West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097 E-Mail: <u>ifugate@wcalsports.org</u> Website: <u>www.wcalsports.org</u> Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482 E-Mail: <u>wcalsid@wcalsports.org</u> <u>www.twitter.com/wcalsports</u>

2023 WCAL Men's Water Polo All League Teams

First Team

<u>Name</u>	School	<u>Year</u>	Position
Tyler Hogan	Sacred Heart Prep	Senior	Utility
Oliver Marcin	Sacred Heart Prep	Sophomore	2 Meter
Andrew Spencer	Sacred Heart Prep	Senior	Driver
Claiborne Carrington	Sacred Heart Prep	Sophomore	Driver
Tyler Roller	Bellarmine	Senior	Attacker
Phillip Long	Bellarmine	Senior	2 Meter Defense
Razvan Alistar	Bellarmine	Senior	2 Meter
Gigo Sarimsakci	Saint Ignatius	Junior	2 Meter
Jack Rodoni	Saint Ignatius	Senior	Goalie
Carter Sayar	Saint Francis	Senior	Center
Teddy Meeks	Menlo	Senior	Center Defender
Tucker Gavin	Archbishop Mitty	Sophomore	Attacker

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Second Team

Name	<u>School</u>	<u>Year</u>	Position
Nelson Harris	Sacred Heart Prep	Junior	Utility
Murdoch Baker-Matsuoka	Sacred Heart Prep	Sophomore	Goalie
Blake Wilson	Bellarmine	Senior	Attacker
Liam Luinenburg	Bellarmine	Senior	Goalie
Brody Paine	Saint Ignatius	Junior	2 Meter Defender
Matthew Cormican	Saint Ignatius	Senior	Driver
Chase Krupitzer	Saint Francis	Junior	Attacker
Zach Ramans	Saint Francis	Senior	Attacker
Cormac Mulloy	Menlo	Senior	Goalie
Jackson Coleman	Menlo	Junior	Utility
Luke Lajeunesse	Archbishop Mitty	Junior	Attacker
John Vernooy	Archbishop Mitty	Senior	Center
Paulo Hernandez	Valley Christian	Senior	Attacker
Mattin Sarhaddi	Valley Christian	Senior	Center
Roman Brush	Junipero Serra	Senior	Utility
Zach Cain	Junipero Serra	Senior	Goalie

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Honorable Mention

<u>Name</u>	School	<u>Year</u>	Position
Luke Kirinch	Sacred Heart Prep	Junior	Driver
Jackson Boettner	Bellarmine	Junior	Attacker
John Lally	Saint Ignatius	Senior	Driver
Reed Perkins	Saint Francis	Senior	Attacker
Nic Ekstrand	Menlo	Senior	Driver
Gordon Vernooy	Archbishop Mitty	Sophomore	Attacker
Micah Hernandez	Valley Christian	Sophomore	Attacker
David Silvestre	Junipero Serra	Senior	Set