

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner
Phone: (408) 782-9212
· FAX: (408) 782-9202

Pat Segurson Statistician
Phone: 415 337-9172
· FAX: 415 337-4529
E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

November 4th, 2006

JUNIOR VARSITY STANDINGS

| | <u>Points</u> |
|------------------------|---------------|
| Saint Francis | 28.0 |
| Saint Ignatius | 24.0 |
| Presentation | 20.0 |
| Sacred Heart Cathedral | 15.0 |
| Archbishop Mitty | 13.0 |
| Notre Dame | 8.0 |
| Sacred Heart Prep | - |
| Valley Christian | - |

THIS WEEKS RESULTS

Host: Junipero Serra **Date:** November 1st
Distance: 2.95 miles **At:** Crystal Springs **Level:** Junior Varsity

| <u>School</u> | <u>Score</u> | <u>Points</u> |
|------------------------|--------------|---------------|
| Saint Francis | 24 | 14.0 |
| Saint Ignatius | 36 | 12.0 |
| Presentation | 93 | 10.0 |
| Sacred Heart Cathedral | 94 | 8.0 |
| Archbishop Mitty | 123 | 6.0 |
| Notre Dame | 178 | 4.0 |
| Sacred Heart Prep | INC | - |

| <u>Name of Runner</u> | <u>School</u> | <u>Time</u> |
|-----------------------|---------------|-------------|
| 1 Dakota Taylor | St Fran | 20:07 |
| 2 Annalyse Sheppard | St Ignt | 20:18 |
| 3 Monica Harnoto | St Fran | 20:49 |
| 4 Alyssa Arvin | St Fran | 21:06 |
| 5 Chelsea Nobriga | St Fran | 21:22 |
| 6 Jennifer Chau | Presntn | 21:28 |
| 7 Libby Paulsen | St Ignt | 21:40 |
| 8 Zoe Seher | St Ignt | 21:47 |
| 9 Katie Gandolfo | St Ignt | 21:51 |
| 10 Morgan Campbell | St Ignt | 21:51 |
| 11 Andi Bo | St Fran | 21:52 |
| 12 Natalie Buchwald | S. H. C. | 21:53 |

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November 4th, 2006

TOP RUNNERS FOR EACH SCHOOL

| | | | |
|-------|-------|---------------------------|----------------|
| 1. | 24 | ST. FRANCIS | (21:04 105:16) |
| ===== | | | |
| 1 | 1 | 553 DAKOTA TAYLOR | 10 20:07 |
| 2 | 3 | 531 MONICA HARNOTO | 10 20:49 |
| 3 | 4 | 514 ALYSSA ARVIN | 11 21:06 |
| 4 | 5 | 540 CHELSEA NOBRIGA | 10 21:22 |
| 5 | 11 | 517 ANDI BO | 11 21:52 |
| 6 | (13) | 546 EDIE RICHARSON | 11 22:01 |
| 7 | (16) | 516 ALI BO | 11 22:06 |
| 2. | 36 | ST. IGNATIUS | (21:30 107:27) |
| ===== | | | |
| 1 | 2 | 707 ANNALYSE SHEPPARD | 10 20:18 |
| 2 | 7 | 695 LIBBY PAULSEN | 10 21:40 |
| 3 | 8 | 703 ZOE SEHER | 11 21:47 |
| 4 | 9 | 659 KATIE GANDOLFO | 10 21:51 |
| 5 | 10 | 640 MORGAN CAMPBELL | 11 21:51 |
| 6 | (17) | 683 ZOE MOLKE | 11 22:07 |
| 7 | (19) | 671 KATE KAUFFMAN | 11 22:13 |
| 3. | 93 | PRESENTATION | (22:25 112:01) |
| ===== | | | |
| 1 | 6 | 271 JENNIFER CHAU | 11 21:28 |
| 2 | 14 | 304 LYNN WILSON | 12 22:04 |
| 3 | 21 | 274 MICHELLE D'ARPINO | 11 22:29 |
| 4 | 23 | 275 ANNALISE DELANO | 9 22:48 |
| 5 | 29 | 270 MICHELE CALLAWAY | 11 23:12 |
| 6 | (30) | 269 CATHERINE BISSON | 10 23:17 |
| 7 | (31) | 291 ALI NASH | 10 23:23 |
| 4. | 94 | SACRED HEART CATH. | (22:22 111:49) |
| ===== | | | |
| 1 | 12 | 441 NATALIE BUCHWALD | 11 21:53 |
| 2 | 15 | 443 STEPHANIE COSTA | 11 22:05 |
| 3 | 18 | 464 MARIAN SHIVELY | 9 22:08 |
| 4 | 24 | 445 CASSANDRA DEVLIN | 10 22:51 |
| 5 | 25 | 458 EKEKELA NOVERO | 9 22:52 |
| 6 | (39) | 452 TAMMIA HUBBARD | 10 24:15 |
| 7 | (41) | 455 ANGELA LOSA | 12 24:45 |

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November 4th, 2006

TOP RUNNERS FOR EACH SCHOOL

(continued)

5. 123 **ARCHBISHOP MITTY** (22:54 114:27)

