

# *West Catholic Athletic League*

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Commissioner: Jolene Fugate, CMAA  
Phone: (669) 241-3097  
E-Mail: [jfugate@wcalports.org](mailto:jfugate@wcalports.org)  
Website: [www.wcalports.org](http://www.wcalports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalid@wcalports.org](mailto:wcalid@wcalports.org)  
Twitter: [www.twitter.com/wcalports](https://www.twitter.com/wcalports)

## **2019 WCAL Girls Cross Country All League Teams**

### **First Team**

| <b><u>Name</u></b> | <b><u>School</u></b> | <b><u>Year</u></b> |
|--------------------|----------------------|--------------------|
| Gianna Mendoza     | Presentation         | Senior             |
| Alexandra Zanon    | Archbishop Mitty     | Freshman           |
| Isabelle Cairns    | Saint Francis        | Junior             |
| Evie Cohen         | Saint Ignatius       | Junior             |
| Christel Elkins    | Saint Francis        | Sophomore          |
| Vanessa Cabello    | Saint Francis        | Junior             |
| Alexa Barton       | Saint Francis        | Junior             |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## **Second Team**

|                     |                  |        |
|---------------------|------------------|--------|
| Roxane Thomas       | Saint Francis    | Junior |
| Claire Callon       | Saint Francis    | Junior |
| Alexandra Cilley    | Saint Francis    | Junior |
| Katelyn Stone       | Valley Christian | Senior |
| Vivian Smith        | Archbishop Mitty | Senior |
| Hadley Dixon-Berger | Presentation     | Senior |
| Clare Milby         | Saint Ignatius   | Junior |

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## **2019 WCAL Boys Cross Country All League Teams**

### **First Team**

| <b><u>Name</u></b> | <b><u>School</u></b>   | <b><u>Year</u></b> |
|--------------------|------------------------|--------------------|
| Colin Peattie      | Bellarmino             | Junior             |
| Nolan Topper       | Bellarmino             | Junior             |
| Clem Welsh         | Bellarmino             | Junior             |
| Galen Topper       | Bellarmino             | Junior             |
| Andrew Blelloch    | Sacred Heart Cathedral | Junior             |
| Aiden Theocheung   | Bellarmino             | Junior             |
| Benjamin Garver    | Saint Francis          | Senior             |

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## **Second Team**

|                   |                  |           |
|-------------------|------------------|-----------|
| Casper Aliaga     | Bellarmino       | Junior    |
| Christian Yarwood | Bellarmino       | Junior    |
| Arnav Choudhury   | Archbishop Mitty | Senior    |
| Juan Pablo Garcia | Saint Francis    | Senior    |
| Aiden Maddison    | Saint Francis    | Senior    |
| Tommy Rogers      | Junipero Serra   | Sophomore |
| Taylor Iden       | Archbishop Mitty | Junior    |

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## **2019 WCAL Football Players of the Year**

**Player of the Year: Teddye Buchanan – Saint Ignatius**

**Running Back of the Year: Isaiah McElvane – Valley Christian**

**Fullback of the Year: Michael Corini – Valley Christian**

**Quarterback of the Year: Daylin McLemore – Junipero Serra**

**Offensive Linemen of the Year: JT Reed – Valley Christian**

**Wide Receiver of the Year: Danny Ryan – Saint Ignatius**

**Defensive Lineman of the Year: Nusi Malani – Junipero Serra**

**Outside Linebacker of the Year: Anthony Madrigal – Valley Christian**

**Inside Linebacker of the Year: Will Cuddie – Valley Christian**

**Defensive Backs of the Year: Kavir Bains – Valley Christian &  
Jackson Lataimua – Junipero Serra**

**Kicker of the Year: Damon Lewis – Junipero Serra**

**Utility Player of the Year: Nate Sanchez – Junipero Serra**

**Junior Player of the Year: Reymello Murphy – Archbishop Mitty**

**Sophomore Player of the Year: Camilo Arquette – Saint Francis**

**Freshman of Player of the Year: Jurrion Dickey – Valley Christian**

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## 2019 WCAL All League Football Teams

### *First Team*

| <b>Name</b>           | <b>School</b>    | <b>Year</b> | <b>Position</b> |
|-----------------------|------------------|-------------|-----------------|
| Teddy Buchanan        | Saint Ignatius   | Senior      | QB/LB           |
| Jack Burnett          | Saint Ignatius   | Junior      | OL              |
| Joe Celentano         | Saint Ignatius   | Senior      | RB/DB           |
| Siaki Gallegos Hunkin | Saint Ignatius   | Junior      | LB              |
| Beau Gardner          | Saint Ignatius   | Senior      | OL/DL           |
| Seta Netane           | Saint Ignatius   | Junior      | OL/DL           |
| Jafer Snipes          | Saint Ignatius   | Senior      | LB              |
| Danny Ryan            | Saint Ignatius   | Senior      | WR              |
| Nate Sanchez          | Junipero Serra   | Senior      | WR/DB           |
| Jackson Lataimua      | Junipero Serra   | Senior      | RB/LB           |
| Terence Loville       | Junipero Serra   | Senior      | WR/DB           |
| Nate Azzopardi        | Junipero Serra   | Senior      | OL/DL           |
| Damon Lewis           | Junipero Serra   | Senior      | DB/Kicker       |
| Marcellus Eison       | Junipero Serra   | Senior      | DT              |
| Daylin McLemore       | Junipero Serra   | Senior      | QB              |
| Nusa Malani           | Junipero Serra   | Senior      | DE/TE           |
| Isaiah McElvane       | Valley Christian | Senior      | RB/DB           |
| JT Reed               | Valley Christian | Senior      | OL              |
| Kavir Baines          | Valley Christian | Senior      | DB/WR           |
| Moon Ashby            | Valley Christian | Senior      | WR/LB           |

