

West Catholic Athletic League

Ed Ravenscroft – Commissioner
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WCAL Men's Basketball – Preseason Report January 14, 2003

	<u>Varsity</u>	
<u>Team</u>	<u>W</u>	<u>L</u>
Junipero Serra	8	2
St. Ignatius	8	2
Archbishop Mitty	8	3
Archbishop Riordan	7	5
St. Francis	6	5
Bellarmino	5	5
Sacred Heart Cathedral	4	6
Valley Christian	x	x

	<u>Junior Varsity</u>	
<u>Team</u>	<u>W</u>	<u>L</u>
Bellarmino	9	1
St. Ignatius	7	2
Junipero Serra	7	2
Archbishop Mitty	5	2
Sacred Heart Cathedral	6	3
St. Francis	6	4
Archbishop Riordan	4	5
Valley Christian	x	x

	<u>Frosh "A"</u>	
<u>Team</u>	<u>W</u>	<u>L</u>
Valley Christian	4	0
St. Francis	3	1
St. Ignatius	4	2
Archbishop Mitty	4	2
Junipero Serra	5	3
Bellarmino	4	3
Sacred Heart Cathedral	2	3
Archbishop Riordan	3	4

	<u>Frosh "B"</u>	
<u>Team</u>	<u>W</u>	<u>L</u>
Junipero Serra	6	2
St. Ignatius	4	2
Archbishop Riordan	4	3
Sacred Heart Cathedral	3	3
St. Francis	2	2
Bellarmino	4	6
Archbishop Mitty	2	3

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WCAL Men's Basketball – League Report #1 January 14, 2003

<u>Varsity</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Archbishop Mitty	2	0	125	97	10	3
Junipero Serra	2	0	159	117	10	2
Archbishop Riordan	1	1	82	91	8	6
Sacred Heart Cathedral	1	1	116	133	5	7
Bellarmino	1	1	115	109	6	6
St. Ignatius	1	1	101	67	9	3
St. Francis	0	2	82	135	6	7
Valley Christian	NO SCORES REPORTED					

<u>Junior Varsity</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Bellarmino	2	0	167	88	11	1
Archbishop Mitty	2	0	93	75	7	2
St. Ignatius	2	0	99	84	9	2
Sacred Heart Cathedral	1	1	100	112	7	4
Junipero Serra	1	1	97	86	8	3
Archbishop Riordan	0	2	90	96	4	7
St. Francis	0	2	69	96	6	6
Valley Christian	NO SCORES REPORTED					

<u>Frosh "A"</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Bellarmino	2	0	123	85	6	3
St. Ignatius	2	0	113	90	7	2
Junipero Serra	2	0	118	76	9	2
Archbishop Mitty	1	1	98	95	5	3
St. Francis	1	1	89	101	3	3
Archbishop Riordan	1	1	104	102	4	5
Sacred Heart Cathedral	0	2	78	129	2	5
Valley Christian	NO SCORES REPORTED					

<u>Frosh "B"</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Archbishop Riordan	2	0	91	60	6	3
St. Francis	2	0	121	107	5	5
Bellarmino	1	0	47	30	5	6
Junipero Serra	1	0	37	28	7	2
St. Ignatius	1	1	92	100	3	4
Sacred Heart Cathedral	0	2	59	84	3	5
Archbishop Mitty	0	2	75	113	2	5

Varsity Individual Statistics

Men's Overall

SCORING

<u>Name</u>	<u>Games</u>	<u>2-pt fg</u>	<u>3-pt fg</u>	<u>FT</u>	<u>Total</u>	<u>Average</u>
Lowhorn, D. (R)	12	113	3	24	259	21.6
Toboni, J. (SI)	10	76	7	32	205	20.5
Kochevar, A. (S)	10	31	26	27	167	16.7
Chang, S. (M)	13	59	13	44	201	15.5
Heler, C. (SF)	9	41	6	34	134	14.8
Esposito, V. (S)	9	41	7	16	119	13.2
Cannizzaro, J. (S)	10	34	9	25	127	12.7
Phangureh, P. (M)	13	57	5	29	158	12.2
Osby, J. (B)	10	36	0	41	113	11.3
Armstrong, P. (B)	10	40	7	7	108	10.8

10.0 points per game is the minimum needed

2-pt FG %

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Toboni, J. (SI)	10	108	76	73%
Lopez-Lolo, J. (SI)	10	66	40	64%
Lowhorn, D. (R)	12	189	113	60%
Armstrong, P. (B)	10	68	40	59%
Esposito, V. (S)	9	73	41	56%
Christensen, K. (SI)	10	36	20	55%
Chang, S. (M)	13	111	59	53%
Kochevar, A. (S)	10	58	31	53%
Kovacevich, N. (B)	10	72	38	53%
Osby, J. (B)	10	69	36	52%
Mitchell, T. (SI)	9	34	17	50%

50% is the minimum needed

Rebounding

<u>Name</u>	<u>G</u>	<u>REB</u>	<u>AVG</u>
Lowhorn, D. (R)	12	145	12.1
Esposito, V. (S)	9	81	9.0
Lopez-Lolo, J. (SI)	10	75	7.5
Phangureh, P. (M)	13	82	6.3
Osby, J. (B)	10	61	6.1
Allard, C. (M)	11	63	5.7
Chang, S. (M)	11	62	5.6
Kovacevich, N. (B)	10	50	5.0
Toboni, J. (SI)	10	49	4.9
Moniz, C. (SF)	11	54	4.9

