

West Catholic Athletic League

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Notre Dame Presentation
 Sacred Heart Prep Sacred Heart Cathedral Saint Francis Saint Ignatius Valley Christian

Ed Ravenscroft Commissioner

Pat Segurson Statistician

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W. C. A. L. VOLLEYBALL STANDINGS

October 29th, 2007

VARSIITY STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points</u>		<u>Season Record</u>	
				<u>For</u>	<u>Against</u>	<u>Wins</u>	<u>Losses</u>
Archbishop Mitty	7	0	14	545	395	26	3
Saint Francis	6	1	12	510	405	24	5
Presentation	5	2	10	573	527	20	8
Sacred Heart Cathedral	4	3	8	560	502	19	18
Notre Dame	3	4	6	535	571	11	10
Saint Ignatius	2	5	4	484	558	19	11
Valley Christian	1	6	2	486	604	21	11
Sacred Heart Prep	0	7	0	466	597	17	19

SCORES LAST WEEK

Saint Francis defeats Valley Christian 25-13, 25-21, 25-16
 Archbishop Mitty defeats Presentation 25-14, 25-22, 25-20
 Saint Ignatius defeats Sacred Heart Prep 25-19, 25-19, 25-18
 Sacred Heart Cath. defeats Notre Dame 25-16, 25-17, 25-22

W.C.A.L. Round Robin Champions: Archbishop Mitty

GAMES THIS WEEK

First Round W.C.A.L. Playoffs

Tuesday, October 30th

#8 Sacred Heart Prep at #1 Archbishop Mitty 7:00 PM
 #7 Valley Christian at #2 Saint Francis 4:00 PM
 #6 Saint Ignatius at #3 Presentation 7:00 PM
 #5 Notre Dame at #4 Sacred Heart Cath. 7:00 PM

Semi-Finals W.C.A.L. Playoffs

Wednesday, October 31st at the higher seed

#- the other two winners at #- 7:00 PM
 #4-7 Lowest Seed Winner at #- Highest Seed Winner 7:00 PM

Championship W.C.A.L. Playoffs

Thursday, November 1st at the higher seed

#- Lowest Seed Winner at #- Highest Seed Winner 7:00 PM

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Sacred Heart Prep	Sacred Heart Cathedral	Saint Francis	Saint Ignatius	Valley Christian	

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W. C. A. L. VOLLEYBALL STANDINGS

October 29th, 2007

JUNIOR VARSITY STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points</u>		<u>Season Record</u>	
				<u>For</u>	<u>Against</u>	<u>Wins</u>	<u>Losses</u>
Archbishop Mitty	10	0	20	514	376	19	0
Saint Francis	8	2	16	514	378	26	2
Sacred Heart Cathedral	7	3	14	540	449	28	4
Notre Dame	6	4	12	502	460	17	13
Presentation	4	6	8	425	485	-	-
Saint Ignatius	4	6	8	439	460	18	9
Valley Christian	1	9	2	390	514	13	13
Sacred Heart Prep	0	10	0	328	530	11	14

SCORES LAST WEEK

Saint Francis defeats Valley Christian 25-17, 25-15
 Archbishop Mitty defeats Presentation 25-19, 25-13
 Saint Ignatius defeats Sacred Heart Prep 25- 9, 25-11
 Notre Dame defeats Sacred Heart Cath. 25-17, 25-18

Saint Francis defeats Presentation 25-17, 25-11
 Sacred Heart Cath. defeats Sacred Heart Prep 25-27, 25-16, 15-10
 Saint Ignatius defeats Notre Dame __-25, 25-__, 15-__
 Archbishop Mitty defeats Valley Christian 25-14, 25-16

October 10th

Notre Dame defeated Presentation 25-__, __-25, 15-__

W.C.A.L. Champions: Archbishop Mitty
W.C.A.L. North Champions: Sacred Heart Cathedral

West Catholic Athletic League

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Sacred Heart Prep	Sacred Heart Cathedral	Saint Francis	Saint Ignatius	Valley Christian	

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W. C. A. L. VOLLEYBALL STANDINGS