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|                    |                    |           |        |
|--------------------|--------------------|-----------|--------|
| Anthony Madrigal   | Valley Christian   | Senior    | OLB    |
| Michael Corini     | Valley Christian   | Senior    | FB/LB  |
| Deven Vanderbilt   | Valley Christian   | Senior    | WR/DB  |
| Cory Taylor        | Valley Christian   | Senior    | QB     |
| Jacques Allard     | Archbishop Mitty   | Senior    | OL/DL  |
| Davis Salom        | Archbishop Mitty   | Senior    | OL/DL  |
| Shamir Bey         | Archbishop Mitty   | Senior    | QB     |
| Reymello Murphy    | Archbishop Mitty   | Junior    | WR/DB  |
| Derrick Chiou      | Archbishop Mitty   | Senior    | LB/WR  |
| Zachary Tabangcura | Archbishop Mitty   | Junior    | RB/DB  |
| Ian Collier        | Archbishop Mitty   | Junior    | WR/DB  |
| Mose Vavao         | Saint Francis      | Senior    | OL/DL  |
| Camillo Arquette   | Saint Francis      | Sophomore | RB/LB  |
| Ryan Daly          | Saint Francis      | Senior    | QB/DB  |
| Joey Schott        | Saint Francis      | Senior    | WR/DB  |
| Joe Pilawski       | Saint Francis      | Senior    | WR/DB  |
| Afa Sanft          | Saint Francis      | Senior    | OL/DL  |
| Aizon Henry        | Bellarmino         | Senior    | RB/CB  |
| Marcus Mifsud      | Bellarmino         | Senior    | OT/DT  |
| Dominic Guttadauro | Bellarmino         | Senior    | LB     |
| Eli Hall           | Bellarmino         | Senior    | OT/DT  |
| Garrett Arnold     | Bellarmino         | Senior    | WR/S   |
| Ian Tupulua        | Archbishop Riordan | Senior    | OLB/TE |
| Lavaka Kefu        | Archbishop Riordan | Senior    | ILB/RB |
| Zack Charlton      | Archbishop Riordan | Junior    | DB/WR  |

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|                    |                        |        |       |
|--------------------|------------------------|--------|-------|
| Aden Jackson       | Archbishop Riordan     | Junior | DB/WR |
| Cian Dowling       | Sacred Heart Cathedral | Junior | QB    |
| Tyrice Ivy Jr.     | Sacred Heart Cathedral | Junior | WR/DB |
| Evan Branch-Haynes | Sacred Heart Cathedral | Junior | OL/DL |

## *Second Team*

| <b>Name</b>         | <b>School</b>    | <b>Year</b> | <b>Position</b> |
|---------------------|------------------|-------------|-----------------|
| Andrew Cummings     | Saint Ignatius   | Senior      | LB              |
| Deven Enos          | Saint Ignatius   | Senior      | DB              |
| Duke Reeder         | Saint Ignatius   | Junior      | DL/TE           |
| Jack Bevilacqua     | Junipero Serra   | Senior      | OL              |
| Matt Rollandi       | Junipero Serra   | Senior      | WR              |
| Fauese Gaoteote     | Junipero Serra   | Senior      | DE              |
| Michael Jorgensen   | Valley Christian | Senior      | OL/DL           |
| Arjun Ghuman        | Valley Christian | Senior      | OL/DL           |
| Jackson Stewart     | Valley Christian | Senior      | TE/DE           |
| Shane Aberg         | Archbishop Mitty | Senior      | OL/DL           |
| Abram Robin         | Archbishop Mitty | Senior      | LB/RB           |
| Adam Fox            | Archbishop Mitty | Senior      | DB/WR           |
| Sean Miller         | Saint Francis    | Senior      | OL/DL           |
| Nico Andrighetto    | Saint Francis    | Sophomore   | WR/DB           |
| Antonio Vakameilalo | Saint Francis    | Junior      | OL/DL           |
| Reese Burrill       | Bellarmino       | Junior      | FB/LB           |

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|                  |                        |           |         |
|------------------|------------------------|-----------|---------|
| Ben Richards     | Bellarmino             | Senior    | FB/DT   |
| Wade Smith       | Bellarmino             | Sophomore | QB      |
| Azeem Ledbetter  | Archbishop Riordan     | Junior    | QB/DB   |
| Gabe Martin      | Archbishop Riordan     | Senior    | DL/OL   |
| Atu Kefu         | Archbishop Riordan     | Sophomore | DL/RB   |
| Cathal Coakley   | Sacred Heart Cathedral | Senior    | OL/DL   |
| Stephen McCarthy | Sacred Heart Cathedral | Senior    | DL      |
| Dara Keane       | Sacred Heart Cathedral | Junior    | WR/FS/K |