5.0 is the minimum needed

3-pt FG % (min 2 att/game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Toboni, J. (SI)	10	18	7	40%
Kochevar, A. (S)	10	68	26	38%
Filios, C. (SF)	13	48	15	31%

30% is the minimum needed

Free throw % (min 3 att/game)

<u>Name</u>	<u>G</u>	<u>FTA</u>	<u>FTM</u>	<u>%</u>
Chang, S. (M)	13	52	44	85%
Filios, C. (SF)	11	25	20	80%
Osby, J. (B)	10	56	41	73%
Heler, C. (SF)	13	48	34	71%
Hoffman, A. (R)	12	27	19	70%
Mizono, M. (SI)	10	27	18	70%
Angelo, F. (SF)	8	22	15	68%
Toboni, J. (SI)	10	49	32	64%

70% is the minimum needed

Varsity Individual Statistics

Men's WCAL games

SCORING

<u>Name</u>	<u>Games</u>	<u>2-pt fg</u>	<u>3-pt fg</u>	<u>FT</u>	<u>Total</u>	<u>Average</u>
Lowhorn, D. (R)	2	17	1	0	37	18.5
Hill, J. (SHC)	2	12	3	3	36	18.0
Chang, S. (M)	2	5	3	16	35	17.5
Cannizzaro, J. (S)	2	13	1	5	34	17.0
Esposito, V. (S)	2	13	1	4	33	16.5
Kochevar, (S)	2	7	5	4	33	16.5
Allard, C. (M)	2	10	2	4	30	15.0
Osby, J. (B)	2	10	0	6	26	13.0
Kovacevich, N. (B)	2	6	0	12	24	12.0

10.0 points per game is the minimum needed

2-pt FG % (min 5 att/game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Cannizzaro, J. (S)	2	15	13	87%
Esposito, V. (S)	2	19	13	68%
Lowhorn, D. (R)	2	28	17	61%
Jones, E. (SI)	2	10	6	60%
Allard, C. (M)	2	18	10	56%

50% is the minimum needed

3-pt FG % (min 2 att/game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Kochevar, A. (S)	2	10	5	50%
Eala, L. (M)	2	8	3	38%
Filios, C. (SF)	2	7	2	29%

30% is the minimum needed

Rebounding

<u>Name</u>	<u>G</u>	<u>REB</u>	<u>AVG</u>
Lowhorn, D. (R)	2	22	11.0
Osby, J. (B)	2	19	9.5
Esposito, V. (S)	2	18	9.0
Phangureh, P. (M)	2	16	8.0
Hill, J. (SHC)	2	15	7.5
Schiefelbein, ?. (B)	2	14	7.0
Gorman, N. (R)	2	11	5.5
Jones, E. (SI)	2	11	5.5
Hoffman, A. (R)	2	10	5.0
Williams, D. (R)	2	10	5.0
Lopez-low, J. (SI)	2	10	5.0

5.0 is the minimum needed

Free throw % (min 3 att/game)

<u>Name</u>	<u>G</u>	<u>FTA</u>	<u>FTM</u>	<u>%</u>
Filios, C. (SF)	2	6	6	100%
Chang, S. (M)	2	19	16	84%
Donavan, P. (SHC)	2	6	5	83%
Schiefelbein, ?. (B)	2	9	7	78%
Toboni, J. (SI)	2	4	3	75%

70% is the minimum needed

LOWER LEVEL SCORING LEADERS

10.0 ppg and above

<u>Junior Varsity</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>	<u>Frosh "A"</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>	<u>Frosh "B"</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>
Beane, ?. (B)	2	33	16.5	Rosales, J. (R)	2	48	24.0	Flory, S. (SF)	2	27	13.5
Idiart, S. (M)	2	31	15.5	Dugoni, ?. (B)	2	29	14.5	Lee, J. (S)	1	13	13.0
Maher, ?. (B)	2	27	13.5	McHugh, C. (R)	2	28	14.0	Watkins, M. (SI)	2	25	12.5
Miner, H. (S)	2	27	13.5	White, D. (S)	2	28	14.0	Gogol, A. (SF)	2	23	11.5
Haniger, J. (M)	2	25	12.5	Bonelli, J. (SI)	2	28	14.0	Scudellari, R. (SF)	2	23	11.5
Lopez, E. (R)	2	25	12.5	Watters, K. (SI)	2	27	13.5	Ubungen, L. (R)	2	22	11.0
Tran, K. (R)	2	25	12.5	Blake, S. (SI)	2	27	13.5	Mavradies, D. (S)	1	11	11.0
Jones, M. (SI)	2	24	12.0	DeLeon, D. (S)	2	26	13.0				
Velez, C. (SI)	2	23	11.5	Fang, ?. (M)	2	25	12.5				
Mizono, N. (SI)	2	22	11.0	Mirabeau, ?. (B)	2	24	12.0				
				Beauchman, ?. (B)	2	20	10.0				

MEN'S SCORES LAST WEEK

Wednesday, January 8

Varsity results

Archbishop Mitty 65 St. Francis 48
Bellarmine 57 Valley Christian 49
Archbishop Riordan 33 St. Ignatius 31
Junipero Serra 73 Sacred Heart Cathedral 56

