

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

Phone: 415 337-9172

FAX: 415 337-4529

E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2006

FRESHMAN STANDINGS

	<u>Points</u>
Saint Ignatius	6
Saint Francis	4
Archbishop Mitty	2

THIS WEEKS RESULTS

Host: Saint Francis **Date:** October 18th
Distance: 3.0 miles **At:** Shoreline Park **Level:** Freshman

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	24	3
Saint Francis	40	2
Archbishop Mitty	70	1

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Abby Otto	St Ignt	21:49
2 Shannon Richards	St Fran	22:00
3 Emily Tatum	St Ignt	22:11
4 Caroline Mack	St Fran	22:17
5 Maggie Gorwky	St Ignt	22:50
6 Catherine Ro Smith	St Fran	22:54
7 Chloe Doherty	St Ignt	22:56
8 Breniel Lemley	St Ignt	22:57
9 Sarah Bernosky	Mitty	23:02
10 Erin Murphy	St Ignt	23:15

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

Phone: 415 337-9172

FAX: 415 337-4529

E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2006

TOP RUNNERS FOR EACH SCHOOL

1. 24 **ST. IGNATIUS** (22:33 112:43)

=====

1	1	690	ABBY OTTO	9	21:49
2	3	711	EMILY TATUM	9	22:11
3	5	659	MAGGIE GORWKY	9	22:50
4	7	651	CHLOE DOHERTY	9	22:56
5	8	674	BRENIEL LEMLEY	9	22:57
6	(10)	685	ERIN MURPHY	9	23:15
7	(11)	700	ELISA SANTOS	9	23:41

2. 40 **ST. FRANCIS** (23:11 115:51)

=====

1	2	543	SHANNON RICHARDS	9	22:00
2	4	534	CAROLINE MACK	9	22:17
3	6	550	CATHERINE RO SMITH	9	22:54
4	13	521	KATHY DONG	9	24:06
5	15	548	NICOLE SAPERA	9	24:34
6	(16)	541	KAITLIN PHAM	9	25:24
7	(20)	524	POOJA GAJARE	9	26:48

3. 70 **ARCHBISHOP MITTY** (24:34 122:49)

=====

1	9	227	SARAH BERNOSKY	9	23:02
2	12	176	CHRISTINE CABRERA	9	23:52
3	14	205	MORGAN MCENERY	9	24:26
4	17	186	KATHERINE EDGE CUMBE	9	25:43
5	18	196	JASLYN JOHNSON	9	25:46
6	(19)	212	NICOLE TOMAMATSU	9	25:58
7	(21)	211	MARISSA ORTIZ	9	29:17

West Catholic Athletic League

Archbishop Mitty	Archbishop Riordan	Bellarmine	Junipero Serra	Notre Dame	Presentation
Sacred Heart Prep	Sacred Heart Cathedral	Saint Francis	Saint Ignatius	Valley Christian	

Ed Ravenscroft Commissioner

Phone: **(408) 782-9212**

FAX: **(408) 782-9202**

Pat Segurson Statistician

Phone: **415 337-9172**

FAX: **415 337-4529**

E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

October 21st, 2006

TOP 30 FINSHERS

Place	Name	Yr	High School	Gfros	Pace
=====	=====	==	=====	=====	=====
1	ABBY OTTO	9	ST. IGNATIUS	21:49	7:17
2	SHANNON RICHARDS	9	ST. FRANCIS	22:00	7:20
3	EMILY TATUM	9	ST. IGNATIUS	22:11	7:24
4	CAROLINE MACK	9	ST. FRANCIS	22:17	7:26
5	MAGGIE GORWKY	9	ST. IGNATIUS	22:50	7:37
6	CATHERINE RO SMITH	9	ST. FRANCIS	22:54	7:38
7	CHLOE DOHERTY	9	ST. IGNATIUS	22:56	7:39
8	BRENIEL LEMLEY	9	ST. IGNATIUS	22:57	7:39
9	SARAH BERNOSKY	9	MITTY	23:02	7:41
10	ERIN MURPHY	9	ST. IGNATIUS	23:15	7:45
11	ELISA SANTOS	9	ST. IGNATIUS	23:41	7:54
12	CHRISTINE CABRERA	9	MITTY	23:52	7:58
13	BRITTNEY MCCAHILL	9	ST. IGNATIUS	23:53	7:58
14	KATHY DONG	9	ST. FRANCIS	24:06	8:02
15	MORGAN MCENERY	9	MITTY	24:26	8:09
16	NICOLE SAPERA	9	ST. FRANCIS	24:34	8:12
17	CIARA DINEEN	9	ST. IGNATIUS	24:53	8:18
18	KAITLIN PHAM	9	ST. FRANCIS	25:24	8:28
19	KATHERINE EDGE CUMB	9	MITTY	25:43	8:35
20	JASLYN JOHNSON	9	MITTY	25:46	8:36
21	NICOLE TOMAMATSU	9	MITTY	25:58	8:40
22	TANYA SANDERSON	9	ST. IGNATIUS	26:36	8:52
23	POOJA GAJARE	9	ST. FRANCIS	26:48	8:56
24	KIRSTEN KOZLOVSKY	9	ST. FRANCIS	26:57	8:59
25	AISLING CASSIDY	9	ST. IGNATIUS	26:57	8:59
26	JANELLE CABUCO	9	ST. IGNATIUS	27:06	9:02
27	ANNIE WISEMAN	9	ST. FRANCIS	27:24	9:08
28	LETICIA SAMIEGO	9	ST. FRANCIS	27:32	9:11
29	ALEXANDRA MCDONALD	9	ST. FRANCIS	27:49	9:17
30	KATIE SWIFT	9	ST. IGNATIUS	27:51	9:17
31	GENEVA VOGELHEIM	9	ST. IGNATIUS	27:53	9:18