## *Honorable Mention*

| <b>Name</b>            | <b>School</b>    | <b>Year</b> | <b>Position</b> |
|------------------------|------------------|-------------|-----------------|
| James Adams            | Saint Ignatius   | Senior      | DL/TE           |
| Danny Burke            | Saint Ignatius   | Senior      | RB/LB           |
| Gavin Dunn             | Saint Ignatius   | Junior      | OL/DL           |
| David Lewis            | Saint Ignatius   | Junior      | OL/DL           |
| Marcello Villavicencio | Saint Ignatius   | Senior      | DL/TE           |
| Siole Helu             | Junipero Serra   | Junior      | OL              |
| Vince Poni             | Junipero Serra   | Junior      | RB              |
| Hassan Mahasin         | Junipero Serra   | Sophomore   | WR              |
| William Mauer          | Junipero Serra   | Senior      | LB              |
| Tommy Barrett          | Junipero Serra   | Senior      | OL              |
| Dominic Oliver         | Valley Christian | Junior      | WR/DE           |
| William Cuddie         | Valley Christian | Sophomore   | ILB             |
| Jurrion Dickey         | Valley Christian | Freshman    | WR/DB           |

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|                         |                        |           |        |
|-------------------------|------------------------|-----------|--------|
| Chase Laubach           | Valley Christian       | Junior    | RB/LB  |
| Jessai Synegal-Gonzalez | Valley Christian       | Senior    | OL/DL  |
| Zachary Webb            | Archbishop Mitty       | Junior    | LB/RB  |
| Connor Gambelin         | Archbishop Mitty       | Junior    | WR/LB  |
| Wyatt Gibson            | Archbishop Mitty       | Senior    | OL/DL  |
| Adam Rusboldt           | Archbishop Mitty       | Senior    | OL/DL  |
| Isaia Regala            | Archbishop Mitty       | Junior    | OL/DL  |
| Holden Hughes           | Saint Francis          | Junior    | WR/DB  |
| Hudson Mesa             | Saint Francis          | Junior    | DL/OL  |
| Joe Tongamo             | Saint Francis          | Junior    | RB/LB  |
| Carsten Rawls           | Saint Francis          | Junior    | WR/OLB |
| Jared Higgins           | Saint Francis          | Senior    | OL/DL  |
| Tyler Bowes             | Bellarmino             | Senior    | OG/DT  |
| Drew Broch              | Bellarmino             | Junior    | TE/LB  |
| Jaxson Sawyer           | Bellarmino             | Senior    | RB/S   |
| Tyreke Madriz-Jinks     | Bellarmino             | Senior    | WR/DT  |
| Andrew Schaffer         | Bellarmino             | Senior    | K      |
| Raymond Russell         | Archbishop Riordan     | Senior    | OLB/TE |
| Jaren Estillo           | Archbishop Riordan     | Sophomore | DB/RB  |
| Fazon Ruth              | Archbishop Riordan     | Junior    | LB/RB  |
| Ondrei Leesane Angeles  | Archbishop Riordan     | Sophomore | DL/OL  |
| Joseph Harbert          | Archbishop Riordan     | Sophomore | DL/OL  |
| Geoffrey Hester         | Sacred Heart Cathedral | Junior    | OL/DL  |
| Kiernan Cormican        | Sacred Heart Cathedral | Junior    | RB     |
| Aiden Shea              | Sacred Heart Cathedral | Sophomore | WR/DB  |
| Bruce Uperesa           | Sacred Heart Cathedral | Sophomore | WR/DB  |
| Grant Garlow            | Sacred Heart Cathedral | Sophomore | OL     |

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## 2019 WCAL Outstanding Golfer Cynthia Zhang – Valley Christian

## 2019 Tournament Medalist Aishvarya Bedi – Saint Francis

## 2019 WCAL Girls Golf All League Teams

### *First Team*

| <b>Name</b>     | <b>School</b>    | <b>Year</b> |
|-----------------|------------------|-------------|
| Cynthia Zhang   | Valley Christian | Sophomore   |
| Athena Nguyen   | Valley Christian | Sophomore   |
| Meghan Duong    | Valley Christian | Junior      |
| Linette Jun     | Valley Christian | Senior      |
| Varnika Achanta | Valley Christian | Freshman    |
| Aishvarya Bedi  | Saint Francis    | Senior      |
| Kaila Tan       | Saint Francis    | Freshman    |

### *Second Team*

| <b>Name</b>      | <b>School</b>    | <b>Year</b> |
|------------------|------------------|-------------|
| Annabelle Chen   | Valley Christian | Freshman    |
| Ekta Karkala     | Saint Francis    | Senior      |
| Lauren Pimentel  | Saint Francis    | Sophomore   |
| Angelina Pohahau | Saint Francis    | Junior      |
| Kristian Oh      | Valley Christian | Junior      |
| Anika Yadav      | Archbishop Mitty | Freshman    |

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## *Honorable Mention*

| <b>Name</b>     | <b>School</b>          | <b>Year</b> |
|-----------------|------------------------|-------------|
| Mairi Shea      | Archbishop Mitty       | Junior      |
| Alessia Indelli | Presentation           | Freshman    |
| Brielle Bedard  | Saint Ignatius         | Freshman    |
| Alexa Weaver    | Sacred Heart Cathedral | Senior      |
| Sohini Pillay   | Saint Francis          | Sophomore   |