Junior Varsity

AM 39 SF 26
B 87 VC 33
SI 42 AR 41
SHC 46 S 32

Frosh "A"

SF 44 AM 36
B 59 VC 45
SI 48 AR 45
S 66 SHC 38

Frosh "B"

SF 58 AM 51
no game
AR 38 SI 36
S 37 SHC 28

Friday, January 10

Varsity results

St. Ignatius 70 St. Francis 34
Sacred Heart Cathedral 60 Bellarmine 58
Archbishop Mitty 65 Archbishop Riordan 49
Junipero Serra 86 Valley Christian 61

Junior Varsity

SI 57 SF 43
B 80 SHC 55
AM 54 AR 49
S 65 VC 40

Frosh "A"

SI 65 SF 45
B 64 SHC 40
AR 59 AM 54
S 52 VC 38

Frosh "B"

SF 63 SI 56
B 47 SHC 30
AR 55 AM 24
no game

MEN'S GAMES THIS WEEK

Tuesday, January 14

Valley Christian @ St. Francis
Sacred Heart Cathedral @ Archbishop Riordan
Archbishop Mitty @ Bellarmine
St. Ignatius @ Junipero Serra

Friday, January 17

St. Francis @ Archbishop Riordan
Junipero Serra @ Archbishop Mitty
St. Ignatius @ Bellarmine
Valley Christian @ Sacred Heart Cathedral

Saturday, January 18

Archbishop Mitty @ St. Ignatius
Sacred Heart Cathedral @ St. Francis
Bellarmine @ Junipero Serra
Archbishop Riordan @ Valley Christian

Men's WCAL Varsity preseason results

Archbishop Mitty (8-3)

Archbishop Mitty 53 Oceana 40
Mills 43 Archbishop Mitty 39
Archbishop Mitty 58 San Lorenzo 26
Archbishop Mitty 60 Moreau 48
Archbishop Mitty 83 San Ramon Valley 49
Archbishop Mitty 79 Wilcox 46
Brentwood 63 Archbishop Mitty 59
Archbishop Mitty 87 Point Loma 42
Archbishop Mitty 52 Dos Pueblos 44
Saugus 68 Archbishop Mitty 51
Archbishop Mitty 77 Seaside 38

Bellarmino (5-5)

Loyola 81 Bellarmino 64
Brophy 56 Bellarmino 50
Bellarmino 51 Regis 48
Bellarmino 81 Skyline 75
Lodi 63 Bellarmino 62
Bellarmino 53 St. Mary's 50
Bellarmino 50 Elk Grove 45
Bellarmino 53 Milpitas 33
Lincoln (SF) 52 Bellarmino 44
Piedmont Hills 77 Bellarmino 74 (OT)

Sacred Heart Cathedral (13-0)

NO SCORES REPORTED

Archbishop Riordan (7-5)

Archbishop Riordan 70 Marshall 41
Archbishop Riordan 55 Woodside 51
Righetti 49 Archbishop Riordan 41
Archbishop Riordan 86 Burton 81 (OT)
Archbishop Riordan 73 Hillsdale 37
Archbishop Riordan 40 Burlingame 36
Archbishop Riordan 60 Oceana 49
Archbishop Riordan 56 Kennedy 31
Calabasas 54 Archbishop Riordan 51 (OT)
Valencia 59 Archbishop Riordan 42
Lancaster 65 Archbishop Riordan 63
Berkeley 48 Archbishop Riordan 37

Junipero Serra (8-2)

Junipero Serra 75 Aragon 44
St. Joseph's 50 Junipero Serra 36
Junipero Serra 55 Kennedy 52
Junipero Serra 64 California 59
Junipero Serra 87 Woodside 67
Junipero Serra 69 Mt. Diablo 38
Newark 56 Junipero Serra 52
Junipero Serra 79 American 63
Junipero Serra 48 Monte Vista 43
Junipero Serra 64 Hillsdale 49

St. Francis (6-5)

St. Francis 58 Palo Alto 55
Montgomery 70 St. Francis 54
St. Francis 87 Monta Vista 67
St. Francis 39 Milpitas 35
St. Francis 62 Woodside 50 (OT)
North Salinas 62 St. Francis 51
Santa Cruz 53 St. Francis 41
St. Francis 66 San Luis Obispo 56
San Ramon Valley 53 St. Francis 31
St. Francis 42 Moreau 38
Galena 53 St. Francis 43

St. Ignatius (8-2)

St. Ignatius 72 Wooster 50

St. Ignatius 58 Galena 42

St. Ignatius 62 Cordova 48

St. Ignatius 63 Nevada Union 56

Amador 58 St. Ignatius 36

St. Ignatius 58 Terra Linda 32

Burton 81 St. Ignatius 77

St. Ignatius 59 Woodcreek 56

St. Ignatius 57 Acalanes 44

St. Ignatius 64 Cardinal Newman 52

Valley Christian

NO SCORES REPORTED

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WCAL Women's Basketball – Preseason Report January 14, 2003

<u>Team</u>	<u>Varsity</u>	<u>W</u>	<u>L</u>
St. Francis		10	2
Presentation		10	2
Archbishop Mitty		9	2
Sacred Heart Cathedral		7	2
St. Ignatius		3	7
Sacred Heart Prep		x	x
Notre Dame		x	x
Valley Christian		x	x