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| | | | | | |
|---|--------|-----|-------------------|----|-------|
| 1 | 20 | 215 | DARCY PICKETT | 10 | 22:28 |
| 2 | 22 | 221 | ASHLEY SEYMOUR | 11 | 22:45 |
| 3 | 26 | 189 | ELIZABETH EILBERT | 10 | 22:58 |
| 4 | 27 | 187 | STEPHANIE EANEFF | 12 | 23:05 |
| 5 | 28 | 191 | JULIE GALLI | 12 | 23:11 |
| 6 | (32) | 192 | ALEXANDRA GRECO | 12 | 23:40 |
| 7 | (35) | 210 | ANNE NALESNIK | 10 | 23:57 |

6. 178 **NOTRE DAME** (23:59 119:53)

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| | | | | | |
|---|--------|-----|----------------|----|-------|
| 1 | 33 | 262 | RAQUEL ROQUE | 11 | 23:43 |
| 2 | 34 | 250 | KATHLEEN HOWE | 9 | 23:44 |
| 3 | 36 | 256 | ANNE MCGEE | 11 | 24:04 |
| 4 | 37 | 233 | LIA ARMSTRONG | 11 | 24:09 |
| 5 | 38 | 253 | JEN LAZZARA | 11 | 24:13 |
| 6 | (40) | 251 | KELSEY JOHNSON | 11 | 24:20 |
| 7 | (42) | 235 | ALEX BADDUKE | 9 | 24:51 |

7. INC **SACRED HEART PREP** (INC)

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| | | | | |
|---|----|---------------|---|-------|
| 1 | 43 | KATIE SUZUKI | 9 | 28:25 |
| 2 | 44 | MARGARET PODA | 9 | 32:57 |

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November 4th, 2006

TOP 30 FINSHERS

| Place | Name | Yr | High School | Time | Pace |
|-------|----------------------|----|--------------------|-------|-------|
| ===== | ===== | == | ===== | ===== | ===== |
| 1 | DAKOTA TAYLOR | 10 | ST. FRANCIS | 20:07 | 6:50 |
| 2 | ANNALYSE SHEPPARD | 10 | ST. IGNATIUS | 20:18 | 6:53 |
| 3 | MONICA HARNOTO | 10 | ST. FRANCIS | 20:49 | 7:04 |
| 4 | ALYSSA ARVIN | 11 | ST. FRANCIS | 21:06 | 7:09 |
| 5 | CHELSEA NOBRIGA | 10 | ST. FRANCIS | 21:22 | 7:15 |
| 6 | JENNIFER CHAU | 11 | Presentation | 21:28 | 7:17 |
| 7 | LIBBY PAULSEN | 10 | ST. IGNATIUS | 21:40 | 7:21 |
| 8 | ZOE SEHER | 11 | ST. IGNATIUS | 21:47 | 7:23 |
| 9 | KATIE GANDOLFO | 10 | ST. IGNATIUS | 21:51 | 7:25 |
| 10 | MORGAN CAMPBELL | 11 | ST. IGNATIUS | 21:51 | 7:25 |
| 11 | ANDI BO | 11 | ST. FRANCIS | 21:52 | 7:25 |
| 12 | NATALIE BUCHWALD | 11 | Sacred Heart Cath. | 21:53 | 7:25 |
| 13 | EDIE RICHARSON | 11 | ST. FRANCIS | 22:01 | 7:28 |
| 14 | LYNN WILSON | 12 | Presentation | 22:04 | 7:29 |
| 15 | STEPHANIE COSTA | 11 | Sacred Heart Cath. | 22:05 | 7:30 |
| 16 | ALI BO | 11 | ST. FRANCIS | 22:06 | 7:30 |
| 17 | ZOE MOLKE | 11 | ST. IGNATIUS | 22:07 | 7:30 |
| 18 | MARIAN SHIVELY | 9 | Sacred Heart Cath. | 22:08 | 7:30 |
| 19 | KATE KAUFFMAN | 11 | ST. IGNATIUS | 22:13 | 7:32 |
| 20 | JADE BATSTONE | 10 | ST. IGNATIUS | 22:15 | 7:33 |
| 21 | SLOANE VIOLA | 10 | ST. IGNATIUS | 22:16 | 7:33 |
| 22 | JULIA YRANI | 10 | ST. IGNATIUS | 22:20 | 7:35 |
| 23 | AUDREY KOCMOND | 10 | ST. FRANCIS | 22:21 | 7:35 |
| 24 | JJ FRITZ | 12 | ST. IGNATIUS | 22:22 | 7:35 |
| 25 | DARCY PICKETT | 10 | MITTY | 22:28 | 7:37 |
| 26 | MICHELLE D'ARPINO | 11 | Presentation | 22:29 | 7:37 |
| 27 | GIULIA GUALCO-NELSON | 11 | ST. IGNATIUS | 22:37 | 7:40 |
| 28 | ABBY SHAPIRO | 11 | ST. IGNATIUS | 22:39 | 7:41 |
| 29 | ASHLEY SEYMOUR | 11 | MITTY | 22:45 | 7:43 |
| 30 | ANNALISE DELANO | 9 | Presentation | 22:48 | 7:44 |
| 31 | LAUREN GRIFFIN | 12 | ST. IGNATIUS | 22:48 | 7:44 |
| 32 | LAUREN JAUREGUI | 12 | ST. IGNATIUS | 22:49 | 7:44 |