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## 2019 WCAL Tennis All League Teams

*WCAL Singles Player of the Year*

**Claire Galerkin – Saint Ignatius**

*WCAL Doubles Team of the Year*

**Hailey Roberson/Kayla Nguyen – Archbishop Mitty**

### *First Team*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> |
|------------------|------------------------|-------------|
| Claire Galerkin  | Saint Ignatius         | Junior      |
| Alisha Chulani   | Saint Francis          | Senior      |
| Gabriella Perich | Saint Ignatius         | Senior      |
| Akanksha Pabari  | Saint Francis          | Senior      |
| Kathy Simone     | Saint Francis          | Sophomore   |
| Audrey Pacheco   | Valley Christian       | Senior      |
| Krysta Szeto     | Sacred Heart Cathedral | Senior      |

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## *Second Team*

| <b>Name</b>                        | <b>School</b>          | <b>Year</b>      |
|------------------------------------|------------------------|------------------|
| Tiffany Boudagian                  | Saint Ignatius         | Senior           |
| Jaanya Chawla                      | Archbishop Mitty       | Freshman         |
| Katelyn Boudeville                 | Presentation           | Sophomore        |
| Raquel Miller                      | Presentation           | Junior           |
| Isabella Enriquez/Carmella Russell | Presentation           | Sophomore/Senior |
| Haliey Roberson/Kayla Nguyen       | Archbishop Mitty       | Junior/Junior    |
| Kara Dobers                        | Sacred Heart Cathedral | Senior           |

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## *Honorable Mention*

| <b>Name</b>                     | <b>School</b>          | <b>Year</b>        |
|---------------------------------|------------------------|--------------------|
| Natalie Kha/Pramati Barath      | Saint Francis          | Sophomore/Freshman |
| Rucha Mehendale                 | Valley Christian       | Junior             |
| Olivia Scancarelli/Claire Ambre | Sacred Heart Cathedral | Senior/Junior      |
| Grace Phelps/Francesca Lukas    | Saint Francis          | Senior/Sophomore   |
| Quynh Tran                      | Archbishop Mitty       | Junior             |
| Bridgette Castelino             | Presentation           | Senior             |
| Vasundhara Rajesh               | Archbishop Mitty       | Junior             |
| Carlie Sokal/Talia Cresci       | Saint Ignatius         | Senior/Senior      |
| Allene Yue/Cathy Chang          | Valley Christian       | Sophomore/Junior   |
| Kathryn Treat                   | Valley Christian       | Junior             |
| Lauren Havlin/Saila Holsman     | Sacred Heart Cathedral | Senior/Junior      |

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[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## 2019 WCAL Volleyball All League Teams

### *WCAL Player of the Year*

### **Skylar Canady – Sacred Heart Cathedral**

#### *First Team*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> |
|------------------|------------------------|-------------|
| Julia Cabri      | Archbishop Mitty       | Senior      |
| Skylar Canady    | Sacred Heart Cathedral | Senior      |
| Kirra Kellerman  | Saint Francis          | Junior      |
| Allison Ko       | Saint Francis          | Junior      |
| Kendra MacDonald | Archbishop Mitty       | Sophomore   |
| Madison Pietsch  | Saint Francis          | Sophomore   |
| Alden Standley   | Sacred Heart Cathedral | Senior      |
| Sonte Stewart    | Valley Christian       | Senior      |
| Claire Untalan   | Saint Ignatius         | Sophomore   |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

# *West Catholic Athletic League*

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Commissioner: Jolene Fugate, CMAA  
Phone: (669) 242-3097  
Website: [www.wcalsports.org](http://www.wcalsports.org)  
E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalaid@wcalsports.org](mailto:wcalaid@wcalsports.org)  
[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## *Second Team*

| <b>Name</b>     | <b>School</b>          | <b>Year</b> |
|-----------------|------------------------|-------------|
| Ashley Chan     | Sacred Heart Cathedral | Senior      |
| Reagan Dryden   | Archbishop Mitty       | Sophomore   |
| Soana Leaea     | Saint Francis          | Junior      |
| Logan Manley    | Valley Christian       | Senior      |
| Nora Thompson   | Sacred Heart Cathedral | Senior      |
| Andi Valenzuela | Presentation           | Senior      |
| Ellen Veargason | Archbishop Mitty       | Senior      |
| Kaylee Zhang    | Valley Christian       | Senior      |

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## *Honorable Mention*

| <b>Name</b>     | <b>School</b>          | <b>Year</b> |
|-----------------|------------------------|-------------|
| Sarah Cheng     | Sacred Heart Cathedral | Senior      |
| Maggie Doyle    | Saint Ignatius         | Senior      |
| Kylie Francisco | Presentation           | Junior      |
| Sydney Gambelin | Archbishop Mitty       | Junior      |
| Jadyn Greenwood | Presentation           | Junior      |
| Amaya Keiper    | Sacred Heart Cathedral | Junior      |
| Megan Ronan     | Saint Ignatius         | Junior      |

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# West Catholic Athletic League

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcalports.org](mailto:jfugate@wcalports.org)  
Website: [www.wcalports.org](http://www.wcalports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalcid@wcalports.org](mailto:wcalcid@wcalports.org)  
[www.twitter.com/wcalports](http://www.twitter.com/wcalports)