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<u>Varsity</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Archbishop Mitty	2	0	127	87	11	2
Presentation	2	0	109	97	12	2
Sacred Heart Cathedral	1	1	101	97	8	3
St. Francis	1	1	90	107	11	3
St. Ignatius	1	1	102	87	4	8
Sacred Heart Prep	0	2	84	122	7	5
Notre Dame	x	x	xx	xx	x	x
Valley Christian	x	x	xx	xx	x	x

<u>Junior Varsity</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Archbishop Mitty	2	0	108	87	10	2
Presentation	2	0	91	76	14	1
St. Francis	1	1	119	93	12	2
St. Ignatius	1	1	63	78	5	4
Sacred Heart Cathedral	1	1	xx	xx	5	3
Sacred Heart Prep	0	2	65	81	2	7
Notre Dame	x	x	xx	xx	x	x
Valley Christian	x	x	xx	xx	x	x

<u>Frosh</u> <u>Team</u>	WCAL		Points for/against		Overall	
	<u>W</u>	<u>L</u>	<u>PF</u>	<u>PA</u>	<u>W</u>	<u>L</u>
Archbishop Mitty	2	0	xx	xx	x	x
Sacred Heart Cathedral	2	0	xx	xx	5	1
Presentation	1	1	50	59	8	3
St. Ignatius	1	0	40	26	7	0
St. Francis	0	2	60	79	5	5
Valley Christian	0	2	15	70	1	10
Notre Dame	x	x	xx	xx	x	x

Varsity Individual Statistics

Women's Overall

SCORING

<u>Name</u>	<u>Games</u>	<u>2-pt fg</u>	<u>3-pt fg</u>	<u>FT</u>	<u>Total</u>	<u>Average</u>
Daniels, K. (M)	11	75	0	26	176	16.0
Porshneva, E. (SF)	12	61	1	58	183	15.3
Onyemem, ?. (SHC)	9	36	7	21	114	12.7
Green, J. (M)	11	48	0	29	125	11.4
Niedermeyer, M. (SI)	10	49	2	7	111	11.1
Alaba, ?. (SHC)	9	21	12	23	91	10.1

10.0 average or more

2-pt FG % (min 2 att/game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Crofton, E. (M)	11	55	35	64%
Green, J.(M)	11	87	48	55%
Daniels, K. (M)	11	138	75	54%

50% minimum needed

3-pt FG % (min 2 att/game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Russell-Nava, C. (M)	11	38	14	37%
Ballelos, J. (SI)	10	22	8	36%
Baker, S. (M)	11	23	8	35%

30% minimum needed

Rebounding

<u>Name</u>	<u>G</u>	<u>REB</u>	<u>AVG</u>
Green, J. (M)	11	102	9.3
Daniels, K. (M)	11	91	8.3
Greene, ?. (SHC)	9	72	8.0
Niedermeyer, M. (SI)	10	70	7.0
Onyemem, ?. (SHC)	9	52	5.8
McGuire,, ?. (SHC)	9	47	5.2

5.0 minimum needed

Free throw % (min 3 att/game)

<u>Name</u>	<u>G</u>	<u>FTA</u>	<u>FTM</u>	<u>%</u>
Porshneva, E. (SF)	12	68	58	85%
Green, J. (M)	11	34	29	85%
Coquilla, M. (M)	11	35	28	80%
Dong, T. (SI)	10	31	22	71%

70% minimum needed

Varsity Individual Statistics

Women's WCAL games

SCORING

<u>Name</u>	<u>Games</u>	<u>2-pt fg</u>	<u>3-pt fg</u>	<u>FT</u>	<u>Total</u>	<u>Average</u>
Yarwasky, N.. (P)	2	14	0	11	39	19.5
O'Brien, M. (SI)	2	14	0	3	31	15.5
Porshneva, E. (SF)	2	9	0	12	30	15.0
Ballelos, J. (SI)	2	7	3	3	29	14.5
Alaba, ?. (SHC)	2	7	3	4	27	13.5
Laird, S. (SHP)	2	7	3	3	26	13.0
Daniels, K. (M)	2	10	0	5	25	12.5
Pecota, J. (SHP)	2	4	0	16	24	12.0
Green, J. (M)	2	9	0	5	23	11.5
Mello, K. (M)	2	4	3	5	22	11.0
Bow, J. (SF)	2	1	4	7	21	10.5
Gardner, ?. (SHC)	2	3	5	0	21	10.5
Baker, B. (M)	2	7	2	0	20	10.0
Coquilla, M.. (M)	2	3	4	5	20	10.0

10.0 average or more

2-pt FG % (min 5 shots per game)

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Green, J. (M)	2	11	9	82%
Yarwasky, N. (P)	2	21	14	67%
Alaba, ?. (SHC)	2	11	7	64%
Porshneva, E. (SF)	2	16	9	56%
Bertoldo, K. (P)	2	11	6	54%
Daniels, K. (M)	2	20	10	50%
Baker, S. (M)	2	14	7	50%
Crofton, E. (M)	2	10	5	50%

