTRE DAME** (23:08 115:36)

=====

1	5	SAMANTHA SMILEY	FR	20:08
4	41	EMMA ARMSTRONG	JR	23:57
2	38	CRISSY DEOCAMPO	JR	23:42
5	42	KELSEY JOHNSON	FR	23:58
3	40	SAMANTHA PRASAD	SO	23:51
6	(44)	LIZZY NICE	JR	24:21

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TOP VARSITY RUNNERS FOR EACH SCHOOL

(continued)

7. 200 SACRED HEART PREP (25:02 125:10)

=====

1	9	CATHERINE CHUTER	SR	20:40
2	43	CHARLOTTE CHUTER	JR	24:18
3	45	CHRISTINA RAMSAY	SO	24:53
4	51	ASHLEY URBAN	FR	27:36
5	52	ANNA PAUSTENBACH	SO	27:43

8. 216 VALLEY CHRISTIAN (24:48 123:59)

=====

1	36	DAWN TISDELL	FR	23:33
2	39	MARISOL SARABIA	SR	23:48
3	46	ALLISON CHAMBLISS	FR	25:06
4	47	ALEX FARROKHIAN	SR	25:26
5	48	KYLIE GIFFORD	SO	26:06
6	(49)	RACHEL O'HARRA	SR	26:15
7	(50)	PRISCILLA FLORES	FR	26:25

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TOP 30 VARSITY FINSHERS

Place	Name	Yr	High School	Gvar	Pace
1	MCKAYLA PLANK	SR	MITTY	18:40	6:02
2	CIARA VIEHWEG	SR	ST. IGNATIUS	18:57	6:07
3	RENISHA ROBINSON	SO	MITTY	19:43	6:22
4	SHELBY GOLAN	FR	ST. FRANCIS	19:57	6:26
5	SAMANTHA SMILEY	FR	NOTRE DAME	20:08	6:30
6	ZOE UNRUH	JR	ST. IGNATIUS	20:27	6:36
7	MEGHAN MULLEN	SR	ST. IGNATIUS	20:34	6:39
8	BRIANNA LOUGHRIDGE	SR	ST. IGNATIUS	20:38	6:40
9	CATHERINE CHUTER	SR	SH PREP	20:40	6:40
10	KATHLEEN DAZZI	JR	PRESENTATION	20:40	6:40
11	KARI LAUX	SO	MITTY	20:44	6:42
12	LAUREN ALBIN	SR	PRESENTATION	20:47	6:43
13	RACHEL GIOVANNETTI	SR	SHC	20:54	6:45
14	NATALIE MARTINEZ	SR	SHC	20:59	6:47
15	JACLYN FLYNN	FR	SHC	21:02	6:47
16	RHIANNON CADELINIA	SR	SHC	21:02	6:48
17	STEPHANIE WILSON	JR	MITTY	21:06	6:49
18	MAICHELE ROEMER	SO	ST. FRANCIS	21:09	6:50
19	RYAN MCCAULEY	SR	ST. IGNATIUS	21:12	6:51
20	AISHA LOTT	FR	MITTY	21:18	6:53
21	CASSIE CAMILLERI	JR	ST. FRANCIS	21:25	6:55
22	ALICE HOBBS	JR	ST. IGNATIUS	21:33	6:57
23	JENNY POWER	SR	ST. IGNATIUS	21:38	6:59
24	JORDAN FILLMORE	FR	PRESENTATION	21:43	7:01
25	ALISON HART	SO	ST. FRANCIS	21:44	7:01
26	REBECCA KOFMAN	FR	PRESENTATION	21:55	7:04
27	ALYSSA ARVIN	FR	ST. FRANCIS	22:05	7:08
28	KATIE WALLACE	JR	PRESENTATION	22:19	7:12
29	HELENA SILVA	SR	SHC	22:27	7:15
30	ALEXIS PEREZ	FR	ST. FRANCIS	22:35	7:18
31	DANIELLE DENATALE	SR	MITTY	22:38	7:18
32	MEGAN DUNNE	SO	PRESENTATION	22:48	7:22