## 2019 WCAL Boy's Water Polo All League Teams

### *First Team*

| <b>Name</b>      | <b>School</b>     | <b>Year</b> | <b>Position</b> |
|------------------|-------------------|-------------|-----------------|
| Isaac Rottenberg | Sacred Heart Prep | Junior      | Utility         |
| Wyatt Stenson    | Sacred Heart Prep | Junior      | Goalie          |
| Luke Johnston    | Sacred Heart Prep | Sophomore   | 2 Meter         |
| Jake Tsotadze    | Sacred Heart Prep | Freshman    | Driver          |
| Matt McKim       | Bellarmino        | Senior      | Driver          |
| JT Kujawa        | Bellarmino        | Senior      | Utility         |
| Samson Heffernan | Bellarmino        | Senior      | Goalie          |
| Connor Enright   | Menlo             | Senior      | Driver          |
| Noah Housenbold  | Menlo             | Senior      | Center          |
| Greg Hillerbrand | Menlo             | Sophomore   | Driver          |
| Berk Aksoy       | Saint Francis     | Senior      | Attacker        |
| Ryan Matarangas  | Valley Christian  | Junior      | Attacker        |
| Luca Caniglia    | Saint Ignatius    | Senior      | Goalie          |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcalports.org](mailto:jfugate@wcalports.org)  
Website: [www.wcalports.org](http://www.wcalports.org)

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[www.twitter.com/wcalports](http://www.twitter.com/wcalports)

## *Second Team*

| <b>Name</b>        | <b>School</b>     | <b>Year</b> | <b>Position</b> |
|--------------------|-------------------|-------------|-----------------|
| Bear Weigle        | Sacred Heart Prep | Sophomore   | 2 Meter         |
| Jack Vort          | Sacred Heart Prep | Sophomore   | Driver          |
| Max Walsworth      | Bellarmino        | Senior      | Utility         |
| Johnny Kujawa      | Bellarmino        | Junior      | Driver          |
| Connor MacMitchell | Menlo             | Junior      | Driver          |
| Jack King          | Menlo             | Senior      | Defender        |
| Joseph Gallagher   | Saint Francis     | Senior      | Goalie          |
| Hudson Pak         | Saint Francis     | Senior      | Driver          |
| Christian Wise     | Valley Christian  | Senior      | Center Defender |
| Marcus Lodewyk     | Valley Christian  | Junior      | Attacker        |
| Billy Barry        | Saint Ignatius    | Senior      | Utility         |
| Patrick Wooler     | Saint Ignatius    | Junior      | Driver          |
| Logan Fry          | Archbishop Mitty  | Senior      | Attacker        |
| Dishan Dias        | Archbishop Mitty  | Senior      | Center Defender |
| Michael Smoot      | Junipero Serra    | Senior      | Utility         |
| Dylan Macias       | Junipero Serra    | Senior      | Goalie          |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcalports.org](mailto:jfugate@wcalports.org)  
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[www.twitter.com/wcalports](http://www.twitter.com/wcalports)

## *Honorable Mention*

| <b>Name</b>        | <b>School</b>     | <b>Year</b> | <b>Position</b> |
|--------------------|-------------------|-------------|-----------------|
| Will Swart         | Sacred Heart Prep | Freshman    | Driver          |
| Connor Long        | Bellarmino        | Junior      | Utility         |
| Zayd Mahmoud       | Menlo             | Junior      | Goalie          |
| Jacob Bullock      | Saint Francis     | Senior      | Driver          |
| Caleb Hernandez    | Valley Christian  | Sophomore   | Attacker        |
| Max Castro         | Saint Ignatius    | Sophomore   | Driver          |
| Manato Yamamoto    | Archbishop Mitty  |             |                 |
| Alessandro Salerno | Junipero Serra    | Freshman    | Utility         |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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---

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcal sports.org](mailto:jfugate@wcal sports.org)  
Website: [www.wcal sports.org](http://www.wcal sports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcal sid@wcal sports.org](mailto:wcal sid@wcal sports.org)  
[www.twitter.com/wcal sports](http://www.twitter.com/wcal sports)

## 2019 WCAL Girl's Water Polo All League Teams

### *First Team*

| <b>Name</b>      | <b>School</b>     | <b>Year</b> | <b>Position</b>            |
|------------------|-------------------|-------------|----------------------------|
| Isabella Bachler | Sacred Heart Prep | Junior      | Driver                     |
| Annabel Facey    | Sacred Heart Prep | Senior      | Driver                     |
| Eleanor Facey    | Sacred Heart Prep | Junior      | Center                     |
| Ella Woodhead    | Sacred Heart Prep | Sophomore   | Utility                    |
| Elise Walker     | Saint Francis     | Senior      | 2 Meter                    |
| Courtney Okumura | Saint Francis     | Junior      | Driver                     |
| Christina Reed   | Saint Francis     | Senior      | Defender                   |
| Sophie Golub     | Menlo             | Senior      | 2 Meter<br>Defender/Attack |
| Sydney Bianchi   | Menlo             | Senior      | 2 Meter/Attack             |
| Lucia Sarimsakci | Saint Ignatius    | Junior      | Center                     |
| Stephanie Santos | Valley Christian  | Senior      | Goalie                     |
| Elise Mullen     | Presentation      | Junior      | Utility                    |
| Arrington McGee  | Archbishop Mitty  | Senior      | Utility                    |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcalports.org](mailto:jfugate@wcalports.org)  
Website: [www.wcalports.org](http://www.wcalports.org)