50% minimum needed**Rebounding**

<u>Name</u>	<u>G</u>	<u>REB</u>	<u>AVG</u>
O'Brien, M. (SI)	2	25	12.5
Porshneva, E. (SF)	2	22	11.0
Green, J. (M)	2	20	10.0
Mello, K. (P)	2	14	7.0
Bertoldo, K. (P)	2	14	7.0
Rodezno, G. (SI)	2	13	6.5
Daniels, K. (M)	2	12	6.0
Lyman, C. (SF)	2	12	6.0
Plunkett, M. (SF)	2	11	5.5
Alaba, ? (SHC)	2	11	5.5
Niedermeyer, M. (SI)	2	11	5.5
Yarwasky, N. (P)	2	10	5.0

5.0 minimum needed**3-pt FG % (min 2 att/game)**

<u>Name</u>	<u>G</u>	<u>FGA</u>	<u>FGM</u>	<u>%</u>
Alaba, ?. (SHC)	2	4	3	75%
Gardner, ?. (SHC)	2	10	5	50%
Bow, J. (SF)	2	10	4	40%
Ballelos, J. (SI)	2	10	3	30%

30% minimum needed**Free throw % (min 3 att/game)**

<u>Name</u>	<u>G</u>	<u>FTA</u>	<u>FTM</u>	<u>%</u>
Porshneva, E. (SF)	2	13	12	92%
Pecota, J. (SHP)	2	18	16	81%
Yarwasky, N. (P)	2	15	11	73%
Bow, J. (SF)	2	10	7	70%
Green, J. (M)	2	7	5	71%
Mello, K. (P)	2	8	5	63%

70% minimum needed**LOWER LEVEL SCORING LEADERS (10point per game average needed)***

<u>Junior Varsity</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>	<u>Frosh</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>
Curley, C. (SF)	2	28	14.0	Wilhelm, J.. (SI)	2	16	8.0
Clark, N. (SF)	2	22	11.0	Brooks, B. (P)	1	8	8.0
Unnuh, Z. (SI)	2	18	9.0	O'Mahoney, C. (SI)	2	16	8.0

*** = starting next week**

WOMEN'S SCORES LAST WEEK

Wednesday, January 8

Varsity results

Archbishop Mitty 62 St. Francis 43
St. Ignatius 57 Sacred Heart Prep 40
Presentation 54 Valley Christian 45
Sacred Heart Cathedral 49 Notre Dame 42

Junior Varsity

AM 60 SF 52
SI 31 SHP 28
P 50 VC 36
no scores

Frosh "A"

AM 39 SF 34
No game
P 35 VC 6
no scores

Friday, January 10

Varsity results

St. Francis 47 St. Ignatius 46
Archbishop Mitty 65 Sacred Heart Prep 44
Presentation 55 Sacred Heart Cathedral 52
Valley Christian xx Notre Dame xx

Junior Varsity

SF 50 SI 32
AM 48 SHP 35
P 41 SHC 40
no scores

Frosh "A"

SI 40 SF 26
No game
SHC 53 P 15
ND 35 VC 9

WOMEN'S GAMES THIS WEEK

Tuesday, January 14

Valley Christian @ St. Francis
Sacred Heart Cathedral @ Archbishop Riordan
Archbishop Mitty @ Bellarmine
St. Ignatius @ Junipero Serra

Friday, January 17

St. Francis @ Archbishop Riordan
Junipero Serra @ Archbishop Mitty
St. Ignatius @ Bellarmine
Valley Christian @ Sacred Heart Cathedral

Saturday, January 18

Archbishop Mitty @ St. Ignatius
Sacred Heart Cathedral @ St. Francis
Bellarmine @ Junipero Serra
Archbishop Riordan @ Valley Christian

Women's WCAL Varsity preseason results

Archbishop Mitty (9-2)

Archbishop Mitty 73 Aptos 36
Archbishop Mitty 62 Pinewood 57
Archbishop Mitty 69 St. Mary's (Stockton) 68
Murray Bergstrum (NY) 64 Archbishop Mitty 60
Collin's Hill (Georgia) 65 Archbishop Mitty 54
Archbishop Mitty 62 Oakland Catholic (Pa.) 55
Archbishop Mitty 75 Santa Cruz 38
Archbishop Mitty 65 Bishop O'Dowd 46
Archbishop Mitty 64 Marin Catholic 63
Archbishop Mitty 72 Pinewood 41
Archbishop Mitty 63 Menlo 30

Presentation (x-x)

No scores reported

Sacred Heart Cathedral (7-2)

Sacred Heart Cathedral 39 Washington 29
Sacred Heart Cathedral 77 College Prep 29
Sacred Heart Cathedral 62 Urban 47
Sacred Heart Cathedral 57 Convent of SH 53
Marin Catholic 56 Sacred Heart Cathedral 55
Sacred Heart Cathedral 83 Antioch 23
N. Allegany (PA) 56 Sacred Heart Cathedral 50
Sacred Heart Cathedral 53 Issaquah (WA) 37
Sacred Heart Cathedral 55 Auburn (WA) 34

St. Ignatius (3-7)

St. Ignatius 67 Westmoor 17
Amador Valley 56 St. Ignatius 42
Marin Catholic 60 St. Ignatius 47
Berkeley 62 St. Ignatius 49
St. Ignatius 37 Clovis West 36
Pinewood 59 St. Ignatius 36
Bishop O'Dowd 37 St. Ignatius 31
Mills 44 St. Ignatius 41
St. Ignatius 58 Lowell 51
Woodcreek 61 St. Ignatius 60