October 29th, 2007

FRESHMAN STANDINGS

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>	<u>Points</u>		<u>Season Record</u>	
				<u>For</u>	<u>Against</u>	<u>Wins</u>	<u>Losses</u>
Archbishop Mitty	9	1	18	502	337	20	1
Saint Francis	8	2	16	511	431	26	2
Sacred Heart Cathedral	7	3	14	490	421	20	8
Presentation	6	4	12	463	401	24	8
Saint Ignatius	5	5	10	454	451	12	6
Notre Dame	4	6	8	407	479	14	10
Valley Christian	1	9	2	349	507	6	12
Sacred Heart Prep	0	10	0	353	502	4	17

SCORES LAST WEEK

Saint Francis	defeats	Valley Christian	23-25,	25-14,	15- 8
Archbishop Mitty	defeats	Presentation	25-12,	25-16	
Saint Ignatius	defeats	Sacred Heart Prep	25-17,	25-23	
Sacred Heart Cath.	defeats	Notre Dame	25-20,	25-20	
Presentation	defeats	Saint Francis	25-12,	25-23	
Sacred Heart Cath.	defeats	Sacred Heart Prep	25-17,	25-22	
Saint Ignatius	defeats	Notre Dame	25-__,	25-__	
Archbishop Mitty	defeats	Valley Christian	25-10,	25-16	

W.C.A.L. Champions: Archbishop Mitty

W.C.A.L. North Champions: Sacred Heart Cathedral

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W. C. A. L. VOLLEYBALL STATS

October 29th, 2007

KILLS

Name of Player	School	Games	Kills	Avg.
Amanda Gil	Mitty	12	51	4.25
Rachel Williams	Mitty	18	63	3.50
Gabby Jolly	S. H. C.	24	75	3.13
Lisa Prang	St Fran	21	61	2.90
Ally Russo	VllyChr	17	49	2.88
Sarah Schatzman	Presntn	24	69	2.88
Morgan O'Neil	Mitty	16	44	2.75
Kristina Graven	Mitty	13	33	2.54
Kelly Halamek	S. H. P.	25	62	2.48
Jordan Shaw	St Fran	21	52	2.48
Erin Longinotti	Ntr Dame	24	59	2.46
Margaret Dowling	Ntr Dame	24	55	2.29
Brittney Clark	Presntn	24	54	2.25
Coca O'Donnell	S. H. P.	25	55	2.20
Nora Coyne	S. H. P.	20	43	2.15
Nicole Yap	S. H. C.	24	50	2.08
Jill Singletary	VllyChr	8	16	2.00
Rachel Heagy	Ntr Dame	24	47	1.96
Ashley Malone	St Fran	21	39	1.86
Katherine Knox	Mitty	13	24	1.85
Kristin Winkler	S. H. C.	20	35	1.75
Liz Fleming	VllyChr	25	39	1.56
Rachel Alvey	VllyChr	24	36	1.50
Lindsey Poulos	St Fran	18	27	1.50

DIGS

Name of Player	School	Games	Digs	Avg.
Lainey Gera	Mitty	22	109	4.95
Deanna Kneis	S. H. P.	21	84	4.00
Megan Bagaman	S. H. C.	24	86	3.58
Kathrn Caselli	Ntr Dame	24	80	3.33
Nicole Yap	S. H. C.	24	77	3.21
Erin Longinotti	Ntr Dame	24	67	2.79
Katherine Knox	Mitty	13	34	2.62
Kelly Halamek	S. H. P.	25	65	2.60
McKenzie Beveridge	VllyChr	24	61	2.54
Nicole Wickstrom	S. H. P.	22	53	2.41
Kristina Graven	Mitty	13	31	2.38
Morgan O'Neil	Mitty	16	38	2.38
Courtney Vaccarello	Presntn	24	56	2.33
Lisa Prang	St Fran	21	47	2.24
Marissa Alvarez	S. H. P.	17	38	2.24
Katie Ring	St Fran	19	42	2.21
Asia Casino	St Fran	19	41	2.16
Alison Wuersile	S. H. C.	10	21	2.10
Kathleen Dude	Ntr Dame	24	49	2.04
Christine Renschler	S. H. P.	17	33	1.94
Rachel Alvey	VllyChr	24	44	1.83
Jackie Rando	VllyChr	22	39	1.77
Jill Aguinaldo	S. H. C.	14	24	1.71
Nora Coyne	S. H. P.	20	34	1.70