Sports Information Director: Kevin J. Donahue, CAA  
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[www.twitter.com/wcalports](http://www.twitter.com/wcalports)

## *Second Team*

| <b>Name</b>        | <b>School</b>     | <b>Year</b> | <b>Position</b>  |
|--------------------|-------------------|-------------|------------------|
| Ashley Penner      | Sacred Heart Prep | Sophomore   | Driver           |
| Alexandra Szczerba | Sacred Heart Prep | Junior      | Driver           |
| Hailey Multz       | Saint Francis     | Sophomore   | Utility          |
| Mason Spencer      | Saint Francis     | Sophomore   | Goalie           |
| Annie Bisconti     | Menlo             | Senior      | Attack           |
| Rusha Bhat         | Menlo             | Sophomore   | Attack           |
| Cece Paine         | Saint Ignatius    | Junior      | Defender         |
| Betsy Wooler       | Saint Ignatius    | Senior      | Attack           |
| Daisy Dequine      | Valley Christian  | Junior      | Driver           |
| Olivia Nuzum       | Valley Christian  | Senior      | 2 Meter Defender |
| Sophia Harvey      | Presentation      | Junior      | Utility          |
| Morgan Kerley      | Presentation      | Senior      | Center Defender  |
| Annalise Baust     | Archbishop Mitty  | Senior      | Utility          |
| Emma Davis         | Archbishop Mitty  | Senior      | Utility          |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation  
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian



# West Catholic Athletic League

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Phone: (669) 241-3097  
E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)  
Website: [www.wcalsports.org](http://www.wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalsid@wcalsports.org](mailto:wcalsid@wcalsports.org)  
[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## *Honorable Mention*

| <b>Name</b>       | <b>School</b>     | <b>Year</b> | <b>Position</b> |
|-------------------|-------------------|-------------|-----------------|
| Megan Norris      | Sacred Heart Prep | Junior      | Goalie          |
| Rachel Clark      | Saint Francis     | Senior      | Utility         |
| Hope Isaacson     | Menlo             | Junior      | Goalie          |
| Jalene Gee        | Saint Ignatius    | Senior      | Attack          |
| Mena Woyciehowsky | Valley Christian  | Senior      | 2 Meter Driver  |
| Carly Whitaker    | Presentation      | Junior      | Utility         |
| Niki Love         | Archbishop Mitty  | Senior      | Utility         |

# West Catholic Athletic League

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Website: [www.wcalsports.org](http://www.wcalsports.org)  
E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalsid@wcalsports.org](mailto:wcalsid@wcalsports.org)  
[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## 2020 WCAL Boys Basketball All League Teams

### *Players of the Year*

*Michael Mitchell – Archbishop Mitty & Je'Lani Clark – Archbishop Riordan*

### *First Team*

| <b>Name</b>      | <b>School</b>      | <b>Year</b> |
|------------------|--------------------|-------------|
| Michael Mitchell | Archbishop Mitty   | Junior      |
| Je'Lani Clark    | Archbishop Riordan | Senior      |
| Quinn Denker     | Bellarmino         | Senior      |
| Bryce Monroe     | Archbishop Riordan | Senior      |
| Ryan Kiachian    | Bellarmino         | Junior      |
| Marcus Greene    | Archbishop Mitty   | Senior      |
| Antonio Abeyta   | Junipero Serra     | Senior      |
| Isaiah Kerr      | Saint Francis      | Sophomore   |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

---

Commissioner: Jolene Fugate, CMAA  
Phone: (669) 241-3097  
Website: [www.wcalsports.org](http://www.wcalsports.org)  
E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalsid@wcalsports.org](mailto:wcalsid@wcalsports.org)  
[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## *Second Team*

| <b>Name</b>     | <b>School</b>          | <b>Year</b> |
|-----------------|------------------------|-------------|
| Ian Elam        | Bellarmino             | Senior      |
| Ray-John Spears | Sacred Heart Cathedral | Sophomore   |
| Mor Seck        | Archbishop Riordan     | Sophomore   |
| King Wilhite    | Saint Ignatius         | Freshman    |
| Ryan Wilson     | Junipero Serra         | Senior      |
| Owen Brown      | Archbishop Mitty       | Senior      |
| Trevor Leon     | Saint Francis          | Senior      |

## *Honorable Mention*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> |
|------------------|------------------------|-------------|
| Mason Ryan       | Archbishop Mitty       | Freshman    |
| Nigel Burris     | Archbishop Mitty       | Junior      |
| Josh Wolf-Bloom  | Bellarmino             | Junior      |
| Julius Alcantara | Junipero Serra         | Senior      |
| Darnay McPherson | Sacred Heart Cathedral | Junior      |
| Kori McCoy       | Sacred Heart Cathedral | Senior      |
| Harlan Banks     | Saint Francis          | Sophomore   |
| Ryan Daly        | Saint Francis          | Senior      |
| Kyle Rosecrans   | Saint Francis          | Senior      |
| GianCarlo Toledo | Saint Ignatius         | Sophomore   |
| Jaiden Paran     | Valley Christian       | Freshman    |
| Aleksa Jovonivic | Valley Christian       | Senior      |