Notre Dame (x-x)

no scores reported

Sacred Heart Prep (x-x)

No scores reported

St. Francis (10-2)

St. Francis 47 Thurgood Marshall 38
St. Francis 43 Notre Dame (Bel) 35
St. Francis 64 Terra Nova 57
Mills 55 St. Francis 47
St. Francis 48 South San Francisco 39
St. Francis 64 Lowell 42
St. Francis 60 Watsonville 33
St. Francis 61 Seaside 31
St. Francis 58 Parksville 52
Notre Dame (Salinas) 56 St. Francis 47
St. Francis 50 North Salinas 45
St. Francis 55 Palo Alto 50

Valley Christian (x-x)

no scores reported

WCAL Wrestling Results – 2003

Week #1 (1/7)

Archbishop Riordan @ Sacred Heart Cathedral

Varsity: **NO SCORES REPORTED**

Junior Varsity:

Frosh:

Archbishop Mitty @ Bellarmine

Varsity: : Bellarmine 69 Archbishop Mitty 6

Junior Varsity: : Bellarmine 50 Archbishop Mitty 27

Frosh: Bellarmine 61 Archbishop Mitty 18

St. Francis @ Valley Christian

Varsity: St. Francis 69 Valley Christian 3

Junior Varsity: St. Francis 55 Valley Christian 6

Frosh: No match wrestled.

Week #2 (1/15)

St. Francis @ Junipero Serra

Sacred Heart Cathedral @ Archbishop Mitty

Archbishop Riordan @ Bellarmine

Week #3 (1/21)

Bellarmino @ Valley Christian

Junipero Serra @ Archbishop Riordan

Sacred Heart Cathedral @ St. Francis

Week #4 (1/28)

Archbishop Riordan @ St. Francis

Sacred Heart Cathedral @ Junipero Serra

Valley Christian @ Archbishop Mitty

Week #5 (1/30)

Bellarmino @ Sacred Heart Cathedral

Junipero Serra @ Valley Christian

Archbishop Mitty @ Archbishop Riordan

Week #5 (2/5)

Valley Christian @ Archbishop Riordan

St. Francis @ Bellarmine

Junipero Serra @ Archbishop Mitty

Week #5 (2/11)

Archbishop Mitty @ St. Francis

Bellarmino @ Junipero Serra

Valley Christian @ Sacred Heart Cathedral

WCAL Tournament (2/15) @ Archbishop Riordan

WCAL Wrestling Dual Meet Standings -2003

<u>Varsity</u>	<u>W</u>	<u>L</u>
Bellarmino	1	0
St. Francis	1	0
Archbishop Riordan	0	0
Archbishop Mitty	0	1
Junipero Serra	0	0
Sacred Heart Cathedral	0	0
Valley Christian	0	1

<u>Junior Varsity</u>	<u>W</u>	<u>L</u>
Bellarmino	1	0
St. Francis	1	0
Archbishop Riordan	0	0
Archbishop Mitty	0	1
Junipero Serra	0	0
Sacred Heart Cathedral	0	0
Valley Christian	0	1

<u>Freshmen</u>	<u>W</u>	<u>L</u>
Bellarmino	1	0
St. Francis	0	0
Archbishop Riordan	0	0
Archbishop Mitty	0	1
Junipero Serra	0	0
Sacred Heart Cathedral	0	0
Valley Christian	0	0

Varsity Soccer Men's WCAL Individual Offensive Statistics (WCAL Only)

Scoring

<u>Player</u>	<u>Goals</u>
McAlavey, K. (S)	4
Singh, J. (S)	4
Hatzke, M. (B)	3
Celentano, P. (S)	3
Kelly, P. (SI)	3
Schiefer, A. (S)	2
Cella, J. (SI)	2
Sanchez, R. (M)	2

Assists

<u>Players</u>	<u>Assists</u>
McAlavey, K. (S)	4
Celentano, P. (S)	2
Cofie, T. (B)	2
Jara, H. (S)	2
Booulger, ?. (SF)	2
Ctecanski, J. (M)	2

Junior Varsity Individual Offensive Statistics (WCAL only)

Scoring

<u>Player</u>	<u>Goals</u>
Grass, P. (SHC)	3
Bjorkquist, A. (SHC)	2

Assists

<u>Players</u>	<u>Assists</u>
Barry, J. (B)	2
McGreener, M. (SHC)	2
Grass, P. (SHC)	2

Men's Soccer - Preseason results

Archbishop Mitty (2-2-1)

Santa Teresa 3 Mitty 1
Palo alto 2 Mitty 1
Mitty 4 Homestead 1
Mitty 1 Seaside 0
Mitty 0 Burlingame 0

Bellarmino (3-0-3)

Bolles 1 Bells 0
Bishop Verot 0 Bells 0
Lake Mary 2 Bells 2
Bells 1 Santa Cruz 0
Bells 1 Watsonville 1
Bells 6 Pioneer 2

Archbishop Riordan (0-6)

Terra Nova 3 Riordan 1
Westmoor 2 Riordan 0
El Camino 1 Riordan 0
Hillsdale 2 Riordan 1
Half Moon Bay 4 Riordan 2
Capuchino 2 Riordan 0

Junipero Serra (2-1)

Serra 3 Menlo Atherton 2
Serra 1 Carmont 0
Monte Vista 2 Serra 0

Sacred Heart Cathedral (4-1-1)