BLOCKS

Name of Player	School	Games	Blocks	Avg.
Rachel Alvey	VllyChr	24	32	1.33
Amanda Gil	Mitty	12	15	1.25
Kaylan Whitaker	VllyChr	25	31	1.24
Kaitlin Baxter	St Fran	18	16	0.89
Sarah Schatzman	Presntn	24	21	0.88
Margaret Dowling	Ntr Dame	24	20	0.83
Shannon Fleming	Mitty	12	10	0.83
Ally Russo	VllyChr	17	14	0.82
Gabby Jolly	S. H. C.	24	19	0.79
Lindsey Poulos	St Fran	18	11	0.61
Rachel Heagy	Ntr Dame	24	14	0.58
Katalina Tameilau	S. H. P.	7	4	0.57
Liz Fleming	VllyChr	25	14	0.56
Alex Freschet	St Fran	17	9	0.53
Asia Casino	St Fran	19	10	0.53
Allie Board	Ntr Dame	24	12	0.50
Jill Singletary	VllyChr	8	4	0.50
Alyssa Berding	VllyChr	25	12	0.48

SERVICE ACES

Name of Player	School	Games	Aces	Avg.
Amanda Gil	Mitty	12	8	0.67
Ashley Malone	St Fran	21	13	0.62
Katherine Knox	Mitty	13	8	0.62
Kathleen Dude	Ntr Dame	24	14	0.58
Kristina Graven	Mitty	13	7	0.54
Erin Longinotti	Ntr Dame	24	12	0.50
McKenzie Beveridge	VllyChr	24	11	0.46
Rachel Alvey	VllyChr	24	11	0.46
Morgan O'Neil	Mitty	16	7	0.44
Asia Casino	St Fran	19	8	0.42
Ally Russo	VllyChr	17	7	0.41
Marissa Alvarez	S. H. P.	17	7	0.41
Chenny Zhang	VllyChr	18	7	0.39
Margaret Dowling	Ntr Dame	24	9	0.38
Sarah Schatzman	Presntn	24	8	0.33
Lisa Hipp	S. H. C.	24	8	0.33
Kathryn Caselli	Ntr Dame	24	8	0.33
Deanna Kneis	S. H. P.	21	7	0.33

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W. C. A. L. VOLLEYBALL STATS

October 29th, 2007

ASSISTS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Assists</u>	<u>Average per Game</u>
Sidney Chuckeintarod	S. H. C.	3	33	11.00
Joan Caloriao	Mitty	16	150	9.38
Kathleen Dude	Ntr Dame	24	202	8.42
Marissa Alvarez	S. H. P.	17	143	8.41
Jill Aguinaldo	S. H. C.	14	99	7.07
Margot Roux	S. H. P.	9	59	6.56
Alison Wuersile	S. H. C.	10	62	6.20
Jennifer Sharre	Mitty	10	61	6.10
Asia Casino	St Fran	19	103	5.42
Ashley Roe	Presntn	24	100	4.17
Rachel Alvey	VllyChr	24	94	3.92
Allyson Flournoy	Presntn	24	88	3.67
Ashley Malone	St Fran	21	75	3.57
Liz Prang	St Fran	12	41	3.42
Sarah Taggart	St Ignt	21	60	2.86
Liz Fleming	VllyChr	25	57	2.28
Amanda Nojadera	Presntn	24	43	1.79
Natalie Doyle	St Ignt	5	8	1.60

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October 29th, 2007

SEASON STATS

KILLS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Kills</u>	<u>Avg.</u>
Amanda Gil	Mitty	69	236	3.42
Rachel Williams	Mitty	68	208	3.06
Ally Russo	VllyChr	73	219	3.00
Kelly Halamek	S. H. P.	94	271	2.88
Kristina Graven	Mitty	66	159	2.41
Katherine Knox	Mitty	54	121	2.24
Morgan O'Neil	Mitty	63	141	2.24
Nora Coyne	S. H. P.	70	150	2.14
Coca O'Donnell	S. H. P.	95	202	2.13
Liz Fleming	VllyChr	86	136	1.58
Rachel Alvey	VllyChr	94	148	1.57
Shannon Hamilton	S. H. P.	82	120	1.46
Erica Turnland	VllyChr	60	79	1.32
Jill Singletary	VllyChr	45	57	1.27
Kaylan Whitaker	VllyChr	95	116	1.22
Taylor Smith	Mitty	46	50	1.09
Shannon Fleming	Mitty	31	33	1.06
Christine Renschler	S. H. P.	65	61	0.94
Marissa Alvarez	S. H. P.	67	61	0.91

