

# West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

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## W. C. A. L. CROSS COUNTRY STANDINGS

November 4th, 2004

### VARSIITY STANDINGS

	<u>Points</u>
Saint Ignatius	24
Archbishop Mitty	21
Sacred Heart Cathedral	18
Saint Francis	14
Presentation	13
Notre Dame	8
Sacred Heart Prep	5
Valley Christian	4

### THIS WEEKS RESULTS

**Host:** Junipero Serra      **Date:** November 3rd  
**Distance:** 2.95 miles      **At:** Crystal Springs      **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	34	8
Archbishop Mitty	54	7
Sacred Heart Cathedral	83	6
Presentation	96	5
Saint Francis	100	4
Notre Dame	156	3
Valley Christian	201	2
Sacred Heart Prep	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Ciara Viehweg	St Ignt	17:48
2 Mckayla Plank	Mitty	17:59
3 Renisha Robinson	Mitty	18:21
4 Zoe Unruh	St Ignt	19:10
5 Samantha Smiley	Ntr Dame	19:21
6 Meghan Mullen	St Ignt	19:22
7 Lauren Albin	Presntn	19:30
8 Brianna Loughridge	St Ignt	19:30
9 Kari Laux	Mitty	19:30

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## W. C. A. L. CROSS COUNTRY STANDINGS

November 4th, 2004

### JUNIOR VARSITY STANDINGS

	<u>Points</u>
Saint Ignatius	21
Saint Francis	18
Archbishop Mitty	15
Presentation	12
Sacred Heart Cathedral	8
Notre Dame	7
Valley Christian	3

### THIS WEEKS RESULTS

**Host:** Junipero Serra      **Date:** November 3rd  
**Distance:** 2.95 miles      **At:** Crystal Springs      **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	16	7
Saint Francis	52	6
Archbishop Mitty	97	5
Presentation	107	4
Sacred Heart Cathedral	113	3
Notre Dame	169	2
Valley Christian	225	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Hunter Fairman	St Ignt	21:02
2 Lauren Griffin	St Ignt	21:03
3 J. J. Fritz	St Ignt	21:03
4 Addie Cuneo	St Ignt	21:11
5 Courtney Bibb	St Fran	21:18
6 Jessica Yrani	St Ignt	21:21
7 Christina Condon	St Fran	21:23
8 Morgan Trujillo	Mitty	21:30
9 Cat Ferdon	St Ignt	21:44
10 Annie Lee	St Ignt	21:45

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## W. C. A. L. CROSS COUNTRY STANDINGS

November 4th, 2004

### FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	13
Saint Francis	10
Presentation	6
Sacred Heart Cathedral	3
Archbishop Mitty	-

### THIS WEEKS RESULTS

**Host:** Junipero Serra      **Date:** November 3rd  
**Distance:** 2.95 miles      **At:** Crystal Springs      **Level:** Varsity

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	20	4
Saint Francis	43	3
Presentation	81	2
Archbishop Mitty	INC	-

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Michaela Costello	St Ignt	20:51
2 Ali Bo	St Fran	20:56
3 Zoe Molke	St Ignt	21:34
4 Madeline McDonnell	St Ignt	21:47
5 Morgan Campbell	St Ignt	21:49
6 Ashmi Pathela	St Fran	21:58
7 Zoe Seher	St Ignt	22:12
8 Monica Coen	St Ignt	22:14
9 Karalen Morthole	St Ignt	22:18
10 Abby Shapiro	St Ignt	22:22

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## W. C. A. L. CROSS COUNTRY STANDINGS

November 5th, 2004

### TOP VARSITY RUNNERS FOR EACH SCHOOL

1.        34    **ST. IGNATIUS**            (19:11    95:52)  
=====
- 1        1    CIARA VIEHWEG            SR 17:48
- 2        4    ZOE UNRUH                JR 19:10
- 3        6    MEGHAN MULLEN         SR 19:22
- 4        8    BRIANNA LOUGHRIDGE    SR 19:30
- 5        15   RYAN MCCAULEY         SR 20:02
- 6        ( 18) JENNY POWER        SR 20:13
- 7        ( 22) ALICE HOBBS        JR 20:34
  
2.        54    **ARCHBISHOP MITTY**        (19:21    96:45)  
=====
- 1        2    MCKAYLA PLANK         SR 17:59
- 2        3    RENISHA ROBINSON      SO 18:21
- 3        9    KARI LAUX                SO 19:30
- 4        16   STEPHANIE WILSON      JR 20:03
- 5        24   AISHA LOTT              FR 20:52
- 6        ( 27) DANIELLE DENATALE   SR 21:02
- 7        ( 29) MARY SHAFFER        SO 21:15
  
3.        83    **SACRED HEART CATH.**      (20:12    101:00)  
=====
- 1        10   RACHEL GIOVANNETTI    SR 19:42
- 2        11   NATALIE MARTINEZ      SR 19:42
- 3        12   JACLYN FLYNN            FR 19:45
- 4        19   RHIANNON CADELINIA    SR 20:15
- 5        31   KIM PACATTE            SR 21:36
- 6        ( 36) BERNADETTE FRIAS     SR 22:19

