

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Phone: (408) 782-9212

FAX: (408) 782-9202

Pat Segurson Statistician

Phone: 415 337-9172

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E-Mail: WCALstatman@prodigy.net

W. C. A. L. CROSS COUNTRY STANDINGS

November 2nd, 2007

FROSH-SOPH STANDINGS

	<u>Points</u>
Saint Ignatius	32.0
Presentation	28.0
Saint Francis	24.0
Archbishop Mitty	19.0
Sacred Heart Cathedral	17.0
Sacred Heart Prep	12.0

THIS WEEKS RESULTS

Host: Junipero Serra **Date:** October 31st

Distance: 2.95 miles **At:** Crystal Springs **Level:** Frosh-Soph

<u>School</u>	<u>Score</u>	<u>Points</u>
Saint Ignatius	15	16.0
Presentation	68	14.0
Saint Francis	77	12.0
Archbishop Mitty	101	10.0
Sacred Heart Cathedral	124	8.0
Sacred Heart Prep	182	6.0

<u>Name of Runner</u>	<u>School</u>	<u>Time</u>
1 Amanda Schallert	St Ignt	20:24
2 Bridget Sullivan	St Ignt	20:53
3 Caileen Viehweg	St Ignt	20:58
4 Raquel Avila	St Ignt	21:11
5 Emily Tatum	St Ignt	21:13
6 Erin Murphy	St Ignt	21:33
7 Allison Siu	St Ignt	21:37
8 Theresa Martin	St Ignt	21:51
9 Elisa Santos	St Ignt	22:02
10 Alex Stanley	St Ignt	22:13
11 Annalise Delano	Presntn	22:15
12 Casey Maas	Mitty	22:19
13 Ashley Diamond	St Fran	22:27

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TOP RUNNERS FOR EACH SCHOOL

1.	15	ST. IGNATIUS	(20:56	104:39)
1	1	641 Amanda Schallert	9	20:24
2	2	652 Bridget Sullivan	9	20:53
3	3	658 Caileen Viehweg	9	20:58
4	4	598 Raquel Avila	9	21:11
5	5	654 Emily Tatum	10	21:13
6	(6)	633 Erin Murphy	10	21:33
7	(7)	646 Allison Siu	9	21:37
2.	68	PRESENTATION	(22:57	114:42)
1	8	282 Annalise Delano	10	22:15
2	11	291 Megan Lemma	10	22:47
3	12	289 Chanda Le	9	22:56
4	18	302 Emily Purvis	9	23:18
5	19	286 Elizabeth Edwards	9	23:26
6	(23)	309 Clare Smith	9	23:39
7	(38)	299 Riley Perroots	9	30:09
3.	77	ST. FRANCIS	(23:06	115:28)
1	10	508 Ashley Diamond	9	22:27
2	13	505 Erin Brown	9	22:59
3	16	535 Rosario Puga-Dempsey	9	23:14
4	17	540 Juliet Rubio	9	23:15
5	21	527 Samantha Nguyen	9	23:33
6	(22)	542 Amy Saxton	9	23:34
7	(25)	521 Katie Kelly	9	23:55

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TOP RUNNERS FOR EACH SCHOOL

(continued)

4.	101	ARCHBISHOP MITTY	(23:34	117:49)
1	9	177 Casey Maas	10	22:19
2	15	195 Jaquie Salinas	9	23:11
3	24	141 Christine Cabrera	10	23:54
4	26	158 April Garlejo	9	24:12
5	27	160 Celine Guenard	9	24:13
6	(31)	182 Kylie Mulcaire	10	25:09
7	(32)	136 Amanda Alvear	10	25:10
5.	124	SACRED HEART CATH.	(24:13	121:04)
1	14	431 Adrienne Dunlap	9	23:05
2	20	433 Juliana Flynn	9	23:31
3	28	448 Michelle Pas	9	24:22
4	29	452 Ciara Silvestri	9	24:50
5	33	426 Jennifer Corry	10	25:16
6	(34)	428 Bernadette De Mesa	9	25:42
7	(35)	420 Julie Ainsbury	9	25:58
6.	182	SACRED HEART PREP	(28:37	143:04)
1	30	364 Lindsay McHugh	10	25:04
2	36	363 Lexy Martin	10	27:06
3	37	369 Nancy Orocio	9	28:52
4	39	370 Margaret Poda	10	30:23
5	40	368 Hannah Netaferia	10	31:39
6	(41)	371 Evelyn Reid	10	32:17

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W. C. A. L. CROSS COUNTRY STANDINGS

November 2nd, 2007

TOP 30 FINISHERS

Place	Name	Yr	High School	Time	Pace
=====	== =====	==	=====	=====	=====
1	641 Amanda Schallert	9	ST. IGNATIUS	20:24	6:55
2	652 Bridget Sullivan	9	ST. IGNATIUS	20:53	7:05
3	658 Caileen Viehweg	9	ST. IGNATIUS	20:58	7:07
4	598 Raquel Avila	9	ST. IGNATIUS	21:11	7:11
5	654 Emily Tatum	10	ST. IGNATIUS	21:13	7:12
6	633 Erin Murphy	10	ST. IGNATIUS	21:33	7:19
7	646 Allison Siu	9	ST. IGNATIUS	21:37	7:20
8	628 Theresa Martin	9	ST. IGNATIUS	21:51	7:25
9	640 Elisa Santos	10	ST. IGNATIUS	22:02	7:28
10	651 Alex Stanley	9	ST. IGNATIUS	22:13	7:32
11	282 Annalise Delano	10	PRESENTATION	22:15	7:33
12	177 Casey Maas	10	MITTY	22:19	7:34
13	508 Ashley Diamond	9	ST. FRANCIS	22:27	7:37
14	616 Maggie Gorwky	10	ST. IGNATIUS	22:40	7:41
15	642 Sam Scheutz	10	ST. IGNATIUS	22:41	7:42
16	291 Megan Lemma	10	PRESENTATION	22:47	7:44
17	656 Nicole Trierweiler	9	ST. IGNATIUS	22:56	7:47
18	289 Chanda Le	9	PRESENTATION	22:56	7:47
19	505 Erin Brown	9	ST. FRANCIS	22:59	7:48
20	431 Adrienne Dunlap	9	SHC	23:05	7:50
21	195 Jaquie Salinas	9	MITTY	23:11	7:52
22	535 Rosario Puga-Demps	9	ST. FRANCIS	23:14	7:53
23	540 Juliet Rubio	9	ST. FRANCIS	23:15	7:53
24	647 Siobhan Smith	9	ST. IGNATIUS	23:16	7:54
25	649 Aishleen Spiers	9	ST. IGNATIUS	23:18	7:54
26	302 Emily Purvis	9	PRESENTATION	23:18	7:54
27	624 Breniel Lemley	10	ST. IGNATIUS	23:19	7:55
28	613 Alex Fox	9	ST. IGNATIUS	23:25	7:57
29	286 Elizabeth Edwards	9	PRESENTATION	23:26	7:57
30	433 Juliana Flynn	9	SHC	23:31	7:59
31	527 Samantha Nguyen	9	ST. FRANCIS	23:33	7:59
32	542 Amy Saxton	9	ST. FRANCIS	23:34	8:00
33	309 Clare Smith	9	PRESENTATION	23:39	8:01