DIGS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Digs</u>	<u>Avg.</u>
Lainey Gera	Mitty	81	418	5.16
Deanna Kneis	S. H. P.	70	273	3.90
Kristina Graven	Mitty	66	159	2.41
Kelly Halamek	S. H. P.	94	221	2.35
Morgan O'Neil	Mitty	63	142	2.25
Katherine Knox	Mitty	54	121	2.24
Christine Renschler	S. H. P.	65	145	2.23
Nora Coyne	S. H. P.	70	155	2.21
Margot Roux	S. H. P.	40	88	2.20
McKenzie Beveridge	VllyChr	82	173	2.11
Nicole Wickstrom	S. H. P.	84	165	1.96
Marissa Alvarez	S. H. P.	67	115	1.72
Jackie Rando	VllyChr	79	135	1.71
Chenny Zhang	VllyChr	82	123	1.50
Rachel Alvey	VllyChr	94	135	1.44
Rachel Williams	Mitty	68	96	1.41
Coca O'Donnell	S. H. P.	95	121	1.27
Ally Russo	VllyChr	73	80	1.10
Liz Fleming	VllyChr	86	89	1.03

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October 29th, 2007

SEASON STATS

ASSISTS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Assists</u>	<u>Average per Game</u>
Marissa Alvarez	S. H. P.	67	553	8.25
Joan Caloriao	Mitty	67	551	8.22
Margot Roux	S. H. P.	40	233	5.83
Jennifer Sharre	Mitty	41	223	5.44
Rachel Alvey	VllyChr	94	405	4.31
Liz Fleming	VllyChr	86	175	2.03
Erica Turnland	VllyChr	60	48	0.80
Shannon Hamilton	S. H. P.	82	27	0.33
Christine Renschler	S. H. P.	65	21	0.32
McKenzie Beveridge	VllyChr	82	14	0.17

BLOCKS

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Blocks</u>	<u>Avg.</u>
Amanda Gil	Mitty	69	91	1.32
Kaylan Whitaker	VllyChr	95	89	0.94
Shannon Fleming	Mitty	31	29	0.94
Rachel Alvey	VllyChr	94	77	0.82
Coca O'Donnell	S. H. P.	95	66	0.69
Liz Fleming	VllyChr	86	47	0.55
Rachel Williams	Mitty	68	33	0.49
Ally Russo	VllyChr	73	35	0.48
Alyssa Berding	VllyChr	86	39	0.45
Jill Singletary	VllyChr	45	20	0.44
Morgan O'Neil	Mitty	63	26	0.41
Kira Whitehouse	S. H. P.	72	29	0.40
Joan Caloriao	Mitty	67	24	0.36
Kristina Graven	Mitty	66	23	0.35
Shannon Hamilton	S. H. P.	82	28	0.34
Katherine Knox	Mitty	54	18	0.33

SERVICE ACES

<u>Name of Player</u>	<u>School</u>	<u>Games</u>	<u>Aces</u>	<u>Avg.</u>
Liz Fleming	VllyChr	47	56	1.19
Chenny Zhang	VllyChr	82	68	0.83
Rachel Alvey	VllyChr	94	71	0.76
Ally Russo	VllyChr	73	45	0.62
Jacky Rando	VllyChr	79	45	0.57
Marissa Alvarez	S. H. P.	67	38	0.57
Deanna Kneis	S. H. P.	70	35	0.50
McKenzie Beveridge	VllyChr	82	38	0.46
Katherine Knox	Mitty	54	21	0.39
Joan Caloriao	Mitty	67	23	0.34
Nora Coyne	S. H. P.	70	24	0.34
Lainey Gera	Mitty	81	27	0.33
Morgan O'Neil	Mitty	63	20	0.32
Kristina Graven	Mitty	66	20	0.30
Alyssa Berding	VllyChr	86	21	0.24
Rachel Williams	Mitty	68	16	0.24