

West Catholic Athletic League

Archbishop Mitty	Archbishop Riordan	Bellarmine	Junipero Serra	Notre Dame	Presentation
Sacred Heart Prep	Sacred Heart Cathedral	Saint Francis	Saint Ignatius	Valley Christian	

Ed Ravenscroft Commissioner

Pat Segurson Statistician

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W. C. A. L. VOLLEYBALL STANDINGS

October 22nd, 2007

VARSITY STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points For</u>	<u>Points Against</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	6	0	12	470	339	23	2
Saint Francis	5	1	10	435	355	23	5
Presentation	5	1	10	517	452	20	7
Sacred Heart Cathedral	3	3	6	485	447	18	8
Notre Dame	3	3	6	480	496	11	9
Saint Ignatius	1	5	2	409	502	16	9
Valley Christian	1	5	2	436	429	16	9
Sacred Heart Prep	0	6	0	410	522	14	10

SCORES LAST WEEK

Saint Ignatius	defeats	Valley Christian	25-23,	25-21,	25-18
Archbishop Mitty	defeats	Sacred Heart Prep	25-19,	25-11,	25-16
Presentation	defeats	Sacred Heart Cath.	25-23,	25-19,	25-27, 25-18
Saint Francis	defeats	Notre Dame	25-23,	26-24,	25-10
Saint Francis	defeats	Presentation	31-29,	25-13,	28-26
Sacred Heart Cath.	defeats	Sacred Heart Prep	25-18,	25-20,	25-13
Notre Dame	defeats	Saint Ignatius	25-19,	23-25,	25-16, 25-22
Archbishop Mitty	defeats	Valley Christian	25-23,	25-20,	25-16

GAMES THIS WEEK

Wednesday, October 24th

Valley Christian at	Saint Francis
Archbishop Mitty at	Presentation
Sacred Heart Prep at	Saint Ignatius
Notre Dame at	Sacred Heart Cathedral

Friday, October 26th

Junior Varsity and Freshman Matches Only

Saint Francis at	Presentation
Archbishop Mitty at	Valley Christian
Sacred Heart Cathedral at	Sacred Heart Prep
Notre Dame at	Saint Ignatius

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JUNIOR VARSITY STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points</u>		<u>Season Record</u>	
				<u>For</u>	<u>Against</u>	<u>Wins</u>	<u>Losses</u>
Archbishop Mitty	8	0	16	414	314	12	0
Saint Francis	6	2	12	414	318	20	2
Sacred Heart Cathedral	6	2	12	440	346	27	3
Notre Dame	4	3	8	339	312	17	11
Presentation	4	3	8	312	327	-	-
Saint Ignatius	2	6	4	329	385	16	9
Valley Christian	1	7	2	328	414	13	11
Sacred Heart Prep	0	8	0	255	415	10	12

SCORES LAST WEEK

Saint Ignatius	defeats	Valley Christian	25-17, 25-16
Archbishop Mitty	defeats	Sacred Heart Prep	25-12, 25-19
Sacred Heart Cath.	defeats	Presentation	25-___, 25-___
Saint Francis	defeats	Notre Dame	29-27, 25-18
Saint Francis	defeats	Presentation	25-16, 27-25
Sacred Heart Cath.	defeats	Sacred Heart Prep	25- 8, 25- 8
Notre Dame	defeats	Saint Ignatius	25-22, 25-15
Archbishop Mitty	defeats	Valley Christian	25-20, 25-16

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Sacred Heart Prep	Sacred Heart Cathedral	Saint Francis	Saint Ignatius	Valley Christian	

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W. C. A. L. VOLLEYBALL STANDINGS

October 22nd, 2007

FRESHMAN STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points For</u>	<u>Points Against</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	7	1	14	402	283	20	1
Saint Francis	7	1	14	413	334	-	-
Presentation	5	3	10	386	316	19	6
Sacred Heart Cathedral	5	3	10	388	341	18	8
Notre Dame	4	4	8	329	377	14	8
Saint Ignatius	3	5	6	354	375	10	6
Valley Christian	1	7	2	276	394	6	10
Sacred Heart Prep	0	8	0	274	402	3	15

SCORES LAST WEEK

Saint Ignatius	defeats	Valley Christian	25-16,	25-17
Archbishop Mitty	defeats	Sacred Heart Prep	25-14,	25-16
Sacred Heart Cath.	defeats	Presentation	25-21,	25-21
Saint Francis	defeats	Notre Dame	25-20,	25-20
Saint Francis	defeats	Presentation	24-26,	25-20, 15- 7
Sacred Heart Cath.	defeats	Sacred Heart Prep	25- 7,	25-14
Notre Dame	defeats	Saint Ignatius	26-24,	25-22
Archbishop Mitty	defeats	Valley Christian	25-18,	25-16

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W. C. A. L. VOLLEYBALL STATS

October 22nd, 2007

KILLS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Kills</u>	<u>Avg.</u>
Amanda Gil	Mitty	9	39	4.33
Rachel Williams	Mitty	16	54	3.38
Gabby Jolly	S. H. C.	18	59	3.28
Lisa Prang	St Fran	18	57	3.17
Ally Russo	VllyChr	14	43	3.07
Morgan O'Neil	Mitty	14	42	3.00
Kristina Graven	Mitty	11	29	2.64
Jordan Shaw	St Fran	18	47	2.61
Margaret Dowling	Ntr Dame	21	53	2.52
Erin Longinotti	Ntr Dame	21	53	2.52
Nicole Yap	S. H. C.	18	45	2.50
Sarah Schatzman	Presntn	21	52	2.48
Kelly Halamek	S. H. P.	22	52	2.36
Nora Coyne	S. H. P.	20	43	2.15
Rachel Heagy	Ntr Dame	21	44	2.10
Katherine Knox	Mitty	11	22	2.00
Jill Singletary	VllyChr	8	16	2.00
Coca O'Donnell	S. H. P.	22	43	1.95
Ashley Malone	St Fran	18	34	1.89
Brittney Clark	Presntn	21	36	1.71
Liz Fleming	VllyChr	22	36	1.64
Allie Board	Ntr Dame	21	33	1.57
Lindsey Poulos	St Fran	16	25	1.56
Rachel Alvey	VllyChr	21	32	1.52
Lisa Hipp	S. H. C.	18	27	1.50