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation  
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalsid@wcalsports.org](mailto:wcalsid@wcalsports.org)  
[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## 2020 WCAL Girls Basketball All League Teams

### *Players of the Year*

*Ashley Hiraki – Senior - Archbishop Mitty*

### *First Team*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> |
|------------------|------------------------|-------------|
| Olivia Williams  | Archbishop Mitty       | Junior      |
| Amelia Scharpf   | Archbishop Mitty       | Junior      |
| Katie Springs    | Archbishop Mitty       | Junior      |
| Rachel Harvey    | Saint Ignatius         | Senior      |
| Nina Barry       | Valley Christian       | Senior      |
| Jael Butler      | Valley Christian       | Sophomore   |
| Kelly Heimburger | Presentation           | Senior      |
| Da'Myiah Lewis   | Sacred Heart Cathedral | Senior      |
| Nya Epps         | Sacred Heart Cathedral | Sophomore   |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
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## *Second Team*

| <b>Name</b>      | <b>School</b>    | <b>Year</b> |
|------------------|------------------|-------------|
| Sydney Bourland  | Archbishop Mitty | Junior      |
| Fallon Dexheimer | Valley Christian | Senior      |
| Sabrina Ma       | Saint Ignatius   | Sophomore   |
| Jessica Oakland  | Saint Francis    | Sophomore   |
| Sydney Stewart   | Saint Francis    | Sophomore   |
| Kaelie Nakamura  | Presentation     | Junior      |

## *Honorable Mention*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> |
|------------------|------------------------|-------------|
| Jessi Barry      | Valley Christian       | Sophomore   |
| Daryanna Hall    | Valley Christian       | Sophomore   |
| Natalija Grizelj | Saint Francis          | Sophomore   |
| Angie McAdams    | Saint Ignatius         | Senior      |
| Claire Untalan   | Saint Ignatius         | Sophomore   |
| Soon Ja Elzey    | Saint Ignatius         | Sophomore   |
| Erin Tan         | Presentation           | Junior      |
| Mia Bodnar-Cohen | Presentation           | Junior      |
| Julianne Ho      | Presentation           | Senior      |
| Dylan Benitez    | Sacred Heart Cathedral | Junior      |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
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# *West Catholic Athletic League*

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E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA  
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## **2020 WCAL Boys Soccer Players of the Year**

### *Defender of the Year*

**Tate Hackett – Junior - Bellarmine**

### *Midfielder of the Year*

**Dylan Rogers – Senior – Sacred Heart Cathedral**

### *Forward of the Year*

**Noah Robertson – Junior – Archbishop Mitty**

### *Goalkeeper of the Year*

**Thomas Moore -Rios – Junior – Saint Francis**

# West Catholic Athletic League

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Sports Information Director: Kevin J. Donahue, CAA  
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[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## 2020 WCAL Boys Soccer All League Teams

### *First Team*

| <b>Name</b>       | <b>School</b>          | <b>Year</b> | <b>Position</b>     |
|-------------------|------------------------|-------------|---------------------|
| Ellis Brenneman   | Sacred Heart Cathedral | Senior      | Midfielder          |
| Dylan Rogers      | Sacred Heart Cathedral | Senior      | Midfielder          |
| Gabriel Martinez  | Bellarmino             | Senior      | Midfielder/Forward  |
| Uriel Morales     | Bellarmino             | Junior      | Midfielder/Forward  |
| Tate Hackett      | Bellarmino             | Junior      | Defender            |
| Declan Patankar   | Saint Ignatius         | Senior      | Defender/Midfielder |
| Kristian Yun      | Valley Christian       | Senior      | Forward             |
| Noah Robertson    | Archbishop Mitty       | Junior      | Forward/Midfielder  |
| Tyler Stevenson   | Archbishop Mitty       | Senior      | Midfielder          |
| Rory Folan        | Saint Francis          | Junior      | Forward             |
| Thomas Moore-Rios | Saint Francis          | Junior      | Goalkeeper          |
| Eric Yin          | Junipero Serra         | Senior      | Defender            |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
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## *Second Team*

| <b>Name</b>            | <b>School</b>          | <b>Year</b> | <b>Position</b>     |
|------------------------|------------------------|-------------|---------------------|
| Alexandre Bonville     | Sacred Heart Cathedral | Senior      | Midfielder          |
| Kian Jones             | Sacred Heart Cathedral | Junior      | Midfielder/Defender |
| Devin Pittler-McNamara | Sacred Heart Cathedral | Junior      | Defender            |
| Paxton Hall            | Bellarmino             | Junior      | Defender            |
| Myles Thomas           | Bellarmino             | Junior      | Defender            |
| Ben Galdes             | Bellarmino             | Junior      | Goalkeeper          |
| Luca Ornstil           | Saint Ignatius         | Senior      | Defender/Midfielder |
| Joe Patino             | Saint Ignatius         | Senior      | Defender            |
| Cole Pond              | Valley Christian       | Junior      | Midfielder          |
| Nicholas Coldiron      | Archbishop Mitty       | Junior      | Midfielder          |
| Timothy Rast           | Archbishop Mitty       | Senior      | Defender            |
| Abraham Ramirez        | Saint Francis          | Senior      | Defender            |
| Sandro Campos          | Junipero Serra         | Senior      | Forward             |
| Shane Ivich            | Junipero Serra         | Senior      | Midfielder          |
| Ivan Torres            | Junipero Serra         | Junior      | Midfielder          |
| Roberto Alas           | Archbishop Riordan     | Senior      | Forward             |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
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[www.twitter.com/wcalsports](http://www.twitter.com/wcalsports)