SHC 6 Mills 2
 SHC 2 Menlo 0
 SHC 2 Carmont 1
 SHC 4 Terra Nova 1
 SHC 1 Burlingame 1
 Watsonville 4 SHC 1

St. Francis (0-6-0)

Mt. View 2 SF 1
 Menlo Atherton 5 SF 2
 Palo Alto 3 SF 1
 Los Gatos 2 SF 1
 Watsonville 4 SF 0
 Prospect 3 SF 2

St. Ignatius (4-0-2)

SI 3 Half Moon Bay 1
 SI 1 Menlo Atherton 0
 SI 2 Mt. View 2
 SI 1 Sequoia 1
 SI 1 Burlingame 0
 SI 1 Los Gatos 1

Valley Christian (4-1-1)

VC 4 Homestead 0
 Alvarez 2 VC 2
 VC 5 Sunnyside(Fresno) 0
 VC 2 Andrew Hill 0
 Gunn 6 VC 0
 VC 2 OG 1

Reported WCAL Men's Soccer Results – 1/15/03**Varsity Boy's****Thursday, December 12**

SI 2 Riordan 0
 SF 1 Mitty 0
 Bells 7 VC 0
 Serra 6 SHC 0

Saturday, December 14

VC 3 Riordan 1
 SF 2 SHC 0
 Mitty 0 SI 0
 Bells 2 Serra 1

Tuesday, December 17

Bells/Mitty
 VC 1 SF 1
 SHC/Riordan
 Serra 2 SI 1

Saturday, January 4

Serra/SF
 Bells 2 SHC 0
 Mitty 3 Riordan 1
 VC 3 SI 0

Tuesday, January 7

SF/Bells
 SI 0 SHC 0
 Serra 4 Riordan 0
 VC 4 Mitty 0

Saturday, January 11

Mitty 3 Serra 2
 SHC 0 VC 0
 SI 6 SF 0
 Riordan/Bells

Tuesday, January 14

Bells/SI
 SF/Riordan
 SHC/Mitty
 Serra/SF

Thursday, January 16

Riordan/SI
 SF/Mitty
 Bells/VC
 Serra/SHC

Saturday, January 18

Mitty/SI
VC/Riordan

Tuesday, January 21

VC/SF
Riordan/SHC

Tuesday, January 28

SF/Bells
SI/SHC
Riordan/Serra
Mitty/VC

Tuesday, February 4

Bells/SI
SF/Riordan
SHC/Mitty
Serra/VC

Freshmen Boy's

Tuesday, December 12

SI 3 Riordan 0
Mitty 1 SF 1
VC/Bells
Serra 2 SHC 1

Saturday, December 14

Riordan/Valley
SF/SHC
SI/Mitty
Bells/Serra

Tuesday, December 17

Bells/Mitty
SF/VC
SH 4 Riordan 3
Serra 1 SI 0

Tuesday, January 7

Bells/SF
SI 2 SHC 0
Serra 2 Riordan 0
VC/Mitty

Saturday, January 11

Mitty 1 Serra 1
VC/SHC
SI 1 SF 1
Riordan/Bells

Thursday, January 16

Riordan/SI
SF/Mitty
Bells/VC
Serra/SHC

Tuesday, January 21

VC/SF
Riordan/SHC
Mitty/Bells
SI/Serra

Saturday, January 25

SF/Serra
Bells/SHC
Riordan/Mitty
SI/VC

Tuesday, January 28

SF/Bells
SI/SHC
Riordan/Serra
Mitty/VC

Tuesday, February 4

Bells/SI
SF/Riordan
SHC/Mitty
Serra/VC

Varsity Soccer WCAL Women's Individual Offensive Statistics (WCAL Only)

Scoring

<u>Player</u>	<u>Goals</u>
Tippets, L. (SF)	4
Igwe, C. (ND)	7
Dickson, B. (ND)	5
Fajardo, A. (ND)	5
Hansen, D. (SI)	3
Cella, C. (SI)	3
Lamotte, M. (SHC)	4
Moyen, N. (P)	5
Numann, T. (P)	4
Ellzey, A. (P)	3
Alongi, D. (P)	3
Kountz-Edwards, S. (P)	3
Harrison, ?. (M)	4
Ricommini, ?. (M)	4

Assists

<u>Players</u>	<u>Assists</u>
Diehl, C. (SF)	2
Dickson, B. (ND)	5
Igwe, C. (ND)	5
Fajardo, A. (ND)	3
Cella, C. (SI)	4
Moyen, N. (P)	8
Ellzey, A. (P)	4
Alongi, D. (P)	4
Kountz-Edwards, S. (P)	3
Padilla, C. (M)	4
Joyce, ?. (M)	3

Junior Varsity Individual Offensive Statistics (WCAL only)

Scoring

<u>Player</u>	<u>Goals</u>
Emick, J. (SF)	3
Shields, C. (ND)	3
Massai, A. (ND)	3
Kutela, J. (SI)	4
Banis, A. (SI)	3
Ferrem, E. (SI)	3
Grelli, K. (P)	4
Kamel, R. (P)	3

Assists

<u>Players</u>	<u>Assists</u>
Grolle, A. (SF)	3
Massai, A. (ND)	3
Garcia, V. (P)	4
Barnes, B. (P)	3