DIGS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Digs</u>	<u>Avg.</u>
Lainey Gera	Mitty	19	100	5.26
Deanna Kneis	S. H. P.	18	70	3.89
Nicole Yap	S. H. C.	18	68	3.78
Megan Bagaman	S. H. C.	18	66	3.67
Kathrn Caselli	Ntr Dame	21	71	3.38
Erin Longinotti	Ntr Dame	21	64	3.05
Alison Wuerstle	S. H. C.	7	21	3.00
Kelly Halamek	S. H. P.	22	58	2.64
Katherine Knox	Mitty	11	28	2.55
Courtney Vaccarello	Presntn	21	52	2.48
McKenzie Beveridge	VllyChr	21	51	2.43
Nicole Wickstrom	S. H. P.	21	51	2.43
Lisa Prang	St Fran	18	43	2.39
Asia Casino	St Fran	17	39	2.29
Morgan O'Neil	Mitty	14	32	2.29
Marissa Alvarez	S. H. P.	17	38	2.24
Jill Aguinaldo	S. H. C.	11	24	2.18
Kristina Graven	Mitty	11	24	2.18
Kathleen Dude	Ntr Dame	21	45	2.14
Rachel Alvey	VllyChr	21	39	1.86
Jackie Rando	VllyChr	22	39	1.77
Nora Coyne	S. H. P.	20	34	1.70
Rachel Williams	Mitty	16	27	1.69
Ashley Malone	St Fran	18	29	1.61
Chenny Zhang	VllyChr	15	23	1.53

BLOCKS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Blocks</u>	<u>Avg.</u>
Amanda Gil	Mitty	8	12	1.50
Rachel Alvey	VllyChr	21	29	1.38
Kaylan Whitaker	VllyChr	22	27	1.23
Gabby Jolly	S. H. C.	18	18	1.00
Ally Russo	VllyChr	14	13	0.93
Shannon Fleming	Mitty	11	10	0.91
Kaitlin Baxter	St Fran	16	14	0.88
Margaret Dowling	Ntr Dame	21	18	0.86
Sarah Schatzman	Presntn	21	14	0.67
Liz Fleming	VllyChr	22	14	0.64
Lindsey Poulos	St Fran	16	10	0.63
Rachel Heagy	Ntr Dame	21	13	0.62
Asia Casino	St Fran	17	10	0.59
Alex Freschet	St Fran	16	9	0.56
Katherine Knox	Mitty	11	6	0.55
Coca O'Donnell	S. H. P.	22	11	0.50
Jill Singletary	VllyChr	8	4	0.50
Ali Board	Ntr Dame	21	10	0.48
Lisa Hipp	S. H. C.	18	8.5	0.47
Ashley Malone	St Fran	18	8	0.44

SERVICE ACES

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Aces</u>	<u>Avg.</u>
Kathleen Dude	Ntr Dame	12	12	1.00
Shannon Fleming	Mitty	11	11	1.00
Amanda Gil	Mitty	9	7	0.78
Katherine Knox	Mitty	11	8	0.73
Ashley Malone	St Fran	18	11	0.61
Rachel Alvey	VllyChr	21	11	0.52
Erin Longinotti	Ntr Dame	21	11	0.52
Morgan O'Neil	Mitty	14	7	0.50
Ally Russo	VllyChr	14	7	0.50
McKenzie Beveridge	VllyChr	21	10	0.48
Asia Casino	St Fran	17	8	0.47
Chenny Zhang	VllyChr	15	7	0.47
Lainey Gera	Mitty	13	6	0.46
Kristina Graven	Mitty	11	5	0.45
Marissa Alvarez	S. H. P.	17	7	0.41
Deanna Kneis	S. H. P.	18	7	0.39
Nicole Yap	S. H. C.	18	7	0.39
Margaret Dowling	Ntr Dame	21	8	0.38
Jill Aguinaldo	S. H. C.	11	4	0.36
Joan Caloriao	Mitty	14	5	0.36

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ASSISTS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Assists</u>	<u>Average per Game</u>
Joan Caloriao	Mitty	14	129	9.21
Jill Aguinaldo	S. H. C.	11	99	9.00
Alison Wuerstle	S. H. C.	7	61	8.71
Kathleen Dude	Ntr Dame	21	179	8.52
Marissa Alvarez	S. H. P.	17	130	7.65
Margot Roux	S. H. P.	6	37	6.17
Asia Casino	St Fran	17	100	5.88
Jennifer Sharre	Mitty	9	50	5.56
Rachel Alvey	VllyChr	21	80	3.81
Ashley Roe	Presntn	21	78	3.71
Ashley Malone	St Fran	18	62	3.44
Allyson Flournoy	Presntn	21	62	2.95
Liz Prang	St Fran	9	25	2.78
Liz Fleming	VllyChr	22	54	2.45
Sarah Taggart	St Ignt	21	35	1.67
Amanda Nojadera	Presntn	21	33	1.57