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November 5th, 2004

### TOP VARSITY RUNNERS FOR EACH SCHOOL

( continued )

4. 96 **PRESENTATION** (20:28 102:18)

=====  
1 7 LAUREN ALBIN SR 19:30  
2 13 KATHLEEN DAZZI JR 19:55  
3 21 JORDAN FILLMORE FR 20:30  
4 25 KATIE WALLACE JR 20:56  
5 30 REBECCA KOFMAN FR 21:27  
6 ( 33 ) LAUREN RUIZ SO 21:52  
7 ( 35 ) ROMINA RIENER FR 22:14

5. 100 **ST. FRANCIS** (20:25 102:03)

=====  
1 14 LEXIE REYNOLDS JR 20:01  
2 17 CASSIE CAMILLERI JR 20:06  
3 20 MAICHELLE ROEMER SO 20:22  
4 23 ALISON HART SO 20:38  
5 26 ALYSSA ARVIN FR 20:56  
6 ( 28 ) ALEXIS PEREZ FR 21:03

6. 156 **NOTRE DAME** (21:56 109:36)

=====  
1 5 SAMANTHA SMILEY FR 19:21  
2 34 CRISSY DEOCAMPO JR 21:55  
3 38 KELSEY JOHNSON FR 22:39  
4 39 LIZZY NICE JR 22:47  
5 40 SAMANTHA PRASAD SO 22:54  
6 ( 41 ) SARAH CASTILLO FR 23:05  
7 ( 42 ) EMMA ARMSTRONG JR 23:09

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### TOP VARSITY RUNNERS FOR EACH SCHOOL

( continued )

7. 201 VALLEY CHRISTIAN (23:12 115:59)

=====

1	32	DAWN TISDELL	FR	21:41
2	37	MARISOL SARABIA	SR	22:21
3	43	PRISCILLA FLORES	FR	23:14
4	44	ALEX FARROKHIAN	SR	24:11
5	45	ALLISON CHAMBLISS	FR	24:32
6	( 46 )	RACHEL O'HARRA	SR	24:59
7	( 47 )	KYLIE GIFFORD	SO	25:02

8. INC SACRED HEART PREP (INC )

=====

1	14	CATHERINE CHUTER	SR	20:00
2	36	CHARLOTTE CHUTER	JR	22:08
3	46	CHRISTINA RAMSAY	SO	23:38
4	51	ANNA PAUSTENBACH	SO	25:50

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November 5th, 2004

### TOP 30 VARSITY FINISHERS

Place	Name	Yr	High School	Gvar	Pace
1	Ciara Viehweg	SR	ST. IGNATIUS	17:48	6:02
2	Mckayla Plank	SR	MITTY	17:59	6:06
3	Renisha Robinson	SO	MITTY	18:21	6:14
4	Zoe Unruh	JR	ST. IGNATIUS	19:10	6:30
5	Samantha Smiley	FR	NOTRE DAME-BEL	19:21	6:34
6	Meghan Mullen	SR	ST. IGNATIUS	19:22	6:34
7	Lauren Albin	SR	PRESENTATION	19:30	6:37
8	Brianna Loughridge	SR	ST. IGNATIUS	19:30	6:37
9	Kari Laux	SO	MITTY	19:30	6:37
10	Rachel Giovannetti	SR	SHC	19:42	6:41
11	Natalie Martinez	SR	SHC	19:42	6:41
12	Jaclyn Flynn	FR	SHC	19:45	6:42
13	Kathleen Dazzi	JR	PRESENTATION	19:55	6:46
14	Catherine Chuter	SR	SH PREP	20:00	6:47
15	Lexie Reynolds	JR	ST. FRANCIS	20:01	6:48
16	Ryan Mccauley	SR	ST. IGNATIUS	20:02	6:48
17	Stephanie Wilson	JR	MITTY	20:03	6:48
18	Cassie Camilleri	JR	ST. FRANCIS	20:06	6:49
19	Jenny Power	SR	ST. IGNATIUS	20:13	6:52
20	Rhiannon Cadelinia	SR	SHC	20:15	6:52
21	Maichelle Roemer	SO	ST. FRANCIS	20:22	6:54
22	Jordan Fillmore	FR	PRESENTATION	20:30	6:57
23	Alice Hobbs	JR	ST. IGNATIUS	20:34	6:59
24	Alison Hart	SO	ST. FRANCIS	20:38	7:00
25	Aisha Lott	FR	MITTY	20:52	7:05
26	Katie Wallace	JR	PRESENTATION	20:56	7:06
27	Alyssa Arvin	FR	ST. FRANCIS	20:56	7:06
28	Danielle Denatale	SR	MITTY	21:02	7:08
29	Alexis Perez	FR	ST. FRANCIS	21:03	7:08
30	Mary Shaffer	SO	MITTY	21:15	7:13