Women's Soccer - Preseason results

Archbishop Mitty

Mitty 1 Carondolet 1
Mitty 4 Leland 0
Mitty 3 Aptos 2
Mitty 1 Canyon 0
Mitty 1 Capistrano Valley 0
Dana Hills 2 Mitty 0
Mitty 1 Chaminade 0
Alto Loma 1 Mitty 0

Presentation (2-1)

Pres 3 Newark Mem. 0
Pres 5 SLV 0
Carlmont 1 Pres 0

Sacred Heart Cathedral

No scores reported

St. Ignatius (3-0-1)

SI 3 San Mateo 0
SI 3 Mills 2
SI 1 Menlo 1
SI 2 Wilcox 1

Sacred Heart Prep (2-4)

Capuchino 4 SHP 1
King's Academy 4 SHP 0
SHP 5 Pinewood 0
Monta Vista 6 SHP 0
Mercy Burlingame 5 SHP 1
SHP 11 Downtown Prep 0

Notre Dame (8-1)

ND 2 Oak Grove 1
ND 4 San Mateo 0
ND 4 Terra Nova 0
ND 2 Aragon 1
Burlingame 1 ND 0
ND 7 Mercy (Burl) 0
ND 7 Capuchino 0
Terra Nova 6 ND 0
ND 5 Carlmont 0

St. Francis (5-0-1)

SF 6 Mt. View 1
SF 4 Castellija 0
SF 2 Aptos 1
SF 1 Gunn 1
SF 6 Prospect 1
SF 3 Los Altos 0

Valley Christian (3-3)

Monta Vista 5 VC 0
VC 6 Gilroy 0
VC 2 Seaside 0
Palo Alto 3 VC 0
VC 1 Leland 0
Live Oak 1 VC 0

Reported WCAL Women's Soccer Results – 1/15/03

Varsity Girl's

Thursday, December 12

SI 5 SHP 0
SF 1 Mitty 1
Pres 2 VC 0
ND 5 SHC 0

Tuesday, December 17

Pres/Mitty
SF 1 VC 0
SHC 4 SHP 0
ND 5 SI 1

Tuesday, January 7

Pres 2 SF 1
SI 2 SHC 1
ND 9 SHP 0
Mitty 3 VC 0

Tuesday, January 14

Pres/SI
SF/SHP
SHC/Mitty
ND/VC

Saturday, January 18

Mitty/SI
VC/SHP
SHC/SF
ND/Pres

Saturday, January 25

SF/ND
Pres/SHC
SHP/Mitty
SI/VC

Saturday, February 1

ND/Mitty
SHC/VC
SF/SI
Pres/SHP

Saturday, December 14

VC 6 SHP 0
SF/SHC
Mitty 3 SI 1
Pres/ND

Saturday, January 4

ND 1 SF 1
Pres 8 SHC 0
Mitty 6 SHP 0
VC 4 SI 1

Saturday, January 11

Mitty 3 ND 1
VC 6 SHC 0
SF 2 SI 0
Pres 11 SHP 0

Thursday, January 16

SHP/SI
SF/Mitty
Pres/VC
ND/SHC

Tuesday, January 21

VC/SF
SHP/SHC
Mitty/Pres
SI/ND

Tuesday, January 28

Pres/SF
SHC/SI
ND/SHP
VC/Mitty

Tuesday, February 4

SI/Pres
SHP/SF
Mitty/SHC
VC/ND

WCAL Playoffs: 2/8, 2/11, 2/13

Junior Varsity Girl's

Thursday, December 12

SI 5 SHP 0
Mitty 1 SF 1
Pres1 VC 1
ND 9 SHC 0

Tuesday, January 7

SF 6 Pres 0
SI 8 SHC 0
ND 4 SHP 0
Mitty 2 VC 0

Tuesday, January 14

Pres/SI
SF/SHP
SHC/Mitty
ND/SF

Saturday, January 18

Mitty/SI
VC/SHP
SHC/SF
ND/Pres

Saturday, January 25

SF/ND
Pres/SHC
SHP/Mitty
SI/VC

Tuesday, December 17

SF/VC
SHP 3 SHC 2
Pres/Mitty
SI 0 ND 0

Saturday, January 11

ND 3 Mitty 0
VC/SHC
SI 2 SF 0
Pres 5 SHP 0

Thursday, January 16

SHP/SI
SF/Mitty
Pres/VC
ND/SHC

Tuesday, January 21

VC/SF
SHP/SHC
Mitty/Pres
SI/ND

Tuesday, January 28

Pres/SF
SHC/SI
ND/SHP
VC/Mitty

Freshmen Girl's

Thursday, December 12

Mitty 0 SF 0

Tuesday, December 17

Pres/Mitty

ND/SI

Tuesday, January 7

SF 0 Pres 0

Tuesday, January 14

Pres/SI

Saturday, January 18

Mitty/SI

ND/Pres

Saturday, January 25

SF/ND

Saturday, February 1

ND/Mitty

SF/SI

Saturday, December 14

Pres/ND

SI 1 Mitty 0

Saturday, January 4

SF 2 ND 1

Saturday, January 11

Mitty 1 ND 0

SI 1 SF 0

Thursday, January 16

SF/Mitty

Tuesday, January 21

Mitty/Pres

SI/ND

Tuesday, January 28

Pres/SF

Tuesday, February 4

SI/Pres