## *Honorable Mention*

| <b>Name</b>      | <b>School</b>          | <b>Year</b> | <b>Position</b> |
|------------------|------------------------|-------------|-----------------|
| Jonah Bhisitkul  | Sacred Heart Cathedral | Senior      | Defender        |
| Branko Sciortino | Bellarmino             | Senior      | Defender        |
| Reid Pollino     | Saint Ignatius         | Senior      | Forward         |
| Zachary Addisson | Valley Christian       | Senior      | Midfielder      |
| Thomas Pelino    | Archbishop Mitty       | Sophomore   | Midfielder      |
| James Garlick    | Saint Francis          | Junior      | Midfielder      |
| Max Mendenhall   | Junipero Serra         | Junior      | Defender        |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
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E-Mail: [jfugate@wcalsports.org](mailto:jfugate@wcalsports.org)

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: [wcalsid@wcalsports.org](mailto:wcalsid@wcalsports.org)

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## **2020 WCAL Girls Soccer Players of the Year**

### *Goalkeeper of the Year*

**Lauren Zontos - Junior - Presentation**

### *Defenders of the Year*

**Alexa Arancio - Junior – Archbishop Mitty**

### *Midfielder of the Year*

**Simone Barragan-Shaw – Senior – Sacred Heart Cathedral**

### *Offensive Player of the Year*

**Emma Vane – Junior – Archbishop Mitty**

### *Players of the Year*

**Emma Vane – Junior – Archbishop Mitty**

# West Catholic Athletic League

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## 2020 WCAL Girls Soccer All League Teams

### *First Team*

| <b>Name</b>          | <b>School</b>          | <b>Year</b> | <b>Position</b>     |
|----------------------|------------------------|-------------|---------------------|
| Emma Vane            | Archbishop Mitty       | Junior      | Midfielder/Forward  |
| Alexa Arancio        | Archbishop Mitty       | Junior      | Fullback/Midfielder |
| Teresa Garcia        | Archbishop Mitty       | Senior      | Fullback/Forward    |
| Svea Neunfinger      | Archbishop Mitty       | Senior      | Fullback/Midfielder |
| Bella Panaccione     | Saint Francis          | Junior      | Defender            |
| Caroline Kane        | Saint Francis          | Sophomore   | Midfielder          |
| Sophie Bloyd         | Saint Francis          | Senior      | Midfielder          |
| Caeley Goldstein     | Saint Ignatius         | Senior      | Goalkeeper          |
| Elle Van Giesen      | Saint Ignatius         | Senior      | Defender            |
| Lauren Zontos        | Presentation           | Junior      | Goalkeeper          |
| Simone Barragan-Shaw | Sacred Heart Cathedral | Senior      | Midfielder          |
| Sophie Simpson       | Sacred Heart Cathedral | Senior      | Midfielder          |
| Emily Hidalgo        | Valley Christian       | Senior      | Forward             |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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## *Second Team*

| <b>Name</b>       | <b>School</b>          | <b>Year</b> | <b>Position</b>     |
|-------------------|------------------------|-------------|---------------------|
| Kylie McHale      | Archbishop Mitty       | Junior      | Forward             |
| Erika Silveira    | Archbishop Mitty       | Senior      | Midfielder/Forward  |
| Kelly Schultz     | Saint Francis          | Senior      | Defender            |
| Skylar Blaise     | Saint Francis          | Junior      | Forward             |
| Maddie Kjeldgaard | Saint Ignatius         | Senior      | Defender/Midfielder |
| Katrina Avila     | Saint Ignatius         | Senior      | Midfielder          |
| Megan Lore        | Presentation           | Junior      |                     |
| Ciara Mahoney     | Presentation           | Senior      |                     |
| Megan McHugh      | Sacred Heart Cathedral | Senior      | Midfielder          |
| Evalani Dudum     | Sacred Heart Cathedral | Junior      |                     |
| Ava Mitchell      | Valley Christian       | Freshman    | Fullback            |
| Brynn McMahon     | Valley Christian       | Sophomore   | CM                  |

## *Honorable Mention*

| <b>Name</b>       | <b>School</b>          | <b>Year</b> | <b>Position</b> |
|-------------------|------------------------|-------------|-----------------|
| Athena Tsakiris   | Archbishop Mitty       | Freshman    | Fullback        |
| Tierney White     | Saint Francis          | Senior      | Goalkeeper      |
| Chloe Hudson      | Saint Ignatius         | Sophomore   | Forward         |
| Sofia Martin      | Presentation           | Junior      | Forward         |
| Hannah O'Connell  | Sacred Heart Cathedral | Senior      | Defender        |
| Rachel Volpicella | Valley Christian       | Sophomore   | CB              |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation  
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

# *West Catholic Athletic League*

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**Due to COVID-19 all spring sports for 2020 have been cancelled.**

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